## Breakthrough Series College

### October 7- 22, 2020

After this program, participants will be able to:

* Operate a successful Collaborative improvement project
* Increase your ability to teach and use the Model for Improvement, an improvement strategy used in the Breakthrough Series (BTS)

Please Note:

* All times are in Eastern Daylight Time (EDT)
* The WebEx session will open at 11:30 am EDT on days 2-6 for optional office hours with faculty. The program will start promptly at 12:00 pm EDT every day.

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| Session 1 · Wednesday, October 7, 2020 | |
| Time (EDT) | **Topic** |
| 12:00 Pm– 1:30 Pm | **Welcome and Introductions**  *Kelly McCutcheon Adams, MSW, LICSW, Senior Director, Institute for Healthcare and Sue Butts-Dion, Improvement Advisor, Butts-Dion Consulting, Inc.*  **Collaborative Overview and Set-up**  *Kelly McCutcheon Adams*  After this session, participants will be able to:   * Apply all phases of the BTS Collaborative model to your own collaborative * Anticipate the challenges and complexities of designing, managing, and guiding a successful collaborative * Adapt the Patient Experience Collaborative content to your own collaborative |
| 1:30-2:00 PM | **Break** |
| 2:00 Pm–3:30 Pm | **Introduction to Topic Selection**  After this session, participants will be able to:   * Identify factors that make for a ripe topic * Describe the steps in topic selection * Analyze whether or not a specific topic should be addressed in a BTS-style Collaborative |

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| Session 2: Thursday, ​October 8, 2020 | |
| **Time (EDT)** | **Topic** |
| 11:30 AM – 12:00 PM | **Drop-in Office Hours with Faculty (Optional)** |
| 12:00 Pm–1:30 Pm | **The Model for Improvement – Foundational Overview**  *Sue Butts-Dion*  After this session, participants will be able to:   * Explain the structure of the Model for Improvement * Explain the four steps of the PDSA Cycle * Use the Model for Improvement to accelerate the rate of improvement for your projects |
| 1:30-2:00 PM | **Break** |
| 2:00 PM- 4:00 PM | **Developing the Technical Content**  *Kelly McCutcheon Adams*  After this session, participants will be able to:   * Describe the key elements of the technical content and how they are created * Plan and run an expert meeting * Create a charter, draft change package, and measurement strategy for your collaborative   ***Transition to Breakouts***  **Technical Content (Breakouts)**  After this session, participants will be able to:   * Describe the key elements of the technical content and how they are created * Plan and run an expert meeting * Create a charter, draft change package, and measurement strategy for your collaborative  1. Improvement Advisors with Sue Butts-Dion 2. Directors with Kelly McCutcheon Adams |

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| Session 3: Wednesday, ​October 14, 2020 | |
| **Time (EDT)** | **Topic** |
| 11:30 AM – 12:00 PM | **Drop-in Office Hours with Faculty (Optional)** |
| 12:00 PM –1:30 PM | **Welcome Back**  **Teaching the Model for Improvement Part One: Aims and Measures**  *Sue Butts-Dion*  After this session, participants will be able to:   * Explain the Model for Improvement * Evaluate and critique team aim statements * Evaluate and critique a team’s measurement strategy * Coach teams in their use of the PDSA Cycle * Help teams design small scale PDSA cycles for initial tests of change * Help teams design a series of PDSA cycles to test, adapt, and then implement a change idea |
| 1:30 PM – 2:00 PM | **Break** |
| 2:00 PM-4:00 PM | **Preparing for the Collaborative: Part One (Breakouts)**  After this session, participants will be able to:   * Create and distribute an effective pre-work packet * Enroll teams who will benefit from participating in the Collaborative * Run pre-work calls and coach to prepare teams for the Collaborative * Make use of the faculty and other resources to prepare for the Collaborative  1. Improvement Advisors with Sue Butts-Dion 2. Directors with Kelly McCutcheon Adams, MSW, LICSW |

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| Session 4: Thursday, October 15, 2020 | |
| **Time (EDT)** | **Topic** |
| 11:30 AM – 12:00 PM | **Drop-in Office Hours with Faculty (Optional)** |
| 12:00 Pm–2:00 Pm | **Great Learning Sessions: Part One**  *Kelly McCutcheon Adams*  After this session, participants will be able to:   * Arrange a Learning Session that meets participant and Collaborative needs * Develop a Learning Session agenda * Run sessions that meet Learning Session objectives * Use worksheets to prepare teams for the Action Period   **Great Learning Sessions: Part Two**  *Kelly McCutcheon Adams*  After this session, participants will be able to:   * Engage faculty to make learning sessions productive * Design Learning Sessions 2 and 3 to bolster Collaborative Learning |
| 2:00 PM – 2:30 PM | **Break** |
| 2:30 PM – 4:00 PM | **Storyboards: Plenary Session and Rounds** |

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| Session 5: ​Wednesday, October 21, 2020 | |
| **Time (EDT)** | **Topic** |
| 11:30 AM – 12:00 PM | **Drop-in Office Hours with Faculty (Optional)** |
| 12:00 Pm–1:30 Pm | **Welcome Back**  **Teaching the Model for Improvement: Part Two and Part Three**  *Sue Butts-Dion*  After this session, participants will be able to:   * Explain the Model for Improvement * Evaluate and critique team aim statements * Evaluate and critique a team’s measurement strategy * Coach teams in their use of the PDSA Cycle   + Emphasis at LS 1:     - Help teams design small scale PDSA cycles for initial tests of change     - Help teams design a series of PDSA cycles to test, adapt, and then implement a change idea   + Emphasis at LS 2: * Speeding up the rate of testing |
| 1:30-2:00 PM | **Break** |
| 2:00 PM – 4:00 PM | **Great Results – Action Periods: Part One**  *Kelly McCutcheon Adams and Sue Butts-Dion*  After this session, participants will be able to:   * Plan an Action Period support structure that helps teams move forward * Identify the role of Senior Leaders to support teams and prepare for spread * Assess participant performance and select interventions to improve performance   **Great Results – Action Periods: Part Two**  *Kelly McCutcheon Adams and Sue Butts-Dion*  After this session, participants will be able to:   * Plan an Action Period support structure that helps teams move forward * Identify the role of Senior Leaders to support teams and prepare for spread * Assess participant performance and select interventions to improve performance |

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| Session 6: Thursday, October 22, 2020 | |
| **Time (EDT)** | **Topic** |
| 11:30 AM – 12:00 PM | **Drop-in Office Hours with Faculty (Optional)** |
| 12:00 Pm–1:30 Pm | **Breakout Sessions**  After this session, participants will be able to:   * Assess progress in your Collaborative and compare it to other Collaboratives * Explore options for ending a Collaborative * Build up the design of your Collaborative  1. **Improvement Advisors:** The Science of Improvement: Part One – (System of Profound Knowledge & IA Role, Research and Improvement Approaches, Use of Data for Improvement, Quasi-experimental Designs, Shewhart Charts) with Sue Butts-Dion  * **Directors:** Guiding and Closing a Collaborative and Planning Your Collaborative with Kelly McCutcheon Adams |
| 1:30 PM – 2:00 PM | **Break** |
| 2:00 PM – 3:00 PM | **Breakout Sessions Continued**   1. **Improvement Advisors:** The Science of Improvement: Part Two with Sue Butts-Dion 2. **Directors:** Problem Solving in Collaboratives, and Collaborative Evaluation with Kelly McCutcheon Adams |
| 3:00 PM – 4:00 PM | **Close: Support as Your Collaborative Develops**  *Kelly McCutcheon Adams* |