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Don't forget, we're giving away a **Nintendo Switch** to the company that performs the best trick, so get practising!

#### Tweet your videos

Simply Tweet us your videos **@teledatauk**, before 31/01/20 to be in with a chance of winning. Or just send them in for fun! Look out for our team's attempts on our Twitter feed too... It's all to play for!

#### i Did you know!?

Yo-yos have been around since the time of the Ancient Greeks. 500 BC to be exact.

## 1 The Sleeper ★

The most basic of skills, but an essential part of your yo-yo training. Throw the yo-yo, and as it reaches the end of the string try to soften the impact as it reaches the end of the string. The yo-yo should stay at the end of the string. You can let it spin for a few seconds and then, with a quick sharp upward flick of the wrist, send the yo-yo back up the string. Easy!



#### Forward Pass \* \*

Throw the yo-yo horizontally in front of you (check your workspace for colleagues first, we don't want any injuries) using a backhand throw. When it comes back, catch the yo-yo with your palm facing upwards. This basic skill is critical to many great tricks.

#### 3 Walk the dog ★★

Throw a sleeper, then place the yo-yo on the floor as gently as possible and walk along behind the yo-yo as it rolls by itself along the floor.

#### i Why did the yo-yo cross the road?

Because it was walking the dog. Boom boom!

### 4 Hop the fence ★★★

Throw the yo-yo downwards. Instead of catching the yo-yo as it comes back up the string, let it flip over your wrist so it can go down once again.

### 5 Loop the loop ★★★

Make a forward pass. When the yo-yo comes back, don't catch it. Instead, direct it over your wrist and then back out again repeating the forward pass. This will make it loop the loop!

#### 6 Around the world $\bigstar \bigstar \bigstar \bigstar$

Throw a sleeper forward pass, and make it stay spinning at the end of the string. Move your arm in a circle past your head, over your shoulder in a backwards direction to complete a full circle. The yo-yo will (should!) follow, remaining asleep at the end of the string. Once a full circle has been completed, give a quick tug on the string to pull the yo-yo back into your hand which is facing palm upwards.

#### 7 Around the corner $\bigstar \bigstar \bigstar \bigstar$

Start by sleeping the yo-yo. Then place the string behind your elbow. When you do this, the yo-yo should hang behind your arm. Use your free hand to pluck the string. This will wake the yo-yo up, and it will swing back around over your elbow, and you will catch it.

#### 8 Rock the Baby ★★★★

Throw a sleeper, then grab the string with your free hand. Next, use your yo-yo hand and grab the string about five inches above the yo-yo. This will make an upside down triangle shape. Flip that triangle right side up, and use your free hand to push the triangle out, creating the base. Swing the yo-yo back and forth between the triangle a few times. Then when you're done, release back into a sleeper and wake the yo-yo up.

#### i Great at hosting, not so great at yo-yos...

To check out how (not!) to do these tricks, take a look at our YouTube channel and Twitter feed as Team TeleData take on the tricks challenge.







#### Find out more

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