# Emergency Room Treatment

**A guide to help you know.**

## STOP
- Colds, cough, sore throat
- Urinary tract infection
- Earache
- Minor cut where bleeding is controlled
- Possible muscle or ligament strain
- Sunburn or minor cooking burn
- Bee or insect sting or delayed swelling (unless breathing is difficult)
- Rash
- Fever/Flu (unless severely dehydrated)
- Sexually transmitted disease

## GO
- Loss of consciousness
- Intolerable, uncontrollable pain
- Severe shortage of breath
- Chest pain or pressure
- Poisoning
- Major injury, such as a head injury
- Severe or worsening reaction to insect bite, sting or medication especially if breathing is difficult.
- Stupor, drowsiness or disorientation that cannot be explained

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**MyNurse 24/7**

**LewerMark**

*Simply Caring*

Still not sure, call MyNurse 24/7 at 1-866-549-5076. The call is free.

*Note: It is not the intent of the Lewer Agency to dispense medical advice. This information is offered as a general guide for the use of a hospital emergency room. This list is not “all inclusive” and a situation may be exceptional - such as illnesses affecting pregnant students. Students and administrators should consult and rely on the direction of the student health center or physician.*