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## PART THREE – LESSONS FROM THE WILDERNESS OF PREPARATION

### LESSON 11: LEARN TO PRAISE GOD

#### **Exodus 15:1**

Then Moses and the Israelites sang this song to the Lord: “I will sing to the Lord, for he is highly exalted.

### LESSON 12: LEARN TO CHANGE

#### **Exodus 15:22**

Then Moses led Israel from the Red Sea and they went into the Desert of Shur.

### LESSON 13: LEARN TO BELIEVE IN MIRACLES

#### **Exodus 15:22-25**

For three days, they traveled in the desert without finding water. When they came to Marah, they could not drink its water because it was bitter. (That is why the place is called Marah.) So the people grumbled against Moses, saying, “What are we to drink?” Then Moses cried out to the Lord, and the Lord showed him a piece of wood. He threw it into the water, and the water became fit to drink.

### LESSON 14: LEARN TO BE CONTENT WITH GOD’S MANNA

#### **Exodus 16:4-5**

Then the Lord said to Moses, “I will rain down bread from heaven for you. The people are to go out each day and gather enough for that day. In this way I will test them and see whether they will follow my instructions. On the sixth day they are to prepare what they bring in, and that is to be twice as much as they gather on the other days.”

### LESSON 15: LEARN TO ASK FOR HELP

#### **Exodus 18:18-25**

The work is too heavy for you; you cannot handle it alone. ... Moses listened to his father-in-law and did everything he said. He chose capable men from all Israel and made them leaders of the people, officials over thousands, hundreds, fifties and tens.

### DISCUSSION QUESTIONS:

1. Which lesson did you relate to the most ... and why?
2. What are you praising God for right now?
3. What is God asking you to change?
4. What miracles is God doing in your life? What miracles are you seeing in other’s lives?
5. Are you “grumbling at the manna?” How can you replace your grumbling with gratitude?
6. Where do you need help right now? Who can you ask to help you?



#### ADDITIONAL SCRIPTURES:

"I will extol the LORD at all times; his praise will always be on my lips... I sought the LORD, and he answered me; he delivered me from all my fears." — Psalm 34:1, 4

"Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect." — Romans 12:2

"Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us." — Ephesians 3:20

"But godliness with contentment is great gain. <sup>7</sup> For we brought nothing into the world, and we can take nothing out of it. <sup>8</sup> But if we have food and clothing, we will be content with that." — 1 Timothy 6:6-8