Looking Ahead

Prepare at home for your next session by prayerfully reading and studying Session 4.

Informal Gathering

Suggestions for Further Reading


John C. Endres and Elizabeth Liebert, *A Retreat with the Psalms: Resources for Personal and Communal Prayer*, Paulist Press

Julian of Norwich, *Showings*, Paulist Press

Julian, John Kirvin and Richard Chilson, *All Will Be Well: Based on the Classic Spirituality of Julian of Norwich*, 30 Days with a Great Spiritual Teacher Series, Ave Maria Press

Thomas Merton, *New Seeds of Contemplation*  
New Directions Publishing Corp.

*United States Catholic Catechism for Adults*:  
Chapter 35. God Calls Us to Pray;  
Chapters 23. Life in Christ—Part One

*Catechism of the Catholic Church*:  
Paragraphs 1716-1729, 1886-1948, 2052-2082, 2093-2557, 2558-2567, 2598-2622