## Breakthrough Series College

*Course agenda is subject to change.*

After this program, participants will be able to:

* Operate a successful Collaborative improvement project
* Increase your ability to teach and use the Model for Improvement, an improvement strategy used in the Breakthrough Series (BTS)

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| Day One  |
| Time | **Topic** |
| 7:30 AM – 8:00 AM | **Registration and Continental Breakfast** |
| 8:00 am–8:45 am | **1. Welcome and Introductions** *Kelly McCutcheon Adams, MSW, LICSW, Senior Director, Institute for Healthcare and Sue Butts-Dion, Improvement Advisor, Butts-Dion Consulting, Inc.* |
| 8:45 am–12:15 Pm | **2. Collaborative Overview and Set-up**After this session, participants will be able to:* Apply all phases of the BTS Collaborative model to your own collaborative
* Anticipate the challenges and complexities of designing, managing, and guiding a successful collaborative
* Adapt the Patient Experience Collaborative content to your own collaborative

***15-minute Break*** **3. Introduction to Topic Selection**After this session, participants will be able to:* Identify factors that make for a ripe topic
* Describe the steps in topic selection
* Analyze whether or not a specific topic should be addressed in a BTS-style Collaborative

**4. The Model for Improvement – Foundational Overview***Sue Butts-Dion*After this session, participants will be able to:* Explain the structure of the Model for Improvement
* Explain the four steps of the PDSA Cycle
* Use the Model for Improvement to accelerate the rate of improvement for your projects
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| 12:15 Pm–1:15 Pm | **Lunch** |
| 1:15 PM- 5:00 PM | **5. Developing the Technical Content***Kelly McCutcheon Adams, MSW, LICSW*After this session, participants will be able to:* Describe the key elements of the technical content and how they are created
* Plan and run an expert meeting
* Create a charter, draft change package, and measurement strategy for your collaborative
1. ***-minute Break***

**6. Technical Content (Breakouts)**After this session, participants will be able to:* Describe the key elements of the technical content and how they are created
* Plan and run an expert meeting
* Create a charter, draft change package, and measurement strategy for your collaborative
1. Improvement Advisors with Sue Butts-Dion
2. Directors with Kelly McCutcheon Adams, MSW, LICSW

**7. Preparing for the Collaborative: Part One (Breakouts)**After this session, participants will be able to:* Create and distribute an effective pre-work packet
* Enroll teams who will benefit from participating in the Collaborative
* Run pre-work calls and coach to prepare teams for the Collaborative
* Make use of the faculty and other resources to prepare for the Collaborative
1. Improvement Advisors with Sue Butts-Dion
2. Directors with Kelly McCutcheon Adams, MSW, LICSW
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| 5:00 pm –6:00 pm | **Welcome Reception** |
| 5:30 pm–6:10 pm | **Coaching Time with Faculty***By appointment only* |

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| Day Two  |
| **Time** | **Topic** |
| 7:05 am –7:45 am | **Coaching Time with Faculty***By appointment only*  |
| 7:30 AM – 8:00 AM | **Continental Breakfast** |
| 8:00 am –12:15 Pm | **Introduction to the Day and Q & A***Kelly McCutcheon Adams, MSW, LICSW***7. Preparing for the Collaborative: Part Two (Breakouts)**After this session, participants will be able to:* Create and distribute an effective pre-work packet
* Enroll teams who will benefit from participating in the Collaborative
* Run pre-work calls and coach to prepare teams for the Collaborative
* Make use of the faculty and other resources to prepare for the Collaborative
1. Improvement Advisors with Sue Butts-Dion
2. Directors with Kelly McCutcheon Adams, MSW, LICSW

***15-minute Break*****8. Teaching the Model for Improvement Part One: Aims and Measures***Sue Butts-Dion*After this session, participants will be able to:* Explain the Model for Improvement
* Evaluate and critique team aim statements
* Evaluate and critique a team’s measurement strategy
* Coach teams in their use of the PDSA Cycle
* Help teams design small scale PDSA cycles for initial tests of change
* Help teams design a series of PDSA cycles to test, adapt, and then implement a change idea

***Stretch Break*** |
|  | **9. Great Learning Sessions: Part One***Kelly McCutcheon Adams, MSW, LICSW*After this session, participants will be able to:* Arrange a Learning Session that meets participant and Collaborative needs
* Develop a Learning Session agenda
* Run sessions that meet Learning Session objectives
* Use worksheets to prepare teams for the Action Period
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| 12:15 PM – 1:00 PM | **Lunch** |
| 1:00 PM – 5:00 PM | **10. Storyboard Rounds – Topic Readiness: Parts One and Two** After this session, participants will be able to:* Identify factors that make for a ripe topic
* Describe the steps in topic selection
* Analyze whether or not a specific topic should be addressed in a BTS-style Collaborative

***15-minute Break*****11. Great Learning Sessions: Part Two***Kelly McCutcheon Adams, MSW, LICSW*After this session, participants will be able to:* Engage faculty to make learning sessions productive
* Design Learning Sessions 2 and 3 to bolster Collaborative Learning

***Stretch Break*****12. Great Results – Action Periods: Part One***Kelly McCutcheon Adams, MSW, LICSW and Sue Butts-Dion*After this session, participants will be able to:* Plan an Action Period support structure that helps teams move forward
* Identify the role of Senior Leaders to support teams and prepare for spread
* Assess participant performance and select interventions to improve performance
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| 5:00 PM – 6:00 PM | **Coaching Time with Faculty***By appointment only* |

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| Day Three  |
| **Time** | **Topic** |
| 7:05 AM –7:45 AM | **Coaching Time with Faculty***By appointment only* |
| 7:30 AM – 8:00 AM | **Continental Breakfast** |
| 8:00 am –12:00 Pm | **13. Open Forum: Overview of where we’ve been and where we are going***Kelly McCutcheon Adams, MSW, LICSW***14. Great Results – Action Periods: Part Two***Kelly McCutcheon Adams, MSW, LICSW and Sue Butts-Dion*After this session, participants will be able to:* Plan an Action Period support structure that helps teams move forward
* Identify the role of Senior Leaders to support teams and prepare for spread
* Assess participant performance and select interventions to improve performance

***15-minute Break*****15. Teaching the Model for Improvement: Part Two and Part Three***Sue Butts-Dion*After this session, participants will be able to:* Explain the Model for Improvement
* Evaluate and critique team aim statements
* Evaluate and critique a team’s measurement strategy
* Coach teams in their use of the PDSA Cycle
	+ Emphasis at LS 1:
		- Help teams design small scale PDSA cycles for initial tests of change
		- Help teams design a series of PDSA cycles to test, adapt, and then implement a change idea
	+ Emphasis at LS 2:
		- Speeding up the rate of testing
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| 12:00 PM – 1:00 PM | **Lunch and Extranet Training (5-minute overview)***Lauren Cameron, Event Coordinator, IHI* |
| 1:00 PM – 4:00 PM | **16. Breakout Sessions**After this session, participants will be able to:* Assess progress in your Collaborative and compare it to other Collaboratives
* Explore options for ending a Collaborative
* Build up the design of your Collaborative
1. **Improvement Advisors:** The Science of Improvement: Part One – The Science of Improvement (System of Profound Knowledge, Research and Improvement Approaches, Use of Data for Improvement, Quasi-experimental Designs, Shewhart Charts) with Sue Butts-Dion
2. **Directors:** Guiding and Closing a Collaborative and Planning Your Collaborative with Kelly McCutcheon Adams, MSW, LICSW

**17. Breakout Sessions Continued**1. **Improvement Advisors:** The Science of Improvement: Part Two with Sue Butts-Dion
2. **Directors:** Problem Solving in Collaboratives, and Collaborative Evaluation with Kelly McCutcheon Adams, MSW, LICSW

***5-minute Transition*****18. Close: Support as Your Collaborative Develops***Kelly McCutcheon Adams, MSW, LICSW* |
| 4:00 PM | **Reminders and Adjourn** |