

STRENGTH & CARDIO



Neoprene Kettle Bells

WEIGHTS: 4 LBS., 8 LBS., 12 LBS.
#2481



Power Grip Medicine Ball

WEIGHTS: 6 LBS., 8 LBS., 10 LBS., 12 LBS., 15 LBS.
#24951P



Resistance Tubes

COLORS: BLACK, BLUE, GREEN, ORANGE, RED OR YELLOW
#10941



Super Band

WIDTH: BLACK - 1", BLUE - 3/4", RED - 1/2"
#10940



Challenge Ropes

SIZES: 30', 40', OR 50'
WEIGHTS: 30'-APPROX. 14 LBS.; 40'-APPROX. 18 LBS.; 50'-APPROX. 26 LBS.
COLOR: ORANGE
#2497P



Challenge Jump Rope

SIZE: 9'
WEIGHT: APPROX. 4 LBS.
COLOR: ORANGE
#2497JP

2017 HOLIDAY SHOPPING EVENT

DATE

TIME

Find all of these items and more in the 2017 Holiday Gift Guide

CENTURY
World Leader in Martial Arts Since 1976