

Higher C1 – C1.3

Your class has been discussing the value of making New Year's resolutions. You have made the notes below:

Notes:

- Setting goals
- Giving something up
- Traditions

Some opinions expressed:

"They're a waste of time; nobody keeps them"

"It's important to look ahead and make plans"

"They're a bit of fun"

Write an essay discussing two of the ideas on your notes. You should explain what you think the value of making resolutions is giving reasons for your answer.

You may, if you wish, make use of the opinions expressed in the discussion but you should use your own words as far as possible.