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ARTIST	ENGINEER	ACTOR	POINT GUARD
LEADER	MATHEMATICIAN	Junior Kindergarten to Grade 12	GRAPHIC DESIGNER

# Show Your True Colors

Not long ago at Flint Hill School, there was a large green board set up in a hallway covered in hundreds of colorful Post-it notes, and on each one students had responded to this invitation: Describe yourself.

"LOUD!" someone wrote on a yellow Post-it, in big block letters and underlined."Quiet," said another. Also: "different," "normal," "shy," "adventurous,""a self-advocate," "good at math," "tall," "funny," and, more than once, "smart."





"I am categorized as an optimistic person," wrote one student.

"I was a friend to a girl and she introduced me to more friends, and our friend group grew," wrote another.

"Athletic," one student posted, and others picked up on that theme with "soccer player," "swimmer," "gymnast," and

Flint Hill is a school where learning is a journey and the destination is discovering who you are and what you have to offer.No two journeys are alike, and ways they unfold are as vast as the opportunities available here.







"field hockier." There was a "cat person," an "Asian national," and an "EDM lover" (that's electronic dance music, for those who aren't up to date on acronyms).

A lime-green Post-it in the center of the board said simply, "student," and that's appropriate, because the board had an awful lot to say about what it means to be a student at Flint Hill School. GRADE LEVELS

JK-4 15

AVERAGE CLASS SIZE

### Jessica Craig, Kindergarten Teacher

'For a lot kids, Kindergarten is their first full-day school

making them feel that they can do anything if they work hard they learn that, the more successful they're going to be. When

#### THE BENEFITS OF A BUDDY

Every JK and Kindergarten student gets a buddy—a fourth grader who's equal parts mentor, role model and friend. Buddies play games, attend school events together and form friendships that can last into the high school years and beyond.



# **Firm Foundations** THE LOWER SCHOOL

Every week at the Lower School, as parents drop off their children for the start of the school day, Mr. Thomas, Flint Hill's headmaster, stands outside, rain or shine, to greet students as they arrive. He'll smile and wish each boy or girl a good morning. Give him a couple of weeks and he'll know every one of their 150-plus names.

It's a simple thing, but it communicates something fundamental about what it's like to be a student here, and that message is this: at Flint Hill, you will be surrounded by people—teachers, students, your headmaster—who know you, care about you and want the very best for you. Your learning will be built upon this strong foundation of support. That makes it possible for you to be your best and most genuine self, and to take full advantage of the endless possibilities this school has to offer.

"In Morning Meeting one day, a student said, 'I think I've the ways they'd grown. And then one said, 'We've grown

Favorite time of the school day - Writer's Workshop



#### **1:1 TECHNOLOGY PROGRAM**

Because technological literacy is vital in today's world, we start teaching it early. From Lower School children learning to code with BeeBots through high school youth building drones, fluency with tech tools adds new dimensions to learning. We're a 1:1 tech

school—all Lower School students get an iPad to use, and students in grades 5 to 12 each get a MacBook Air laptop. Our innovative use of technology has earned us special designation as both an Apple Distinguished School and an Apple Site School.



Lower School children explore worlds past and present, and plant seeds for their future.





#### SERIOUS PLAY

In the Lower School, play isn't a break from learning—it is learning. It's a way for young people to make sense of their world, to cooperate with others and to use their imagination. Our playgrounds are stateof-the-art, designed with children's developmental needs in mind.

"Play gives children a chance to practice what they're learning." MR. ROGERS



Children in the Lower School gain skills that last a lifetime.

Today I promise to do my best to respect myself, others and my world: to be a responsible and honest Husky; and to show compassion to all.



Lower School students find all kinds of creative ways to put their best face forward.

**CRITICAL THINKING** COLLABORATION PERSONAL GOAL SETTING **CREATIVE PROBLEM-SOLVING**  "Children start Kindergarten eager and a little nervous, not sure what to expect. By the end of the school year they're confident, a tight community, ready for the next challenge."

Jessica Craig KINDERGARTEN TEACHER



The Innovation Program

## CULTIVATING CREATIVE THINKERS

The Innovation program at Flint Hill sets us apart. We're one of very few schools with a whole department devoted to innovation, and one of even fewer that believe it's so important that we start teaching it in Junior Kindergarten.

Innovation is about unboxing possibility, coming up with new ideas, trying something to see if it works, and if it doesn't, learning from what went wrong and trying again. It's collaboration and teamwork, tackling real problems hands-on in creative ways. It's being resourceful, using tools both low-tech and high-—scissors, soldering irons, glue, software, laser cutters, 3D printers, and many more.









And when you learn to solder or program a robot or work a 3D printer, the learning goes beyond just mastery of those tasks—you're learning to be resourceful, to solve problems. And those are skills that stay with you for life.





"I have not failed. I've just found 10,000 ways that won't work." THOMAS EDISON









5 - 8

14

AVERAGE CLASS SIZE

#### Kate, 8th Grade

the answers, but they guide me on how to study. And the

# **Passion and Growth** THE MIDDLE SCHOOL

Lacrosse goalie and math lover? Check. Stage actor and earthquake expert? Check. Future novelist and robotics champ? Check. All of the above? Well, yes—check that one, too.

The middle school years are a crucial time of exploration for young people who are asking some pretty big questions-questions like, Who am I? What am I good at? And What will my future hold in store? At Flint Hill there's no limit to the range of ways students can engage with this important work.

Depth and breadth of opportunity is one key to students' success during these dynamic years. Another is the skill and compassion of our teachers. Middle School teachers are experts in the many facets of the transition to adolescence. They help students find what they're passionate about while guiding them gracefully through this exciting and challenging time of life.

"Kids in Middle School are figuring out who they are, and it's an honor to help with that. It's amazing and it's awesome. There's nothing better."

**ERIN MAHONY** MIDDLE SCHOOL MATH TEACHER



happen—they give us the tools to be successful."

Favorite place on campus – The Middle School playground *In her future* – Something that involves math and science





#### 21ST CENTURY PROBLEM SOLVING

Flint Hill's math and science curricula emphasize the application of scientific and mathematical methods and principles to real-world problem-solving. Working alone and in small groups, students build windpowered cars, water-powered rockets, drones, move on to the Upper School, and beyond.

Technology at Flint Hill is a means to an end—and that end is higher learning.





robots and structures that can withstand

encourages students to dive deeper into the

subjects they learn and kindles an interest

in learning that stays with them as they

an earthquake. This engaging approach



#### MAKERS

Makers make. It's as simple as that. Makers is a Middle School course that immerses students in the worlds of creative problem solving and engineering. The course emphasizes the principles of design thinking, a framework at the intersection of art and science that draws on logic, intuition,

imagination and other skills. Students make games, structures, things that roll, things that fly, things that do meaningful work for others It's not unusual for a teacher to visit the Middle School Makers class and say, "Heycan you make me a...?"



Take meaningful risks Be yourself Make a difference





e communitu fabri here is woven tightly, and a common thread is the support that gifted educators provide their students.

"When I talk to others about Flint Hill, I talk about the four core values—respect, responsibility, honesty and compassion. **Everyone shows** those in their actions."

Kate 8TH GRADE



The Arts

# CELEBRATING CREATIVE EXPRESSION

Young artists make cave paintings and puppets and papier mâché masks. Rehearsals are underway for elaborate theater productions and percussion concerts. Students are finding new possibilities in film, digital arts, ballet, ceramics. Hallways have become art galleries, filled with student creations.

Welcome to a typical day at Flint Hill School, where the arts are everywhere and for everyone, as important for students' growth and development as anything else in the curriculum.







Many students go from Flint Hill to major in arts or to attend outstanding arts colleges, and some go on from there to careers as professional artists. But all students graduate from Flint Hill with their lives enriched by this most fundamental of human activities.







#### WHY ARTS?

We posed that question to our arts teachers. Here's what they said.

> With art, you create something personal that can't be expressed in any other way.

> The arts teach us what it means to be human.

The arts connect you to something bigger than yourself.

Because we are makers.

You touch clay. You move your body. It's a physical way of knowing, instead of just intellectual.

Art helps you learn how to see, how to ask questions and how to develop a perspective beyond yourself.

AVERAGE CLASS SIZE GRADE LEVELS

9 - 1215



"I transferred to Flint Hill in the middle of the year, and when I first came I thought it would take a couple of months to fit in and make friends. But everyone was so warm and welcoming. They introduced me to people. They helped me after school. Each teacher came to me and offered to help after class. Everything clicked. It was overwhelmingly positive.

"I one-hundred-percent think I'm getting a great education. The teachers are amazing. They care about you and want you to do well in school. The campus, the environment– you feel like it's actually your home. This school is great. The extracurriculars are great. Everything here is great."

#### LEARN IN A **GLOBAL VILLAGE**

One of the first things you see is the flagsdozens of them, each representing a country of origin of a member of the Flint Hill community. This remarkable diversity enriches school learning and school life, as students experience perspectives and engage cultures different from their own.



# **Focus and Freedom** THE UPPER SCHOOL

The Upper School combines a stellar college preparatory curriculum with an array of electives, co-curricular activities, and opportunities outside the classroom to meet an expanding range of student interests.

Twenty-five Advanced Placement (AP) courses across all areas offer challenging college-level work, plus college credit. Electives span an eclectic range of topics, including forensic science, Spanish cinema, ornithology, DNA cloning, marine biology, and dozens of others. Nearly two-dozen student clubs focus on themes from global politics to jazz improvisation. Farther afield, you might travel to Maine and learn to dogsled, or head west with your English teacher for a rafting trip down the Grand Canyon.

One goal in the Upper School is to help students gain the knowledge, skills and experiences they'll need to succeed in college. A longer-range and more important goal is to prepare them to be engaged citizens, life-long learners and responsible adults who go on to find career success and personal fulfillment.

*Outside the classroom* – Elected Student Council Vice President; sports editor for "The View," the student newspaper; Asian Students Union; MAC All-Conference in soccer Above and beyond – Taking three AP courses (U.S. History, Computer Science, and Calculus) as a Sophomore Making his mark - Co-author of a published cancer-research study *In his future* – His grandfather's experience with cancer has him thinking about a career in interventional radiology



#### Robotics is one of our most popular offerings. You can take it as a course, join the Robotics Club, and compete on one of several interscholastic robotics teams

#### NOW THAT'S CLASSIC

Interested in ancient Greek and Roman culture? In Latin? In the origins of Western Civilization? In where our words come from? Our Classics curriculum is one of the best, and we've had Virginia's top Latin program for more than 20 years.

### **QUALITY AND CHOICE**

Flint Hill offers 25 Advanced Placement (AP) courses, in subjects you'd expect— History, English, Calculus, Chemistry, and so on—and others that are much less common, like Music Theory, Chinese Language and Culture, and Ceramics.





#### SENIOR PROJECT

During the last month of 12th Grade, every Senior takes part in Senior Project, an 80-hour work-and-learning experience done in partnership with an off-campus organization Students have done projects in hospitals, science labs, film studios, newsrooms,

veterinary clinics, and countless other locales. This distinctive feature of a Flint Hill education is a way for Seniors to explore an idea—or a possible career path that's compelling to them.

CHARLOTTE CHESS

"When kids graduate from here, they're good citizens. They're academically prepared, but they're also good people."

ELLEN AMANKWAH, PARENT



"At his other school, my son felt pigeon-holed. He could focus on academics, or he could focus on arts. Pick one. It took my breath away how quickly he was understood at Flint Hill—how quickly you can be who you are."

PARENT

"Coming to Flint Hill was the best move I ever made in my life."

Sim

Shiv 10TH GRADE



### Husky Athletics

## OUTSTANDING IN THEIR FIELD (OR COURT, OR POOL)

Husky sports teams have built a reputation both for competitive success and for the character and sportsmanship of our athletes. Outstanding coaches set the tone. They focus on the fundamentals of the sports they coach and on the lessons to be learned from playing sports—like leadership, self-confidence, selflessness, and the value of working together toward a common goal.

With more than 60 teams in 28 different sports, we offer a vast range of competitive opportunities for young athletes looking to continue a sport they've played for years or to try something new, including sports you won't find just anywhere—Varsity Climbing, anyone?





"It's great when we win championships, but what's more satisfying for me is to have the school valedictorian on my team. That speaks to the kind of school we are. It speaks to the kind of athlete we get here."

CHRIS BROWN VARSITY BOYS SOCCER COACH







A WINNING SPIRIT

46 - Division conference and

tournament championships for *boys teams* in the past

decade, in 7 different sports 57 - Division conference and

tournament championships for *girls teams* in the past

decade, in 6 different sports

Each year many of our student-athletes go on to play college sports at the Division I, II, or III level. Our support system for future college athletes includes professionally filming all games, which is a huge help during the recruiting process.

### PLAN TO PLAY SPORTS IN COLLEGE?

# After Flint Hill OUTCOMES

Flint Hill is a college prep school, and we do that "college prep" part really well. In the past three years, our Seniors have been accepted to well over 400 different colleges and universities. They have been accepted by colleges that are large (Michigan State, Cal Berkeley) and small (Oberlin, Swarthmore, Williams), near (George Mason University) and far (Kings College London), at colleges that are well known (M.I.T., all eight Ivies) and less so (College of the Atlantic). You'll find the full list on our website.

The main reason for this enviable success is the strength of a Flint Hill education. But another reason is the strength of our College Counseling program. All of our counselors have worked in college admissions, and this gives them valuable insight into the application-and-selection process. Beginning when students are in 9th grade, counselors work closely with students and families, walking you step-by-step through what can seem like a daunting process.

Our objective? To help students identify, gain acceptance to and thrive at colleges that are a great fit for their talents, interests and goals.

"My teachers helped me realize what I wanted to do and who I was as a person. You learn so much and you experience so much. You learn that you have the license to decide the direction of your education and your future."

### Kendyll Hicks FLINT HILL '16, M.I.T. '20

At Flint Hill – Honor Council, Students for Social Justice, Classics Club,
Writing Center board member, Volleyball captain (and four-time state champion),
Inclusive Leadership Council Co-President, Cum Laude Society
At M.I.T. – Major in Biological Engineering, concentration in Immunology,
minor in Entrepreneurship & Innovation, Black Women's Alliance



## Lighting a Flame

There is a tradition at Flint Hill where every fall, Seniors who have been here since Junior Kindergarten and Kindergarten light a red lantern that sits in the headmaster's office. It stays lit all year, until the last Senior completes graduation requirements in the spring. We borrowed this tradition from the same place we borrowed our Husky nickname—from the Iditarod, the famous dogsled race in Alaska. There a flame is lit at the start of the race and isn't extinguished until the last sled crosses the finish line. That flame, like ours, celebrates remarkable accomplishment. That flame, like ours, says we're all in this together.

A Flint Hill education is about igniting interest, sparking passion, lighting a fire inside each child that will flame brilliantly throughout their lives.

The word *Iditarod* comes from a Native American word that means "distant place." When you're four years old, high school graduation can seem like a very distant place indeed. But Oh! What a journey it will be!