



A blog by California Giant Berry Farms



Prep Time

15 Mins



Total Time

20 Mins



Servings

4



Calories  
per serving

463

## Homemade Blueberry Vinaigrette Dressing Over a Green Salad

### Ingredients

#### **For the Salad:**

- 2 chicken breasts, cooked to your liking, cut into strips
- Salad greens, of your choice (I used the 50/50 mix of mixed greens and spinach)
- 2 cups fresh California Giant blueberries
- 4 mandarin oranges (I used one per salad)
- 8 oz. container of goat cheese

#### **For the blueberry vinaigrette:**

- 1 cup fresh California Giant blueberries
- 2 tablespoons honey
- ¼ cup olive oil
- 2 tablespoons maple syrup
- 2 tablespoon balsamic vinegar
- ¼ teaspoon ground mustard
- Dash of salt and pepper



### Instructions

#### **For the Salad:**

Assemble salad ingredients in four serving bowls, dividing ingredients evenly.

#### **For the Blueberry Vinaigrette:**

In a small saucepan, sauté 1 cup blueberries, ½ cup water and honey until blueberries are bursting. Transfer blueberry mixture to a blender. Add remaining ingredients. Pulse until smooth. Drizzle over salads.