



Assigning Chores By Age

Toddlers



- Help put toys away
- Put trash in the wastebasket
- Light dusting
- Help feed pets
- Help water plants
- Help pull weeds
- Help sort laundry

Pre-schoolers



- Sweep kitchen floor
- Make bed
- Fold simple laundry (like wash cloths)
- Set the table
- Clear the table
- Help load the dishwasher
- Tidy rooms

Elementary schoolers



- Mop floors (older children)
- Vacuum
- Clean the bathroom
- Help clean the yard
- Wash dishes
- Unload the dishwasher
- Fold laundry
- Feed pets

Adolescents / teens



- Often capable of performing many of the same tasks that you perform, with clear and specific instructions
- Consider safety
- Workload and level of responsibility should be developmentally and/or age-appropriate