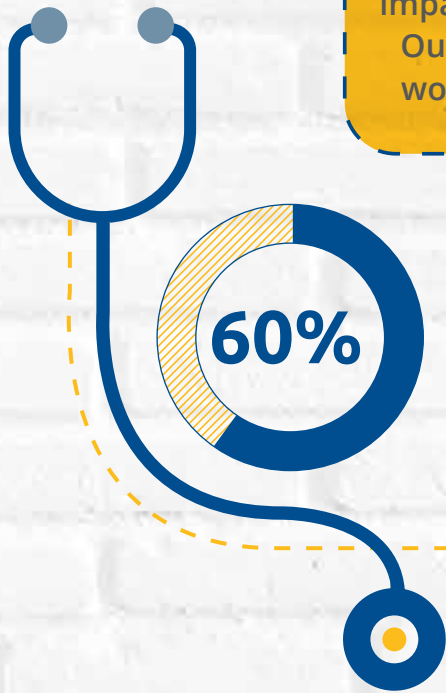


The impact of missed APPOINTMENTS

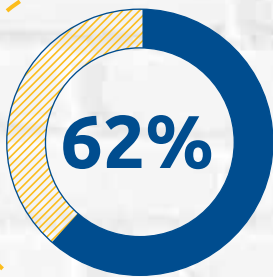
Unum's study of 2,031 full-time UK workers in 2019 on the impact of time off for healthcare appointments for employees. Our study suggests that access to medical appointments for workers is having a huge impact on health and productivity.



find it stressful taking time off work for medical appointments

Almost **1 in 3**

end up missing appointments due to work pressures



say their health deteriorated as a result of missing appointments



77%

say their productivity was affected while waiting for a GP appointment

At a time when NHS healthcare is under increased pressure and workers are adjusting to living and working remotely, Help@hand from Unum provides fast, easy access to four health and wellbeing support services – including a **Remote GP*** – via one easy-to-use app.

* The remote GP service shouldn't be used for anything Covid-19/coronavirus-related. Please follow government advice and use the [NHS' 111 coronavirus service](#)

Help@hand
from unum

Discover more about Help@hand today at unum.co.uk/help-at-hand

Source: Achieving Work/Health Balance – study conducted for Unum based on a UK representative sample of 2,031 full-time adult workers aged 18+, between 28th October and 8th November 2019. Full-time work was defined by weekly work hours of 30 hours or more.

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