# DIGITAL HEALTH CONSUMER SERIES: SOCIAL MEDIA

## Advertising on social media drives action

**74%** of those who **saw healthcare ads on social media** took some kind of action (*index 157*):



**39%** Conducted an online search (*index 208*)

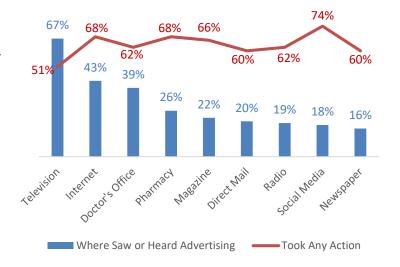


31% Took medication (index 179)

30% Visited any website (index 228)



29% Made an appointment to see a doctor (index 195)



#### Among internet users on any device:



**89%** spend time online using social media...

and fill 1 hour 25 minutes per day on social media

#### Among total adults:

**20%** trust the medical information other people share on social media

28% more comfortable talking about health and wellness concerns online than face-to-face

### Especially effective in combination with other media

Social media is a great complement to other media:

Among diagnosed ailment sufferers who are heavy social media users:



**32%** commented on any social network about a show they were watching (index 197)



**31%** followed a magazine on any social media (index 194)

# For more information contact:

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**Source:** Kantar's 2019 MARS Consumer Health Study provides the full spectrum of how the healthcare consumer gets information in order to manage their health and make informed decisions.