



# URGENT CARE or EMERGENCY ROOM?



Call MyNurse 24 hours a day, 7 days a week, for free at 1-866-549-5076



Your health should be your most important consideration; use your best judgment in choosing the most appropriate setting to receive your health care.



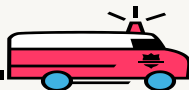
## EXAMPLES OF WHEN I SHOULD GO TO URGENT CARE

- ✓ Colds, Coughs, and Sore Throats
- ✓ Urinary Tract Infections
- ✓ Earaches
- ✓ Minor Cuts/Bleeding
- ✓ Potential Muscle/Ligament Strain
- ✓ Sunburn/Minor Cooking Burn
- ✓ Bee or Insect Sting
- ✓ Rashes
- ✓ Fever/Flu
- ✓ Sexually Transmitted Diseases

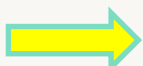
## EXAMPLES OF WHEN I SHOULD GO TO THE EMERGENCY ROOM

- ✓ Loss of Consciousness
- ✓ Intolerable/Uncontrollable Pain
- ✓ Shortness of Breath
- ✓ Chest Pain/Pressure
- ✓ Poisoning
- ✓ Major Injuries
- ✓ Severe/Worsening Insect Bite or Allergic Reaction
- ✓ Drowsiness or Disorientation
- ✓ Severe Bleeding
- ✓ Deep Cuts requiring stitches

## WHEN SHOULD 9-1-1 BE CALLED?



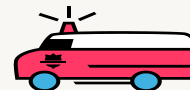
Severe Difficulty Breathing/Shortness of Breath



Symptoms of Heart Attack (Pain in Left Arm, Weakness/Dizziness)



Life/Limb Threatening Injuries, Head Trauma, Severe Bleeding



## URGENT CARE LOCATIONS NEAR NORTHERN KENTUCKY UNIVERSITY

**Cold Springs Urgent Care Center**  
 3699 Alexandria Pike  
 Cold Spring, KY 41076  
 (859) 442-8444

Distance: 1.0 miles

**Bluegrass Urgent Care**  
 85 Carothers Rd  
 Newport, KY 41071  
 (859) 431-7900

Distance: 4.8 miles

**Oakley Urgent Care**  
 200 Fairfield Ave  
 Newport, KY 41073  
 (859) 291-5573

Distance: 6.4 miles