

THE



MANIFESTO

FULL TIME ADVENTURER & ENTREPRENEUR

OUTSIDE MAGAZINE REAL
FITTEST ATHLETE OF 2014

SET A WORLD RECORD AS
FIRST TO OFFICIALLY BIKE
TO EVEREST BASE CAMP

SURVIVING LEUKEMIA
CHANGED MY LIFE

FIRST CYCLIST TO RIDE
THE SEVEN SUMMITS
♦ 2016 IN PROGRESS ♦

10 PATENTS + 2 BOOKS +
1 WIFE + 2 KIDS + 2 DOGS
+ 1 PLANE

SECOND PLACE IN
OLYMPIC ROWING
TRIALS

MT KILIMINJARO ON THE ROAD TO
RIDING THE SEVEN SUMMITS
AND SETTING A WORLD RECORD

I'M A
FULL-TIME
ADVENTURER
...AND YES...
THAT IS A
FULL-TIME JOB

Fabrizio

HI, I'M PATRICK

“There are times in your life when you need to make a change. Those times of change become milestone moments that alter everything. You get a glimpse of what life could be if you reached inside and changed things to become the person you were meant to be.

For years, I worked hard building technology companies that would earn me millions. I was working 75-hour weeks, pushing my body to the limits and feeling completely exhausted and I wasn't fulfilled.

The day I stepped out of a hospital, having fought for my life on the operating table against a rare case of Leukemia and almost losing it, I had one of those milestone moments. I felt the wind for the first time and took the opportunity to stop and think, “What the hell am I doing with my life?” Things changed from that moment and today, I chase adventure for a living. Yes, that's right. I'm a full time adventurer and I'm on a mission to help people around the world find their adventurer within.



I MOVED MY FAMILY TO CHAMONIX AT THE BASE OF MT BLANC
TO PURSUE MY ADVENTURER



DO
SOMETHING
THAT SCARES
YOU ONCE A
MONTH

Patrick



MY STORY

Patrick

The day I started taking steps to find my adventurer again, I unlocked a passion and energy for life that had been lost for a long time. I've seen too many people spend a lifetime working for the weekend and saying, "I wish I could do that but I can't." Life is meant to be fun and I discovered that I could change the story I was telling myself and find adventure in my life again. In fact, I *needed* to do it for myself, for my kids and for the people in my life that mattered the most.

I've been an Olympic level athlete and best selling author. I've grown technology companies around the world and sold them for millions. But right now; this very day, I'm living my life to its fullest, exploring the adventurer within, breaking world records and embracing every day as if it were my last. I want to help others do the same, and become better partners, parents and people.

YOUR STORY

So many of us spend a lifetime chasing goals that might make us successful but won't make us happy. It's as if we don't believe we can have it all. Well I don't believe that we need to give up things like money, career or business to find the joy that evades us. We *can* still have it all but we need to face our fears, embrace the adventurer within again and become the truest representation of ourselves. At times finding our adventurer within may feel weird and scary...but so did sex for the first time, and look how that turned out.

A full-page background image of a male cyclist in a green and white jersey, wearing a blue helmet and yellow shoes, riding a black mountain bike on a dirt trail. The background is blurred to convey motion.

FIND
THE
ADVENTURER
WITHIN


**PATRICK
SWEENEY**
ADVENTURER
ENTREPRENEUR

HOW I FOUND MY ADVENTURER

I AM THE SON OF A FIRST GENERATION IRISH IMMIGRANT WHO PAID MY WAY THROUGH STATE COLLEGE AND TOOK UP ROWING. WITH JUST TWO YEARS OF EXPERIENCE I DECIDED TO TAKE ON THE WORLD AND TRY OUT FOR THE USA OLYMPIC TEAM. JUST FIVE YEARS LATER, I FINISHED SECOND IN THE OLYMPIC TRIALS AND WON INTERNATIONAL CHAMPIONSHIPS IN THE PROCESS. AFTER THE OLYMPICS, I ATTENDED A TOP 5 BUSINESS SCHOOL WHERE I WOULD EARN AN MBA AND GO ON TO START THREE TECHNOLOGY COMPANIES WORTH MILLIONS OF DOLLARS. RECOGNIZED BY PRESIDENTS AND ROCK STARS FOR CONTRIBUTIONS TO CHARITY AND BUSINESS, I LEFT IT ALL BEHIND TO PURSUE MY PASSION FOR ADVENTURE AND FIND THE ADVENTURER WITHIN. MY LIFE'S AMBITION IS TO PURSUE MY ADVENTURER AND HELP OTHERS TO DO THE SAME.



ENGAGING ME

I left my life as a technology entrepreneur to pursue my passion for exploration and today, my mission is to find my adventurer within and help the world do the same. I spend my year planning expeditions and high-octane adventures that break world records and keep me feeling alive, and I am available for select engagements around the world pending schedule availability.



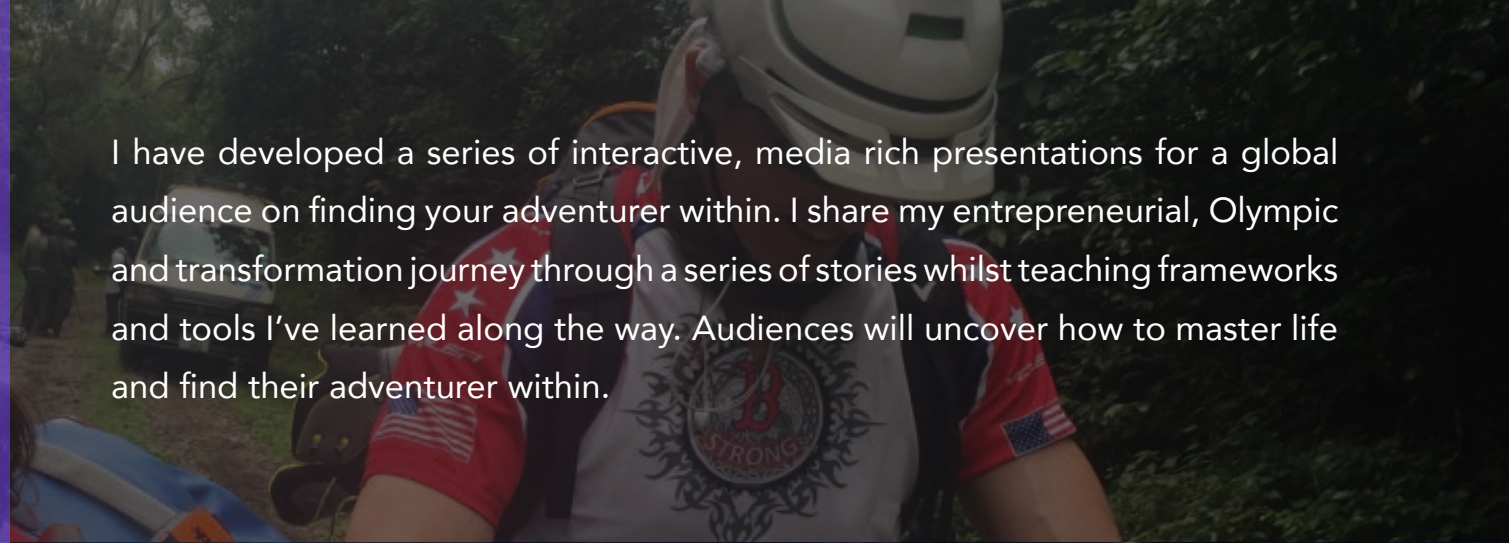
SPEAKING



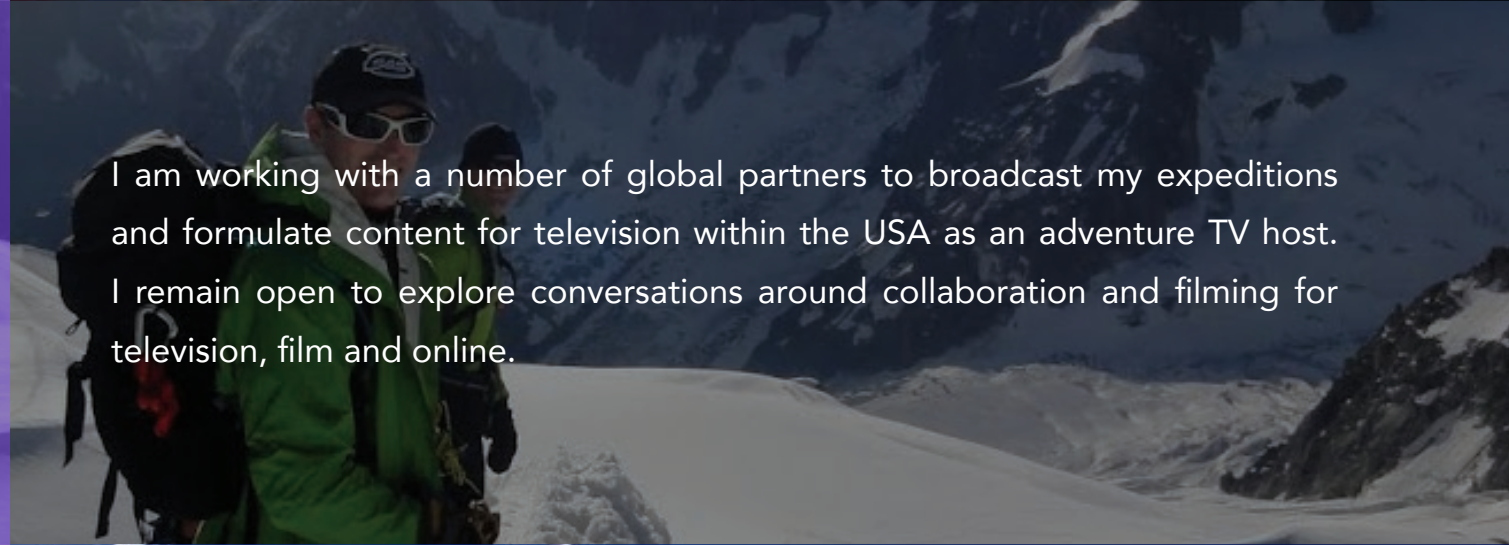
ADVENTURE TV HOSTING




THE ADVENTURE HUB



I have developed a series of interactive, media rich presentations for a global audience on finding your adventurer within. I share my entrepreneurial, Olympic and transformation journey through a series of stories whilst teaching frameworks and tools I've learned along the way. Audiences will uncover how to master life and find their adventurer within.



I am working with a number of global partners to broadcast my expeditions and formulate content for television within the USA as an adventure TV host. I remain open to explore conversations around collaboration and filming for television, film and online.



To help you find your adventurer within, I've worked together with a few friends and built the Adventure Hub; a one stop shop to finding your inner adventurer. The hub is a content destination with articles, videos, reviews and a collection of my best how-to write-ups for individuals, families, teams, businesses and even the most daring athletes. You can find out more at www.pjsweeney.com.



**YOU & YOU
ALONE
WRITE YOUR
STORY**

Patrik

I SET A WORLD RECORD AS THE FIRST PERSON TO
BIKE TO EVEREST BASE CAMP.

LET'S DO THIS



FIND ME ONLINE

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THANK YOU TO MY SPONSORS

