## Breakthrough Series College

### October 7- 22, 2020

After this program, participants will be able to:

* Operate a successful Collaborative improvement project
* Increase your ability to teach and use the Model for Improvement, an improvement strategy used in the Breakthrough Series (BTS)

Please Note:

* All times are in Eastern Daylight Time (EDT)
* The WebEx session will open at 11:30 am EDT on days 2-6 for optional office hours with faculty. The program will start promptly at 12:00 pm EDT every day.

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| Session 1 · Wednesday, October 7, 2020 |
| Time (EDT) | **Topic** |
| 12:00 Pm–1:30 Pm | **Welcome and Introductions** *Kelly McCutcheon Adams, MSW, LICSW, Senior Director, Institute for Healthcare and Sue Butts-Dion, Improvement Advisor, Butts-Dion Consulting, Inc.***Collaborative Overview and Set-up***Kelly McCutcheon Adams*After this session, participants will be able to:* Apply all phases of the BTS Collaborative model to your own collaborative
* Anticipate the challenges and complexities of designing, managing, and guiding a successful collaborative
* Adapt the Patient Experience Collaborative content to your own collaborative
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| 1:30-2:00 PM | **Break**  |
| 2:00 Pm–3:30 Pm | **Introduction to Topic Selection**After this session, participants will be able to:* Identify factors that make for a ripe topic
* Describe the steps in topic selection
* Analyze whether or not a specific topic should be addressed in a BTS-style Collaborative
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| Session 2: Thursday, ​October 8, 2020 |
| **Time (EDT)** | **Topic** |
| 11:30 AM – 12:00 PM | **Drop-in Office Hours with Faculty (Optional)**  |
| 12:00 Pm–1:30 Pm | **The Model for Improvement – Foundational Overview***Sue Butts-Dion*After this session, participants will be able to:* Explain the structure of the Model for Improvement
* Explain the four steps of the PDSA Cycle
* Use the Model for Improvement to accelerate the rate of improvement for your projects
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| 1:30-2:00 PM | **Break**  |
| 2:00 PM- 4:00 PM | **Developing the Technical Content***Kelly McCutcheon Adams*After this session, participants will be able to:* Describe the key elements of the technical content and how they are created
* Plan and run an expert meeting
* Create a charter, draft change package, and measurement strategy for your collaborative

***Transition to Breakouts*** **Technical Content (Breakouts)**After this session, participants will be able to:* Describe the key elements of the technical content and how they are created
* Plan and run an expert meeting
* Create a charter, draft change package, and measurement strategy for your collaborative
1. Improvement Advisors with Sue Butts-Dion
2. Directors with Kelly McCutcheon Adams
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| Session 3: Wednesday, ​October 14, 2020 |
| **Time (EDT)** | **Topic** |
| 11:30 AM – 12:00 PM | **Drop-in Office Hours with Faculty (Optional)**  |
| 12:00 PM –1:30 PM | **Welcome Back****Teaching the Model for Improvement Part One: Aims and Measures** *Sue Butts-Dion*After this session, participants will be able to: * Explain the Model for Improvement
* Evaluate and critique team aim statements
* Evaluate and critique a team’s measurement strategy
* Coach teams in their use of the PDSA Cycle
* Help teams design small scale PDSA cycles for initial tests of change
* Help teams design a series of PDSA cycles to test, adapt, and then implement a change idea
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| 1:30 PM – 2:00 PM | **Break** |
| 2:00 PM-4:00 PM | **Preparing for the Collaborative: Part One (Breakouts)**After this session, participants will be able to:* Create and distribute an effective pre-work packet
* Enroll teams who will benefit from participating in the Collaborative
* Run pre-work calls and coach to prepare teams for the Collaborative
* Make use of the faculty and other resources to prepare for the Collaborative
1. Improvement Advisors with Sue Butts-Dion
2. Directors with Kelly McCutcheon Adams, MSW, LICSW
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| Session 4: Thursday, October 15, 2020 |
| **Time (EDT)** | **Topic** |
| 11:30 AM – 12:00 PM | **Drop-in Office Hours with Faculty (Optional)**  |
| 12:00 Pm–2:00 Pm | **Great Learning Sessions: Part One***Kelly McCutcheon Adams*After this session, participants will be able to:* Arrange a Learning Session that meets participant and Collaborative needs
* Develop a Learning Session agenda
* Run sessions that meet Learning Session objectives
* Use worksheets to prepare teams for the Action Period

**Great Learning Sessions: Part Two***Kelly McCutcheon Adams*After this session, participants will be able to:* Engage faculty to make learning sessions productive
* Design Learning Sessions 2 and 3 to bolster Collaborative Learning
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| 2:00 PM – 2:30 PM | **Break**  |
| 2:30 PM – 4:00 PM  | **Storyboards: Plenary Session and Rounds**  |

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| Session 5: ​Wednesday, October 21, 2020 |
| **Time (EDT)** | **Topic** |
| 11:30 AM – 12:00 PM | **Drop-in Office Hours with Faculty (Optional)**  |
| 12:00 Pm–1:30 Pm | **Welcome Back****Teaching the Model for Improvement: Part Two and Part Three***Sue Butts-Dion*After this session, participants will be able to:* Explain the Model for Improvement
* Evaluate and critique team aim statements
* Evaluate and critique a team’s measurement strategy
* Coach teams in their use of the PDSA Cycle
	+ Emphasis at LS 1:
		- Help teams design small scale PDSA cycles for initial tests of change
		- Help teams design a series of PDSA cycles to test, adapt, and then implement a change idea
	+ Emphasis at LS 2:
* Speeding up the rate of testing
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| 1:30-2:00 PM | **Break**  |
| 2:00 PM – 4:00 PM | **Great Results – Action Periods: Part One***Kelly McCutcheon Adams and Sue Butts-Dion*After this session, participants will be able to:* Plan an Action Period support structure that helps teams move forward
* Identify the role of Senior Leaders to support teams and prepare for spread
* Assess participant performance and select interventions to improve performance

**Great Results – Action Periods: Part Two***Kelly McCutcheon Adams and Sue Butts-Dion*After this session, participants will be able to:* Plan an Action Period support structure that helps teams move forward
* Identify the role of Senior Leaders to support teams and prepare for spread
* Assess participant performance and select interventions to improve performance
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| Session 6: Thursday, October 22, 2020 |
| **Time (EDT)** | **Topic** |
| 11:30 AM – 12:00 PM | **Drop-in Office Hours with Faculty (Optional)**  |
| 12:00 Pm–1:30 Pm | **Breakout Sessions**After this session, participants will be able to:* Assess progress in your Collaborative and compare it to other Collaboratives
* Explore options for ending a Collaborative
* Build up the design of your Collaborative
1. **Improvement Advisors:** The Science of Improvement: Part One – (System of Profound Knowledge & IA Role, Research and Improvement Approaches, Use of Data for Improvement, Quasi-experimental Designs, Shewhart Charts) with Sue Butts-Dion
* **Directors:** Guiding and Closing a Collaborative and Planning Your Collaborative with Kelly McCutcheon Adams
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| 1:30 PM – 2:00 PM | **Break**  |
| 2:00 PM – 3:00 PM  | **Breakout Sessions Continued**1. **Improvement Advisors:** The Science of Improvement: Part Two with Sue Butts-Dion
2. **Directors:** Problem Solving in Collaboratives, and Collaborative Evaluation with Kelly McCutcheon Adams
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| 3:00 PM – 4:00 PM | **Close: Support as Your Collaborative Develops***Kelly McCutcheon Adams* |