

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Church Transportation</b> <b>1</b> Pick up: 8:45 9:30 10:30 <b>1:30 Scenic Drive R &amp; T</b> <b>4:00 Entertainment with "Daylight" (GHS Juice Bar)</b>	<b>9:30 Shopping R &amp; T</b> <b>2</b>  <b>NO FITNESS CLASSES</b> 1:00 Mexican Train (Solarium) 3:00 Ping Pong (Card Room) 6:30 Texas Hold'em (Card Room)	<b>AM Doctor Appointments</b> <b>3</b> 10:00 Rummikub (Card Room) 10:30 Posture Power (Fitness Room) 10:45 Just BREATHE (Fitness Room) 1:00 Pinochle (Juice Bar) <b>4:00 Happy Hour at Jimmy Mac's R &amp; T \$</b> 6:45 Black Jack (Fitness Room)	<b>10:00 A Victorian Christmas at the Puyallup Fairgrounds R &amp; T \$</b> <b>4</b> 10:15 Dance Cardio (Fitness Room) 11:00 Balance & Strength (Fitness Room) 11:15 Bible Study with Pastor Will (GHS Activity Room 2) 12:00 Chair Yoga (Fitness Room) 3:00 Whammo (Fitness Room) 6:45 Raffle Bingo (Fitness Room)	<b>9:00 Walking: Southcenter Mall R &amp; T</b> <b>5</b> 10:00 Bible Study (Meeting Room) 1:00 Pinochle (Juice Bar) 1:00 Avon with Mary Berge (Juice Bar) 1:30 Music & Motion (GHS Activity Room 2) <b>6:00 Christmas Sing-along with Sid (GHS Juice Bar)</b> <b>PM Doctor Appointments</b>	<b>9:30 Shopping R &amp; T</b> <b>6</b> <b>9:40 Traveling Library (GHS Juice Bar)</b> 10:15 Dance Cardio (Fitness Room) 11:00 Balance & Strength (Fitness Room) 12:00 Chair Yoga (Fitness Room) 1:00 Bridge (Card Room) <b>6:30 Entertainment with Chris Anderson (FF Fitness Room)</b>	1:00 Dime Bingo (Fitness Room) <b>1:00 Royal School of Music Recital (GHS Juice Bar)</b> 6:45 Black Jack (Fitness Room)
<b>Church Transportation</b> <b>8</b> Pick up: 8:45 9:30 10:30 <b>1:30 Scenic Drive R &amp; T</b>	<b>9:30 Shopping R &amp; T</b> <b>9</b> 10:15 Dance Cardio (Fitness Room) 11:00 Balance & Strength (Fitness Room) 12:00 Chair Yoga (Fitness Room) 1:00 Mexican Train (Solarium) 3:00 Ping Pong (Card Room) 6:30 Texas Hold'em (Card Room)	<b>AM Doctor Appointments</b> <b>10</b> <b>10:00 Faith Baptist Christian Academy Children's Choir (GHS Juice Bar)</b> 10:00 Rummikub (Card Room) 10:30 Posture Power (Fitness Room) 10:45 Just BREATHE (Fitness Room) 1:00 Pinochle (Juice Bar) <b>2:00 Entertainment with Debbie Dimitre (GHS Activity Rm 2)</b> 6:45 Black Jack (Fitness Room)	<b>8:30 Men's Breakfast R &amp; T \$</b> <b>11</b> 10:15 Dance Cardio (Fitness Room) 11:00 Balance & Strength (Fitness Room) <b>11:30 Dollar Store at Milton R &amp; T</b> 12:00 Chair Yoga (Fitness Room) <b>4:00 Round Table (Fitness Room)</b> 6:45 Raffle Bingo (Fitness Room)	<b>9:00 Walking: South Hill Mall R &amp; T</b> <b>12</b> 10:00 Bible Study (Meeting Room) 1:00 Pinochle (Juice Bar) <b>11:30 Wheelie Decorating (GHS Activity Room 2)</b> <b>1:30 Entertainment with Gary Hausam (GHS Juice Bar)</b>  <b>PM Doctor Appointments</b>	<b>9:30 Shopping R &amp; T</b> <b>13</b> 10:15 Dance Cardio (Fitness Room) 11:00 Balance & Strength (Fitness Rm) 12:00 Chair Yoga (Fitness Room) <b>1:00 Sing-along with Akiko Ketron (GHS Juice Bar)</b> 1:00 Bridge (Card Room) <b>2:45 Wheelie Parade (GHS Juice Bar)</b> 3:00 Jeopardy (Fitness Room)	1:00 Dime Bingo (Fitness Room) <b>1:00 Touchstone Quartet (GHS Juice Bar)</b> 6:45 Black Jack (Fitness Room)
<b>Church Transportation</b> <b>15</b> Pick up: 8:45 9:30 10:30 <b>1:30 Scenic Drive R &amp; T</b>	<b>NO SHOPPING</b> <b>16</b> 10:15 Dance Cardio (Fitness Room) 11:00 Balance & Strength (Fitness Room) 12:00 Chair Yoga (Fitness Room) 1:00 Mexican Train (Solarium) 3:00 Ping Pong (Card Room) 6:30 Texas Hold'em (Card Room) <b>6:30 Christmas Lights Scenic Drive R &amp; T</b>	<b>AM Doctor Appointments</b> <b>17</b> 10:00 Rummikub (Card Room) <b>10:30 Lakota Middle School Children's Choir (GHS Juice Bar)</b> <b>11:30 Cookie Decorating (Fitness Rm)</b> 1:00 Pinochle (Juice Bar) <b>1:30 Birthday Party with Ron Herring (GHS Juice Bar)</b> <b>4:00 Sunset Dinner at Tokyo Japanese Steak House R &amp; T \$</b> 6:45 Black Jack (Fitness Room)	<b>10:15 Dance Cardio (Fitness Room)</b> <b>18</b> 10:45 Balance & Strength (Fitness Rm) <b>11:30 Lunch Outing to Deseret Industries &amp; Marlene's Market R &amp; T \$</b> 3:00 Ping Pong (Card Room) 3:00 Whammo (Fitness Room) <b>5:00 Resident Christmas Dinner</b> 6:45 Raffle Bingo (Fitness Room)	<b>9:00 Walking: The Commons Mall R &amp; T</b> <b>19</b> 10:00 Bible Study (Meeting Room) 1:00 Pinochle (Juice Bar) 1:30 Music & Motion (GHS Activity Room 2) <b>6:00 Christmas Sing-along with Sid (GHS Juice Bar)</b> <b>PM Doctor Appointments</b>	<b>9:00 Senior Foot Care (GHS Craft Rm)</b> <b>20</b> <b>9:30 Shopping R &amp; T</b> 10:15 Dance Cardio (Fitness Room) 11:00 Balance & Strength (Fitness Room) 12:00 Chair Yoga (Fitness Room) 1:00 Bridge (Card Room) <b>1:00 Caregiver Support Group (Gardens Fireside Room)</b> 3:00 Jeopardy (Fitness Room)	1:00 Dime Bingo (Fitness Room) 6:45 Black Jack (Fitness Room)
<b>Church Transportation</b> <b>22</b> Pick up: 8:45 9:30 10:30 <b>1:30 Scenic Drive R &amp; T</b>	<b>9:30 Shopping R &amp; T</b> <b>23</b> 10:15 Dance Cardio (Fitness Room) 11:00 Balance & Strength (Fitness Room) <b>11:30 Music with Children Violinists (GHS Juice Bar)</b> 12:00 Chair Yoga (Fitness Room) 1:00 Mexican Train (Solarium) 3:00 Ping Pong (Card Room) <b>4:00 Activity Meeting (Fitness Room)</b> 6:30 Texas Hold'em (Card Room)  First Day of Hanukkah	<b>NO DOCTOR APPOINTMENTS</b> <b>24</b> 10:00 Rummikub (Card Room) 10:30 Posture Power (Fitness Room) 10:45 Just BREATHE (Fitness Room) 1:00 Pinochle (Juice Bar) <b>1:30 Entertainment with Carol Hendrickson (GHS Juice Bar)</b> 6:45 Black Jack (Fitness Room)	<b>MERRY CHRISTMAS &amp; HAPPY HOLIDAYS</b> <b>25</b>  "No one has ever become Poor By Giving" – Anne Frank  Christmas	<b>NO WALK NO BIBLE STUDY</b> <b>26</b> 1:00 Pinochle (Juice Bar) 1:30 Music & Motion (GHS Activity Room 2)  <b>NO DOCTOR APPOINTMENTS</b>  Kwanzaa Begins	<b>9:30 Shopping R &amp; T</b> <b>27</b> 10:15 Dance Cardio (Fitness Room) 11:00 Balance & Strength (Fitness Room) 12:00 Chair Yoga (Fitness Room) <b>1:00 Sing-along with Akiko Ketron (GHS Juice Bar)</b> 1:00 Bridge (Card Room) 3:00 Jeopardy (Fitness Room) <b>6:30 Entertainment with Jazzberry Band (FF Fitness Room)</b>	1:00 Dime Bingo (Fitness Room) 6:45 Black Jack (Fitness Room)
<b>Church Transportation</b> <b>29</b> Pick up: 8:45 9:30 10:30 <b>1:30 Scenic Drive R &amp; T</b>	<b>9:30 Shopping R &amp; T</b> <b>30</b> 10:15 Dance Cardio (Fitness Room) 11:00 Balance & Strength (Fitness Room) 12:00 Chair Yoga (Fitness Room) 1:00 Mexican Train (Solarium) <b>2:00 Book Club (GHS Activity Room 2)</b> 3:00 Ping Pong (Card Room) 6:30 Texas Hold'em (Card Room)	<b>NO DOCTOR APPOINTMENTS</b> <b>31</b> 10:00 Rummikub (Card Room) 10:30 Posture Power (Fitness Room) 10:45 Just BREATHE (Fitness Room) 1:00 Pinochle (Juice Bar) <b>1:30 Entertainment with Dave Reynolds (GHS Juice Bar)</b> <b>2:00 "Let's Talk Soup" with Michael (FF Meeting Room)</b> 6:45 Black Jack (Fitness Room)  New Year's Eve	<h1>December 2019</h1> <h2>FAIRFIELD &amp; COTTAGES</h2>			

# December Highlights

**Tuesday, December 3 – 4:00PM Happy Hour at Jimmy Mac's (R&T \$)**

**Wednesday, December 4 – 10:00 A Victorian Christmas at the Puyallup Fairgrounds (R & T \$)**

**Friday, December 6 – 6:30 Entertainment with Chris Anderson (FF Fitness Room) R & T**

**Tuesday, December 10 – 2:00 Entertainment with Debbie Dimitre (GHS Activity Rm 2) R & T**

**Tuesday, December 17 – 4:00PM Tokyo Japanese Steak House (R&T \$)**

**Wednesday, December 18 – 11:30 Lunch outing to Deseret Industries  
& Marlene's Market (R & T \$)**

**Wednesday, December 18 – Resident Christmas Dinner**

**Friday, December 27 – 6:30 Entertainment with Jazzberry Band (Fitness Room)  
New Year's Party**

Saturday, December 7 – 1:00 Royal School of Music Recital (GHS Juice Bar)

Thursday, December 12 – 1:30 Entertainment with Gary Hausam (GHS Juice Bar)

Friday, December 13 – 1:00 Sing-A-Long with Akiko Ketron (GHS Juice Bar)

Saturday, December 14 – 1:00 Touchstone Quartet (GHS Juice Bar)

Tuesday, December 17 – 1:30PM Birthday Party with Ron Herring (GHS Juice Bar)

**Friday, December 20 – 1:00PM Caregiver Support Group (Gardens Fireside Room – all are welcome!)**

Monday, December 23 – 11:30 Music with Children Violinists (GHS Juice Bar)

Tuesday, December 24 – 1:30 Entertainment with Carol Hendrickson (GHS Juice Bar)

Friday, December 27 – 1:00 Sing-A-Long with Akiko Ketron (GHS Juice Bar)

Wednesday, December 30 – 2:00PM Book Club (GHS Activity Room 2)

Tuesday, December 31 – 1:30 Entertainment with Dave Reynolds (GHS Juice Bar)

Tuesday, December 31 – 2:00 Let's Talk Soup with Michael (Meeting Room)

**Monday, Wednesday, Friday – Fitness with Debbie Leavitt  
10:15AM Dance Cardio, 11AM Balance & Strength, 12PM Chair Yoga**

# Fairfield and Cottages

## December 2019 Activity Calendar

### Bus Trips and Shopping

**Please make reservations with the Front Desk 253-838-3700**

**Church pick-up Sunday: 8:45 am, 9:30 am and 10:30 am**

**Local Doctor Appointments: Tuesday ~ 9:00 am - 1:00 pm**

**Thursday ~ 1:00 pm - 4:00 pm**

**Local Morning Shopping: Monday ~ 9:30 am (320<sup>th</sup>, Safeway, Walmart)**

**Friday ~ 9:30 am (Fred Meyer, WinCo, Post Office and Banks)**

### **Extras**

**Ping Pong Monday & Wednesday ~ 3:00 Card Room**

**Black Jack Tuesday & Saturday ~ 6:45 Fitness Room**

**Texas Hold'em Monday ~ 6:30 Card Room**

**Rummikub Tuesday ~ 10:00 Card Room**

**King Co. Traveling Library 1<sup>st</sup> Friday of each month ~ 9:40 GHS Juice Bar**

### **Beauty Shop ~ 253-838-5987**

**Tuesday, Thursday & Friday Hearthside/Gardens Building**

**Please sign up in advance for the events that have  
transportation provided (R&T). Sign-up at the front desk!**

**Please note: R = Reservations needed**

**T = Transportation Provided**

**\$ = There is a Cost**