

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2019

GARDENS & HEARTHSIDE

					<p>9:30 Shopping R & T 9:40 Traveling Library (Juice Bar) 10:30 Sittercize (Activity Room 2) 11:15 Trivia Toss Up (Activity Room 2) 1:30 Jeopardy (Activity Room 2) 2:30 Pokeno (Activity Room 2)</p>	<p>11:15 Sittercize (Activity Room 2) 12:30 Singing in the Rain Movie (Activity Room 2) 3:00 Bingo (Activity Room 2)</p>
<p>9:30 Hymn Singing with Sid (Juice Bar) Church Transportation Pick up: 8:45 9:30 10:30 1:30 Scenic Drive R & T (Turn Clocks Back 1 hour) <small>Daylight Saving Time Ends</small></p>	<p>9:30 Shopping R & T 1:00 Reminisce (Activity Room 2) 3:15 Bingo (Activity Room 2)</p>	<p>AM Doctor Appointments 9:45 Bible Study (Activity Room 2) 11:15 Sittercize (Activity Room 2) 2:00 Entertainment with Emmy Purainer (GHS Juice Bar) 3:00 Whammo (Activity Room 2) 4:00 Happy Hour at JP Tavern R & T \$</p>	<p>8:30 Men's Breakfast R & T \$ 10:30 Sittercize (Activity Room 2) 11:15 Bible Study with Pastor Will (Activity Room 2) 11:30 Dollar Store at Milton R & T 1:30 Balloon Volleyball (Juice Bar) 3:00 Bingo (Activity Room 2)</p>	<p>9:00 Walking: South Hill Mall R & T 10:30 Posture Power (Activity Room 2) 11:00 Just BREATHE (Activity Room 2) 1:30 Music & Motion (Activity Rm 2) 2:00 Wine & Cheese (Juice Bar) 3:00 Whammo (Activity Room 2) 3:00 ABC's of Medicare (R & T) (FF Meeting Room) 6:00 Entertainment with Sid (Juice Bar) PM Doctor Appointments</p>	<p>9:30 Shopping R & T 10:30 Sittercize (Activity Room 2) 11:15 Minute to Win It Games (Activity Room 2) 1:00 Sing-along with Akiko Ketron (GHS Juice Bar) 2:00 Jeopardy (Activity Room 2) 3:00 Bingo (Activity Room 2)</p>	<p>11:15 Balloon Volleyball (Juice Bar) 1:00 Fun with Succulents (Activity Room 2) 3:00 Bingo (Activity Room 2)</p>
<p>9:30 Hymn Singing with Sid (Juice Bar) Church Transportation Pick up: 8:45 9:30 10:30 1:30 Scenic Drive R & T</p>	<p>9:30 Shopping R & T 10:30 Visit with Lily – Therapy Dog (GHS Juice Bar) 1:00 Reminisce (Activity Room 2) 3:15 Bingo (Activity Room 2) 5:00 Veterans Day Celebration (Hearthside Dining Room) Entertainment with Jim & Beth Wulff <small>Veterans Day (US) Remembrance Day (Canada)</small></p>	<p>AM Doctor Appointments 9:45 Bible Study (Activity Room 2) 11:15 Sittercize (Activity Room 2) 3:00 Whammo (Activity Room 2)</p>	<p>10:00 Lunch Outing to Muckleshoot Casino R & T \$ 10:30 Sittercize (Activity Room 2) 11:15 Wheel of Fortune (Activity Room 2) 1:45 Round Table (Juice Bar) 3:00 Bingo (Activity Room 2) RUSSIAN THEME DINNER</p>	<p>9:00 Walking: Auburn Outlet Mall R & T 10:30 Posture Power (Activity Room 2) 11:00 Just BREATHE (Activity Room 2) 1:30 Music & Motion (Activity Rm 2) 3:00 Whammo (Activity Room 2) PM Doctor Appointments</p>	<p>9:00 Senior Foot Care (Craft Room) 9:30 Shopping R & T 10:30 Sittercize (Activity Room 2) 11:15 Show and Share (Activity Room 2) 1:00 Caregiver Support Group (Gardens Fireside Room) 1:30 Jeopardy (Activity Room 2) 3:00 Pokeno (Activity Room 2)</p>	<p>11:15 Sittercize (Activity Room 2) 1:00 Button Ornaments (Activity Room 2) 3:00 Bingo (Activity Room 2)</p>
<p>9:30 Hymn Singing with Sid (Juice Bar) Church Transportation Pick up: 8:45 9:30 10:30 12:30 "Oliver" at St. Luke's Theatre in Federal Way <small>(Tickets are \$10.00 and can be purchased online or at the door)</small></p>	<p>9:30 Shopping R & T 1:00 Reminisce (Activity Room 2) 2:15 Activity Meeting (Activity Room 2) 3:15 Bingo (Activity Room 2)</p>	<p>AM Doctor Appointments 9:45 Bible Study (Activity Room 2) 11:15 Sittercize (Activity Room 2) 1:30 Birthday Party with Larry Barge (GHS Juice Bar) 3:00 Whammo (Activity Room 2) 4:00 Sunset Dinner at Peking Wok in Federal Way R & T \$</p>	<p>10:30 Sittercize (Activity Room 2) 11:15 Hangman (Juice Bar) 11:30 Ladies Lunch at Red Lobster R & T \$ 1:30 Balloon Volleyball (Juice Bar) 3:00 Bingo (Activity Room 2)</p>	<p>9:00 Walking: Tacoma Mall R & T 10:30 Posture Power (Activity Room 2) 11:00 Just BREATHE (Activity Room 2) 1:00 Piano with Cameron (Juice Bar) 1:30 Music & Motion (Activity Rm 2) 3:00 Whammo (Activity Room 2) 6:00 Entertainment with Sid (Juice Bar) PM Doctor Appointments</p>	<p>9:30 Shopping R & T 10:30 Sittercize (Activity Room 2) 11:15 Holiday Cards (Activity Room 2) 1:00 Sing-along with Akiko Ketron (GHS Juice Bar) 2:00 Jeopardy (Activity Room 2) 3:00 Bingo (Activity Room 2)</p>	<p>11:15 Balloon Volleyball (Juice Bar) 12:30 Casablanca Movie (Activity Room 2) 3:00 Bingo (Activity Room 2)</p>
<p>9:30 Hymn Singing with Sid (Juice Bar) Church Transportation Pick up: 8:45 9:30 10:30 1:30 Scenic Drive R & T</p>	<p>9:30 Shopping R & T 10:30 Visit with Lily – Therapy Dog (GHS Juice Bar) 1:00 Reminisce (Activity Room 2) 3:15 Bingo (Activity Room 2)</p>	<p>AM Doctor Appointments 9:45 Bible Study (Activity Room 2) 11:15 Sittercize (Activity Room 2) 1:00 "Let's Talk Soup" with Michael (Gardens Dining Room) 1:30 Entertainment with Dan Sphung (Juice Bar) 3:00 Whammo (Activity Room 2)</p>	<p>10:30 Sittercize (Activity Room 2) 11:15 Bible Study with Pastor Will (Activity Room 2) 1:30 Balloon Volleyball (Juice Bar) 2:00 Book Club (Activity Room 2) 3:15 Bingo (Activity Room 2)</p>	<p>"A Grateful Heart is a Magnet for Miracles" – Vicki Becker Happy Thanksgiving!! <small>Thanksgiving Day (US)</small></p>	<p>NO SHOPPING 10:30 Sittercize (Activity Room 2) 11:15 Stitch and Share (Activity Room 2) 1:30 Jeopardy (Activity Room 2) 3:00 Bingo (Activity Room 2)</p>	<p>11:15 Sittercize (Activity Room 2) 12:30 Christmas Movie (Activity Room 2) 3:00 Bingo (Activity Room 2)</p>

November Highlights

Fairfield Extras for Gardens/Hearthsides:

Tuesday, November 5 – 4:00PM Happy Hour at JP Tavern (R&T \$)

Thursday, November 7 – 3:00PM ABC's of Medicare (FF Meeting Room) (R&T)

**Monday, November 11 – 5:00PM Veteran's Day Celebration
Entertainment with Jim & Beth Wulfi
(GHS Dining Room)**

Wednesday, November 13 – 10:00AM Muckleshoot Casino (R&T \$)

Tuesday, November 19 – 4:00PM Peking Wok (R&T \$)

Please note: R = Reservations needed
T = Transportation Provided
\$ = There is a Cost

Monday, Wednesday, Friday – Fitness with Debbie Leavitt
10:15AM Dance Cardio, 11AM Balance & Strength, 12PM Chair Yoga

Gardens & Hearthsides

November 2019 Activity Calendar

Bus Trips and Shopping

Please make reservations with the Front Desk 253-838-3700

Church pick-up Sunday: 8:45 am, 9:30 am and 10:30 am

Local Doctor Appointments: Tuesday ~ 9:00 am - 1:00 pm

Thursday ~ 1:00 pm - 4:00 pm

Local Morning Shopping: Monday ~ 9:30 am (320th, Safeway, Walmart)

Friday ~ 9:30 am (Fred Meyer, WinCo, Post Office and Banks)

Extras

Sittercize (Activity Room 2)

Tuesday & Saturday ~11:15AM,

Wednesday & Friday ~ 10:30AM

King Co. Traveling Library 1st Friday of each month ~ 9:40AM
~ Gardens Juice Bar

Beauty Shop – (253) 838-5987

Tuesday, Thursday & Friday Hearthsides/Gardens Building

Please sign up in advance for the events that have
transportation provided (R&T). Sign-up at the front desk!

Tuesday, November 5 – 2:00 Entertainment with Emmy Purainer (GHS Juice Bar)

Thursday, November 7 – 2:00 Wine & Cheese (GHS Juice Bar)

Saturday, November 9 – 1:00 Fun with Succulents (Activity Room 2)

Friday, November 15 – 1:00PM Caregiver Support Group (Gardens Fireside Room – all are welcome!)

Tuesday, November 19 – 1:30PM Birthday Party with Larry Barge (GHS Juice Bar)

Tuesday, November 26 – 1:00 Let's Talk Soup with Michael (Gardens Dining Room)

Tuesday, November 26 – 1:30 Entertainment with Dan Sphung (GHS Juice Bar)

Wednesday, November 27 – 2:00PM Book Club (GHS Activity Room 2)