

Food for the Hungry (FH) develops communities that focus on children because they're the most vulnerable in any society. When a community is equipped to care for children, everyone is served and poverty is eliminated. We focus on four main sectors, which are all applied with the principals of a biblical worldview. They are:

- Health: Hygiene, nutrition, maternal and newborn care, and disease prevention and treatment
- **Education:** Early childhood development, early grade success, ongoing educational opportunities, character building
- Livelihoods: Agriculture and livestock production, soil and water conservation, market linkages, and microfinance
- **Emergency Response/Disaster Risk Reduction:** Community-managed risk assessment and disaster management planning.

Here are some stories from our work fields that will better connect you to our sectors of development.

### HEALTH

Hean Nimol is 7 years old and lives with his mother, grandmother and two older sisters in Cambodia. He attends child club activities hosted by FH. Through this club, Nimol has learned the importance of hygiene and sanitation. Along with his sisters, Nimol has put this knowledge into practice. They now know the advantages of washing their hands, keeping their nails clean, protecting their food from flies and using a latrine and a garbage pit. They've implemented these practices into their own home and have seen a dramatic improvement in their family's health. They are very thankful that FH has entered their village.

Nimol's aunt said, "I'm very happy with FH being in my village and helping to develop our communities through saving groups and providing the knowledge to us through training courses. Moreover, they help

in developing the children so they have more opportunities to learn, as a result many children are more courageous, have good morals, possess knowledge of good hygiene and sanitation practices, and have other general knowledge and skills. I'm very happy that my nephew is still very young but he is very intelligent and seems to even know more than the elders. That was an unexpected thing for a child his age"

# **EDUCATION**

Eduardo is 11 years old and lives with his father in Nicaragua. Eduardo loves learning and has always dreamed of completing his education, but when his mother passed away in 2015, Eduardo's father could no longer afford to keep him enrolled and also provide him food and support to succeed. FH was able to visit this family and explain that they had built a new school, which would provide meals of rice, beans, soup and cereal as a part of Eduardo's enrollment. FH also stressed that Eduardo could receive aid in his studies afterschool through community volunteer youth groups and afterschool tutoring. Eduardo's father was convinced that he would be supported enough to send his child to school and allowed Eduardo to return. Eduardo wants to be a pastor or teacher. He wants to continue studying so that he can help his family.

"I am not an orphan, FH told me that God takes care of me as my mother once did, and I believe in what FH told me," said Eduardo.

### **LIVELIHOODS**

Alice is a 4th grader who lives in Uganda. Her parents passed away about six years ago and she lives with her Uncle who has more than 10 children of his own. She has one brother and three sisters who never finished school. She sometimes stays with her grandparents, but before FH came into their community, they struggled to provide for Alice's basic needs including food.

When FH entered the community, Alice was provided a goat. She has been able to breed her goat and has been able to raise enough money to fund her education, school uniform, shoes, back pack and school supplies. She even has extra savings for emergencies and her family no longer struggles for basic needs.

"God has heard my prayer and restored my hope, smile, wiped away my tears and I know by his grace I will achieve my dream of becoming a medical nurse in future after my study. I hope to help my brother and sisters who drop out of school, community members and other needy children one day," said Alice.

#### **EMERGENCY RESPONSE/ DISASTER RISK REDUCTION**

Nilo is the head of his household of five people and lives in the Philippines. His family had poor living conditions even before the typhoon hit, but were overcome by the rising waters and heavy rains caused by the storm. Most families in his area don't have toilets and open defecation has become a social and cultural accepted practice of the people since his childhood. Poor sanitation has been a great issue his community has faced. Everything changed when Food for the Hungry Philippines launched its WASH (Water, Sanitation and Hygiene) Project in May 2015. Philippine Center on Water and Sanitation (PCWS) trained ten people for 12 days on the construction of Biogas Septic tank digester, Bio sand water filter and rainwater harvesting tank. A communal latrine was constructed and ten families are able to use it.

"Being poor, I oftentimes felt discriminated. The stigma of having no toilet sticks from my parents down to my offspring, but with the help of Food For the Hungry, this issue will surely end. Thank you very much, you have provided us a big and incomparable gift," said Nilo.

## **STILL HAVE QUESTIONS?**

You can direct them to our Church Engagement Team at C2C@fh.org or by calling 480.998.3100 and ask for a Church Engagement Representative.