During the first meeting, the small community leader encourages participants to agree on certain principles to facilitate the process of faith sharing. These statements can be distributed at the second meeting as a reminder to all. Below is a sample small Christian community commitment.

**THE SOWERS’ COMMITMENT**

As a small Christian community, we agree

1. to meet every Tuesday evening from 7:30 to 9:00 PM and to begin and end on time
2. to read the materials beforehand
3. to hold in confidence what others say
4. to share with honesty and openness
5. to allow others to speak first before speaking a second time
6. to be comfortable with silence

Let us be grateful to people who make us happy; they are the charming gardeners who make our souls blossom.

MARCEL PROUST
7. to use “I” language whenever possible
8. to pray for each other during the week
9. to evaluate the experience after six weeks