

JWCC 2019 Winter Session Course Descriptions

HPR 105 Health and Hygiene

A study of personal health issues with the goal of developing decision-making skills. An emphasis is placed on health behavior and health decision making dealing with consumer choices, personal habit choices, sexual choices, and chemical choices. Available via Internet only.

HPR 230 Coaching as a Profession

The various aspects of the coaching career, with focus on such topics as how to become a coach, why people coach, how coaches motivate, techniques of coaching, public relations in coaching and the coach's relationships with other members of the community and institution.

HUM 101 Introduction to Humanities

Study of human values, self-perceptions, and aspirations expressed in drama, film, music, literature, painting, sculpture, and architecture with an emphasis on history, techniques, meaning, and evaluation of individual works. IAI: HF 900

MAT 109 Elementary Statistics

A study of the collection and interpretation of statistical data. Specific topics include description of sample data, probability, probability distributions, sampling, estimation, testing hypotheses, correlation, and regression.

IAI: M1 902

HIS 122 U.S. History II

Continuation of HIS 121 to the present. IAI: S2 901

PSC 101 American Government

Fundamentals of federal, state and local governments with emphasis on national government, including the Constitution of the United States.

SOC 101 Introduction to Sociology

This course is an introduction to sociology as a way of understanding the world and how it applies to everyday life. Major theoretical perspectives and concepts are presented including socialization, culture, the social construction of knowledge, social control and deviance, inequality, race and ethnic relations, poverty, and the sociological imagination. IAI: S7 900

PSY 145 Human Relations in the Workplace

Introduction to the application of guidelines for the field of human relationships in the workplace. The course will examine the information and guidelines to promote effective functioning in the workplace. Topics covered will include diversity in the workplace, groups and organizations, ethics, productivity, teamwork, communication and motivation. Also emphasized will be workplace attitudes for job satisfaction, interpersonal relations, dealing with stress and discrimination and career choice planning.

BIO 105 Human Biology

An introductory course that looks at the role of the human being as a species and at how humans are changing and affecting the world in which we live. Selected topics such as cloning, biotechnology, health, general wellness, bio-ethical issues and our impact on the environment will be integrated with how humans affect society. Human Physiological systems will also be studied as they relate to topics being studied. IAI: LI 904