



Spearmint

Botanical Name: Mentha Spicata

Country of Origin: China

Item Number: 50-6250-21

Spearmint oil is often used in conjunction with lemongrass oil during feeding to improve hive health and work as a recruiting scent. A simple general purpose essential oil mixture can be used for many things, including avoiding the reliance on smoke when opening hives and also during feeding to improve hive health and work as a recruiting scent.

Spearmint is a native of the Mediterranean area, a hardy perennial herb with green lanced shaped leaves. It grows to about 1 meter (3 feet) in height with a pink or lilac colored flowers.

Spearmint oil is extracted by steam distilling the flowering plant tops. Harvested July through October it is a colorless to pale yellow clear liquid. The ancient Greeks used spearmint to scent their bathwater and medicinally for healing sore gums. Today it is commonly used as flavoring in toothpaste, lip balms and gum.

Powerful Actions:

- Promotes a healthy digestive system
- Stimulating and uplifting
- Headaches
- Migraines
- Nervous Strain
- Fights fatigue and stress
- Asthma
- Bronchitis
- Relieve Itching
- Acne
- Boosts the immune system
- Fights respiratory disorders
- Antibacterial