



Exceptional Parenting Podcast



Podcast Show Notes

Unexpected House Guests: College Closures & Family Dynamics During the Coronavirus Pandemic

[Access the podcast recording here.](#)

Your child wasn't *supposed* to be home until summer. Not long ago, s/he was away at college, enjoying the freedoms and privileges that come with young adult life. Then came a pandemic. Campuses across the country shut down, moved classes online, and sent the students home — to their parents! Our young people have lost a lot, and they lost it quickly. Many of them are grieving. You may be grieving, too. And you may also have questions about *how* to successfully live with your young adult child when neither of you was planning to do so.

Join *Exceptional Parenting Podcast* host Stefanie Boucher and Stacey Harris, J.D., Assistant Director of Disability and Access Services at Boston University, for a candid discussion about improving family dynamics and relationships with young adult children during the coronavirus pandemic. In this episode, you'll get helpful tips on how to talk to your child about what s/he's lost, make compromises, structure your living space so that it works well for everyone, and help your child find perspective during these challenging times.

Have a child in high school? You'll also learn what some colleges and universities may do differently for next year's applicants and incoming freshmen.

About Our Guest:

Stacey Harris, J.D., is the Associate Director for Disability and Access Services at Boston University, where she has been working directly with students and their families since 2008. As a certified mediator, she co-runs a student mediation program for students across the university, teaches classes, and provides ongoing technical assistance to offices around the university on disability compliance and technical standards.

The coronavirus pandemic is a rapidly evolving situation. If you are listening to this podcast, information may have changed since its initial airing.



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