## Breakthrough Series College

*Course agenda is subject to change.*

After this program, participants will be able to:

* Operate a successful Collaborative improvement project
* Increase your ability to teach and use the Model for Improvement, an improvement strategy used in the Breakthrough Series (BTS)

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| Day One | |
| Time | **Topic** |
| 7:30 AM – 8:00 AM | **Registration and Continental Breakfast** |
| 8:00 am– 8:45 am | **1. Welcome and Introductions**  *Kelly McCutcheon Adams, MSW, LICSW, Senior Director, Institute for Healthcare and Sue Butts-Dion, Improvement Advisor, Butts-Dion Consulting, Inc.* |
| 8:45 am–12:15 Pm | **2. Collaborative Overview and Set-up**  After this session, participants will be able to:   * Apply all phases of the BTS Collaborative model to your own collaborative * Anticipate the challenges and complexities of designing, managing, and guiding a successful collaborative * Adapt the Patient Experience Collaborative content to your own collaborative   ***15-minute Break***  **3. Introduction to Topic Selection**  After this session, participants will be able to:   * Identify factors that make for a ripe topic * Describe the steps in topic selection * Analyze whether or not a specific topic should be addressed in a BTS-style Collaborative   **4. The Model for Improvement – Foundational Overview**  *Sue Butts-Dion*  After this session, participants will be able to:   * Explain the structure of the Model for Improvement * Explain the four steps of the PDSA Cycle * Use the Model for Improvement to accelerate the rate of improvement for your projects |
| 12:15 Pm–1:15 Pm | **Lunch** |
| 1:15 PM- 5:00 PM | **5. Developing the Technical Content**  *Kelly McCutcheon Adams, MSW, LICSW*  After this session, participants will be able to:   * Describe the key elements of the technical content and how they are created * Plan and run an expert meeting * Create a charter, draft change package, and measurement strategy for your collaborative  1. ***-minute Break***   **6. Technical Content (Breakouts)**  After this session, participants will be able to:   * Describe the key elements of the technical content and how they are created * Plan and run an expert meeting * Create a charter, draft change package, and measurement strategy for your collaborative  1. Improvement Advisors with Sue Butts-Dion 2. Directors with Kelly McCutcheon Adams, MSW, LICSW   **7. Preparing for the Collaborative: Part One (Breakouts)**  After this session, participants will be able to:   * Create and distribute an effective pre-work packet * Enroll teams who will benefit from participating in the Collaborative * Run pre-work calls and coach to prepare teams for the Collaborative * Make use of the faculty and other resources to prepare for the Collaborative  1. Improvement Advisors with Sue Butts-Dion 2. Directors with Kelly McCutcheon Adams, MSW, LICSW |
| 5:00 pm –6:00 pm | **Welcome Reception** |
| 5:30 pm–6:10 pm | **Coaching Time with Faculty**  *By appointment only* |

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| Day Two | |
| **Time** | **Topic** |
| 7:05 am –7:45 am | **Coaching Time with Faculty**  *By appointment only* |
| 7:30 AM – 8:00 AM | **Continental Breakfast** |
| 8:00 am –12:15 Pm | **Introduction to the Day and Q & A**  *Kelly McCutcheon Adams, MSW, LICSW*  **7. Preparing for the Collaborative: Part Two (Breakouts)**  After this session, participants will be able to:   * Create and distribute an effective pre-work packet * Enroll teams who will benefit from participating in the Collaborative * Run pre-work calls and coach to prepare teams for the Collaborative * Make use of the faculty and other resources to prepare for the Collaborative  1. Improvement Advisors with Sue Butts-Dion 2. Directors with Kelly McCutcheon Adams, MSW, LICSW   ***15-minute Break***  **8. Teaching the Model for Improvement Part One: Aims and Measures**  *Sue Butts-Dion*  After this session, participants will be able to:   * Explain the Model for Improvement * Evaluate and critique team aim statements * Evaluate and critique a team’s measurement strategy * Coach teams in their use of the PDSA Cycle * Help teams design small scale PDSA cycles for initial tests of change * Help teams design a series of PDSA cycles to test, adapt, and then implement a change idea   ***Stretch Break*** |
|  | **9. Great Learning Sessions: Part One**  *Kelly McCutcheon Adams, MSW, LICSW*  After this session, participants will be able to:   * Arrange a Learning Session that meets participant and Collaborative needs * Develop a Learning Session agenda * Run sessions that meet Learning Session objectives * Use worksheets to prepare teams for the Action Period |
| 12:15 PM – 1:00 PM | **Lunch** |
| 1:00 PM – 5:00 PM | **10. Storyboard Rounds – Topic Readiness: Parts One and Two**  After this session, participants will be able to:   * Identify factors that make for a ripe topic * Describe the steps in topic selection * Analyze whether or not a specific topic should be addressed in a BTS-style Collaborative   ***15-minute Break***  **11. Great Learning Sessions: Part Two**  *Kelly McCutcheon Adams, MSW, LICSW*  After this session, participants will be able to:   * Engage faculty to make learning sessions productive * Design Learning Sessions 2 and 3 to bolster Collaborative Learning   ***Stretch Break***  **12. Great Results – Action Periods: Part One**  *Kelly McCutcheon Adams, MSW, LICSW and Sue Butts-Dion*  After this session, participants will be able to:   * Plan an Action Period support structure that helps teams move forward * Identify the role of Senior Leaders to support teams and prepare for spread * Assess participant performance and select interventions to improve performance |
| 5:00 PM – 6:00 PM | **Coaching Time with Faculty**  *By appointment only* |

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| Day Three | |
| **Time** | **Topic** |
| 7:05 AM –7:45 AM | **Coaching Time with Faculty**  *By appointment only* |
| 7:30 AM – 8:00 AM | **Continental Breakfast** |
| 8:00 am –12:00 Pm | **13. Open Forum: Overview of where we’ve been and where we are going**  *Kelly McCutcheon Adams, MSW, LICSW*  **14. Great Results – Action Periods: Part Two**  *Kelly McCutcheon Adams, MSW, LICSW and Sue Butts-Dion*  After this session, participants will be able to:   * Plan an Action Period support structure that helps teams move forward * Identify the role of Senior Leaders to support teams and prepare for spread * Assess participant performance and select interventions to improve performance   ***15-minute Break***  **15. Teaching the Model for Improvement: Part Two and Part Three**  *Sue Butts-Dion*  After this session, participants will be able to:   * Explain the Model for Improvement * Evaluate and critique team aim statements * Evaluate and critique a team’s measurement strategy * Coach teams in their use of the PDSA Cycle   + Emphasis at LS 1:     - Help teams design small scale PDSA cycles for initial tests of change     - Help teams design a series of PDSA cycles to test, adapt, and then implement a change idea   + Emphasis at LS 2:     - Speeding up the rate of testing |
| 12:00 PM – 1:00 PM | **Lunch and Extranet Training (5-minute overview)**  *Lauren Cameron, Event Coordinator, IHI* |
| 1:00 PM – 4:00 PM | **16. Breakout Sessions**  After this session, participants will be able to:   * Assess progress in your Collaborative and compare it to other Collaboratives * Explore options for ending a Collaborative * Build up the design of your Collaborative  1. **Improvement Advisors:** The Science of Improvement: Part One – The Science of Improvement (System of Profound Knowledge, Research and Improvement Approaches, Use of Data for Improvement, Quasi-experimental Designs, Shewhart Charts) with Sue Butts-Dion 2. **Directors:** Guiding and Closing a Collaborative and Planning Your Collaborative with Kelly McCutcheon Adams, MSW, LICSW   **17. Breakout Sessions Continued**   1. **Improvement Advisors:** The Science of Improvement: Part Two with Sue Butts-Dion 2. **Directors:** Problem Solving in Collaboratives, and Collaborative Evaluation with Kelly McCutcheon Adams, MSW, LICSW   ***5-minute Transition***  **18. Close: Support as Your Collaborative Develops**  *Kelly McCutcheon Adams, MSW, LICSW* |
| 4:00 PM | **Reminders and Adjourn** |