



A blog by California Giant Berry Farms



Prep Time

5 Mins



Total Time

10 Mins



Servings

1



Calories
per serving

513

Butter Me Up Smoothie

Ingredients (serves 1)

2 T almond butter

½ banana

1 T maple syrup

½ cup Cabot yogurt

1 cup frozen California Giant blackberries

Instructions

In a blender, blend until smooth

Top with fresh chopped blackberries and enjoy!

