

Free e-book:

*why choose lab*

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As a profession?

*Fusion*



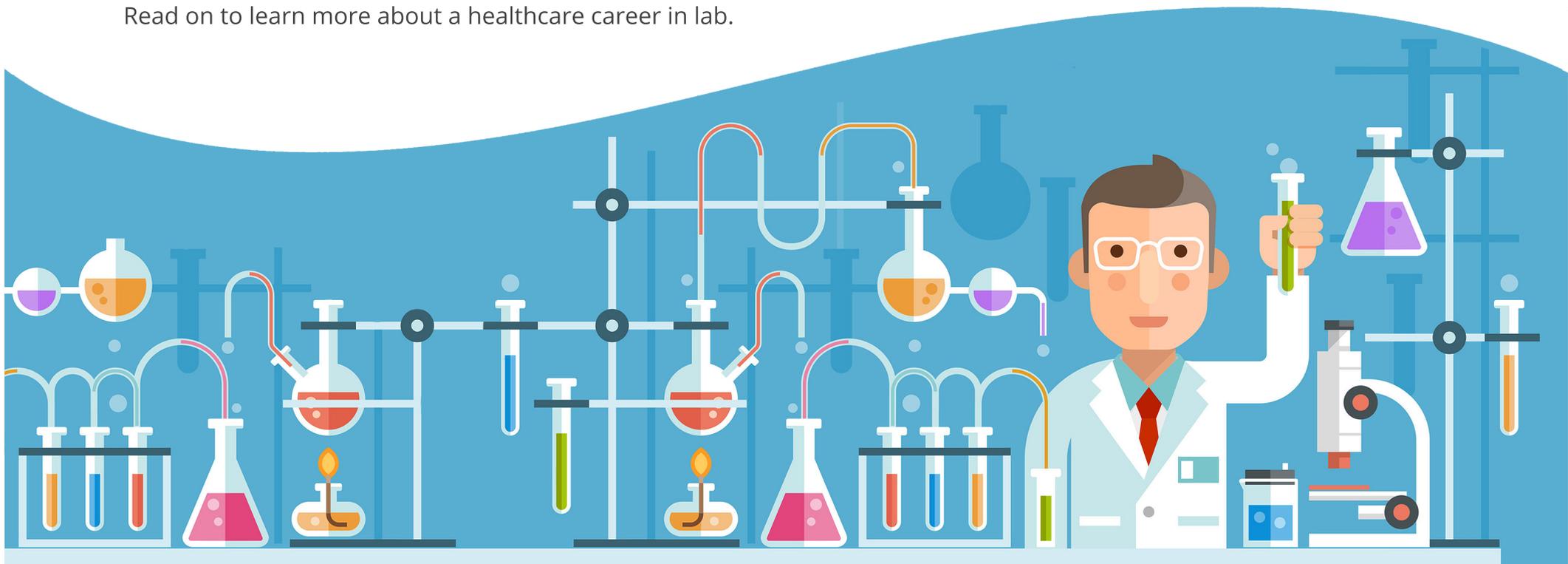
# WHAT YOU DO... MATTERS

We all want that one job... the one where you feel like you're making a difference while doing something you love. For some, this seems like the holy grail of careers, or an unattainable notion. But when you work in lab, you have the benefit of doing something you enjoy while making a difference in the lives of the patients you serve. And your next awesome career move is just steps away!

Additionally, because there are many different lab modalities, you can learn as you go. You may have some repeat work in the lab, but repetition does not equal boring, and it's never a part of the outcome. If you're all about lab, then you already know that "discovery" is the name of the game.

Do you love science? Are you detail-oriented? Do you like working behind the scenes? Do you want a healthcare career that has mobility and stability?

Read on to learn more about a healthcare career in lab.



# SO, YOU LIKE SCIENCE?



Let me guess... you were the chemistry whiz, the biology buff, and the physiology expert in class? You're in the right place, then!

Your career in Lab requires you to know all about chemical compositions and interactions, as well as tissues and cells. Now is your chance to show off that shiny brain of yours!

Not a science fanatic? No worries! If you're curious, determined and learning-oriented, you'll be able to pull your weight in this field.



*What types of lab modalities are there?*

- Medical Lab Technologist (MLT)
- Medical Technologist (MT)
- Cytotechnologist
- Pathologist Assistant
- Clinical Lab Scientist (CLS)
- Histotechnologist (HTL)
- Histotechnician (HT)
- Phlebotomist

**Where can I find a lab course curriculum?**

Learn more about working in lab and search for schools with accredited certifications and programs.



*Click here* 



# DOWN TO THE NITTY GRITTY DETAILS



Some people are big picture, and some people are all about the details. For instance, do you see the whole forest, or do you see the individual trees within the forest?



You're probably like, "What the heck do trees have to do with lab?" Well, if you're an "individual tree" type of person, meaning you see the details instead of the whole picture, then a lab career could be right for you!

Some of the responsibilities you'll have when working in lab are compiling, categorizing, coding, and calculating medical information to determine a diagnosis. These kinds of detail-specific tasks are what help your patients in the long run, because missing a detail could mean implications in treatment and diagnosis.



# KEEPING THE FOCUS



When you're in a lab, doing the same tests and tasks regularly, it can get difficult to remain focused on your work. But, as every labbie knows, behind every test in the lab is someone's life. That's why finding ways to keep your head sharp is very important.

*What can you do to stay focused?*

**Minimize distractions.** Maybe your fellow workers chat too much. Maybe there are too many interruptions in your day. Whatever the distraction is, you can minimize it by:

- Training your brain to ignore these distractions.
- Adding some white noise to the mix with music or podcasts.

**Stick to the plan.** Create a routine and stay with it. You're more unlikely to forget the basic day-to-day tasks you need to accomplish if you have specific time carved out for them.

**Have follow-through.** Whatever routine you have, stay with it. Switching it up can seem exciting, but you could miss something important.



*Minimize multitasking!*

Juggling tasks only gives the illusion of productivity. Studies show, multitasking actually makes us more unproductive in the long run.<sup>1</sup>

*Put on those headphones!*



Stay focused with some audio therapy. Click the play button and listen to our Fusion podcast, Paper Airplanes!



<sup>1</sup> <https://www.thenewatlantis.com/publications/the-myth-of-multitasking>

# BEHIND THE SCENES

Not everyone is comfortable taking center stage, and that's okay! You don't have to be interacting with patients at their bedside all day long in order to make a difference. With a career in lab, you can play a huge part in the lives of patients without taking on the spotlight.

## What do you do when you're behind the curtain?

Those who work in lab are considered the silent heroes of the healthcare world. While you may not enjoy the spotlight, it can be confusing to know what exactly you are expected to do when you finally achieve that awesome lab job.

*So, what are some of those job expectations?*



*Collect body fluid and tissue samples*



*Run diagnostic tests*



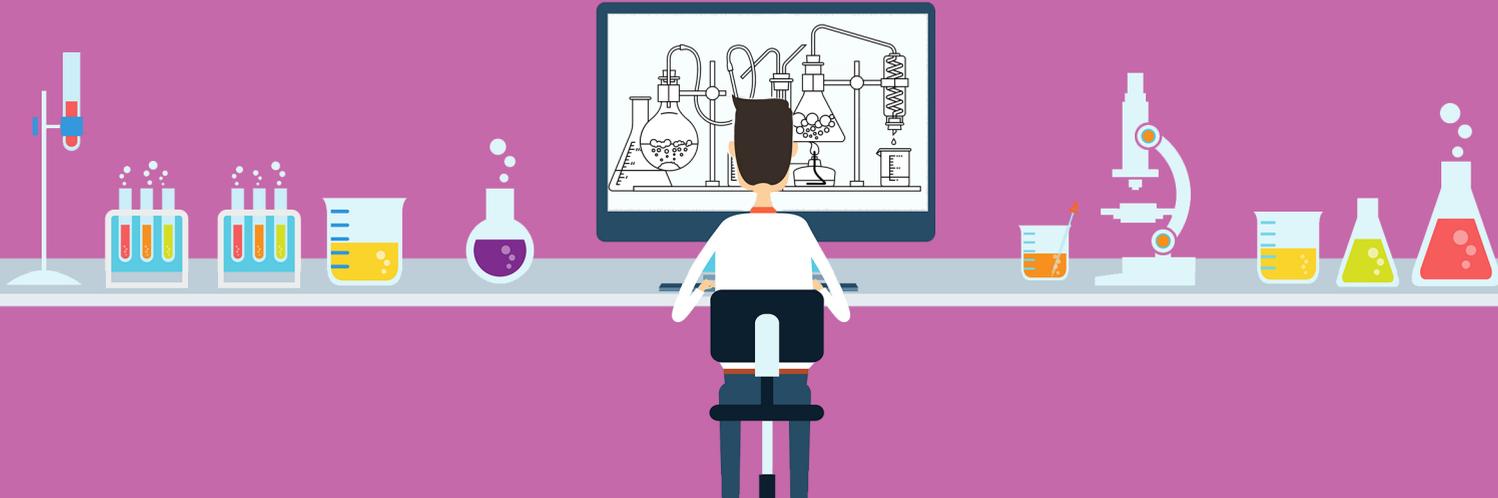
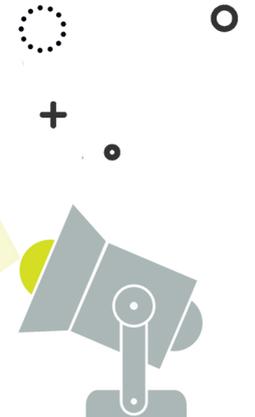
*Analyze specimens for disease*



*Examine cell slides*

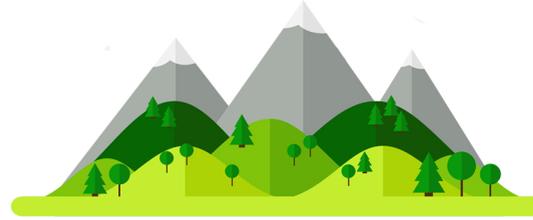


*Prepare postmortem examinations*



# SOLID AS A ROCK

When you work in lab, you don't need to climb mountains or scale rock walls to get the job done. Your career itself will be doing the climbing and, like a mountain, it is unshakeable.



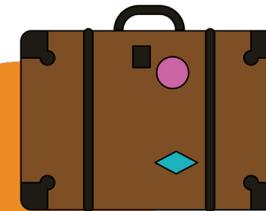
*Where can you go from here?*

...Well, why not travel?

That's right! Take this lab show on the road! With Fusion, you can work where you want, when you want. A traveling career in healthcare is the perfect balance of work and play.

You have the perfect career lined up, so get to jet setting and truly **HAVE IT ALL.**

*Find a travel career in lab!*



*Wanna travel?*

**Check out what Fusion has available right now!**

The great thing about having a stable career in lab is that you also have the freedom to move around as a traveling medical professional.

*>> Click here for jobs! <<*



# MAKE IT HAPPEN



Now that you know what it takes to be lab professional, you can start your journey! There are many different areas of lab you can launch your career in, in as little as two years. Your goals are already at your fingertips! A few reminders to recap:

- A career in lab has several options and modalities to explore.
- Being detail-oriented will help your success with lab tasks.
- Stay focused by sticking to a plan and minimizing distractions and multi-tasking.
- A lot of your lab work will be behind the scenes.
- When you work with Fusion, you can have your lab career and travel too!



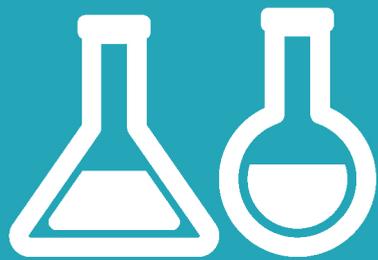
A career in lab is waiting for you.

*Now, go follow your dreams!*

*Learn more about Lab!*

Click on the lab icon below to see some of the testimonials from our current Fusion Lab travelers





# DO YOU HAVE WHAT IT TAKES?

If you're interested in starting your career in lab,  
or taking it to the next level,  
it's time to think about your next adventure with Fusion.  
So, where to?

TALK TO A RECRUITER

877-230-3885 | [info@fusionmedstaff.com](mailto:info@fusionmedstaff.com)

