



MEET MARTIN, OUR HEALTHY MIND INSTRUCTOR



Our Instructor

Martin has over 16 years' experience working within maintained schools, residential care homes and for Nottingham City Council delivering group and 1:1 behavioural therapy, designing and implementing care plans and delivering progress reports. Highly trained and an expert in his field Martin is committed to 'never giving up on a child or young person'.

Qualifications and Experience

- Group Motivational Interviewing + Feedback (2017-2018)
- Certificate in Advanced Motivational Interviewing and group application (2017)
- Attendance Advance Motivational Interviewing (2016)
- Solution Focused Brief Therapy Training (2015)
- Behaviour Change and Motivational Interviewing Training (2014)
- Signs of Safety Training (2014)
- Strength Based Communication Styles M.I (2014)



Martin's therapy style proved to be very effective in significantly reducing negative behaviour in all the young people he worked with, which had a positive impact on their learning outcomes.



**Teaching Assistant | Bulwell St
Marys CofE Primary School**

