



Eldercare Illuminated



Amy Tucci

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Podcast Show Notes

Conversations: Exploring Loss and Grief

This **episode of *Eldercare Illuminated*** was recorded before the coronavirus pandemic. The need to understand the many faces of grief and how to treat each other kindly after a loved one dies is magnified under our current circumstances. Whether you are working remotely or onsite, you, your family, and your co-workers may experience losses or be called upon to share condolences in this time of uncertainty.

Join *Eldercare Illuminated* host Lenore Tracey for a conversation with Amy Tucci, President and CEO of the Hospice Foundation of America. Amy shares her knowledge, experience, and advice for individuals and families grieving after the death of a loved one. Whether someone you care about dies suddenly or after a long illness, the experience is painful; it requires time to understand and incorporate the loss into one's mental and emotional framework.

Download additional resources to help understand and deal with grief from the **Hospice Foundation website**.

Managers and employees can find specific information on how to be helpful when a colleague has lost a loved one in the **Hospice Foundation's booklet** *Grief at Work: A Guide for Employees and Managers*.

Guest Bio

Amy Tucci is the President and CEO of the Hospice Foundation of America (HFA), headquartered in Washington, DC.

She started at the Hospice Foundation in 2004, directing its national Living with Grief® educational event and has been responsible for many educational programs on advanced illness care and grief for both the public and professionals. She has edited several books on end-of-life topics, considering issues such as ethics, pain management, child and adolescent grief, and spirituality.

The coronavirus pandemic is a rapidly evolving situation. If you are listening to this podcast, information may have changed since its availability in the *Caregiving in Times of Crisis Toolkit* on April 15, 2020.

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