

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 9:30 Hymn Singing with Sid (GHS Juice Bar)	<b>2</b> 10:15 Dance Cardio (Fitness Room) 11:00 Balance & Strength (Fitness Rm) 12:00 Chair Yoga (Fitness Room) 1:00 Mexican Train (Solarium) 3:00 Ping Pong (Card Room) 6:30 Texas Hold'em (Card Room)	<b>3</b> <b>AM Doctor Appointments</b> 10:00 Rummikub (Card Room) 10:30 Posture Power (Fitness Room) 10:45 Just BREATHE (Fitness Room) 1:00 Pinochle (Juice Bar) <b>4:00 Happy Hour at Jersey's Bar &amp; Grill R &amp; T \$</b> 6:45 Blackjack (Fitness Room)	<b>4</b> <b>8:30 Men's Breakfast R &amp; T \$</b> 10:15 Dance Cardio (Fitness Room) 11:00 Balance & Strength (Fitness Rm) <b>11:15 Bible Study with Pastor Will (GHS Activity Room 2)</b> <b>11:30 Dollar Store at Milton R &amp; T</b> 12:00 Chair Yoga (Fitness Room) 3:00 Ping Pong (Card Room) 3:00 Whammo (Fitness Room) 6:45 Raffle Bingo (Fitness Room)	<b>5</b> <b>9:00 Walking: South Hill Mall R &amp; T</b> 10:00 Bible Study (Meeting Room) 10:30 Posture Power (Fitness Room) 10:45 Just BREATHE (Fitness Room) 1:00 Pinochle (Juice Bar) 1:00 Avon with Mary Berge (Juice Bar) 1:30 Music & Motion (GHS Activity 2) <b>2:00 Campus Wine &amp; Cheese (GHS Juice Bar)</b> <b>PM Doctor Appointments</b>	<b>6</b> <b>9:30 Shopping R &amp; T</b> <b>9:40 Traveling Library (GHS Juice Bar)</b> 10:15 Dance Cardio (Fitness Room) 11:00 Balance & Strength (Fitness Rm) 12:00 Chair Yoga (Fitness Room) 1:00 Bridge (Card Room) <b>1:00 Sing-A-Long with Akiko Ketron (GHS Juice Bar)</b>	<b>7</b> 1:00 Dime Bingo (Fitness Room) 6:45 Blackjack (Fitness Room)
<b>8</b> 9:30 Hymn Singing with Sid (GHS Juice Bar)  ***** <b>Daylight Savings Time Begins (set clocks 1 hour ahead)</b>  <small>Daylight Saving Time Begins</small>	<b>9</b> 10:15 Dance Cardio (Fitness Room) 11:00 Balance & Strength (Fitness Rm) 12:00 Chair Yoga (Fitness Room) 1:00 Mexican Train (Solarium) <b>1:00 Drawing on the Right Side of the Brain (GHS Activity Room 2)</b> 3:00 Ping Pong (Card Room) 6:30 Texas Hold'em (Card Room)  <small>Purim Begins</small>	<b>10</b> <b>AM Doctor Appointments</b> 10:00 Rummikub (Card Room) 10:30 Posture Power (Fitness Room) 10:45 Just BREATHE (Fitness Room) <b>11:30 Clover Pin Craft (Fitness Rm)</b> 1:00 Pinochle (Juice Bar) <b>1:30 Entertainment with Rusty Robins (GHS Juice Bar)</b> 6:45 Blackjack (Fitness Room)	<b>11</b> <b>10:00 Outing to Muckleshoot Casino in Auburn R &amp; T \$</b> 10:15 Dance Cardio (Fitness Room) 11:00 Balance & Strength (Fitness Rm) 12:00 Chair Yoga (Fitness Room) <b>4:00 Round Table (Fitness Room)</b> 6:45 Raffle Bingo (Fitness Room)	<b>12</b> <b>NO WALK TODAY</b>  10:00 Bible Study (Meeting Room) 10:30 Posture Power (Fitness Room) 10:45 Just BREATHE (Fitness Room) 1:00 Pinochle (Juice Bar) 1:30 Balloon Volleyball (GHS Juice Bar)  <b>NO DOCTOR APPOINTMENTS</b>	<b>13</b> <b>NO SHOPPING</b>  10:15 Dance Cardio (Fitness Room) 11:00 Balance & Strength (Fitness Rm) 12:00 Chair Yoga (Fitness Room) 1:00 Bridge (Card Room) 3:00 Jeopardy (Fitness Room)	<b>14</b> <b>11:00 Sequoyah Middle School Jazz Band (Fitness Room)</b> 1:00 Dime Bingo (Fitness Room) 6:45 Blackjack (Fitness Room)
<b>15</b> 9:30 Hymn Singing with Sid (GHS Juice Bar)	<b>16</b> 10:15 Dance Cardio (Fitness Room) 11:00 Balance & Strength (Fitness Rm) 12:00 Chair Yoga (Fitness Room) 1:00 Mexican Train (Solarium) 3:00 Ping Pong (Card Room) 6:30 Texas Hold'em (Card Room)	<b>17</b> <b>AM Doctor Appointments</b> 10:00 Rummikub (Card Room) 10:30 Posture Power (Fitness Room) 10:45 Just BREATHE (Fitness Room) <b>1:00 St. Patrick's Day Entertainment with The Max Renshaw Band (Fitness Room)</b> 1:00 Pinochle (Juice Bar) 6:45 Blackjack (Fitness Room)  <small>St. Patrick's Day</small>	<b>18</b> 10:15 Dance Cardio (Fitness Room) 10:45 Balance & Strength (Fitness Rm) <b>11:30 Ladies Lunch Krain Corner in Enumclaw R &amp; T \$</b> 3:00 Ping Pong (Card Room) 3:00 Whammo (Fitness Room) 6:45 Raffle Bingo (Fitness Room)	<b>19</b> <b>9:00 Walking: Tacoma Mall R &amp; T</b> 10:00 Bible Study (Meeting Room) 10:30 Posture Power (Fitness Room) 10:45 Just BREATHE (Fitness Room) 1:00 Pinochle (Juice Bar) 1:30 Music & Motion (GHS Activity 2) <b>2:00 Movie Matinee (Theatre Room)</b>  <b>PM Doctor Appointments</b> <small>Spring Begins</small>	<b>20</b> <b>9:00 Senior Foot Care (FF Pool Rm)</b> <b>9:30 Shopping R &amp; T</b> 10:15 Dance Cardio (Fitness Room) 11:00 Balance & Strength (Fitness Rm) 12:00 Chair Yoga (Fitness Room) 1:00 Bridge (Card Room) <b>1:00 Caregiver Support Group (Gardens Fireside Room)</b> <b>1:00 Sing-A-Long with Akiko Ketron (GHS Juice Bar)</b> 3:15 Jeopardy (Fitness Room)	<b>21</b> 1:00 Dime Bingo (Fitness Room) 6:45 Blackjack (Fitness Room)
<b>22</b> 9:30 Hymn Singing with Sid (GHS Juice Bar)	<b>23</b> 10:15 Dance Cardio (Fitness Room) 11:00 Balance & Strength (Fitness Rm) 12:00 Chair Yoga (Fitness Room) 1:00 Mexican Train (Solarium) <b>1:00 Drawing on the Right Side of the Brain (GHS Activity Room 2)</b> 3:00 Ping Pong (Card Room) <b>4:00 Activity Meeting (Fitness Room)</b> 6:30 Texas Hold'em (Card Room)	<b>24</b> <b>AM Doctor Appointments</b> 10:00 Rummikub (Card Room) 10:30 Posture Power (Fitness Room) 10:45 Just BREATHE (Fitness Room) 1:00 Pinochle (Juice Bar) <b>1:30 Birthday Party with Tom Lyons (GHS Juice Bar)</b> <b>2:30 "Let's Talk Soup" with Michael (FF Meeting Room)</b> <b>4:00 Sunset Dinner at Harbor Lights R &amp; T \$</b> 6:45 Blackjack (Fitness Room)	<b>25</b> 10:15 Dance Cardio (Fitness Room) 11:00 Balance & Strength (Fitness Rm) <b>11:15 Bible Study with Pastor Will (GHS Activity Room 2)</b> 12:00 Chair Yoga (Fitness Room) <b>1:30 Spring into Spring Dessert Social (Dining Room) R</b> 3:00 Ping Pong (Card Room) 3:15 Whammo (Fitness Room) 6:45 Raffle Bingo (Fitness Room)	<b>26</b> <b>9:00 Walking: Bradley Park R &amp; T</b> 10:00 Bible Study (Meeting Room) 10:30 Posture Power (Fitness Room) 10:45 Just BREATHE (Fitness Room) 1:00 Pinochle (Juice Bar) 1:30 Balloon Volleyball (GHS Juice Bar) <b>2:00 Book Club (GHS Activity Room 2)</b> <b>PM Doctor Appointments</b>	<b>27</b> <b>NO SHOPPING</b>  10:15 Dance Cardio (Fitness Room) 11:00 Balance & Strength (Fitness Rm) 12:00 Chair Yoga (Fitness Room) 1:00 Bridge (Card Room) 3:00 Jeopardy (Fitness Room)	<b>28</b> 1:00 Dime Bingo (Fitness Room) 6:45 Blackjack (Fitness Room)
<b>29</b> 9:30 Hymn Singing with Sid (GHS Juice Bar)	<b>30</b> 10:15 Dance Cardio (Fitness Room) 11:00 Balance & Strength (Fitness Rm) 12:00 Chair Yoga (Fitness Room) 1:00 Mexican Train (Solarium) 3:00 Ping Pong (Card Room) 6:30 Texas Hold'em (Card Room)	<b>31</b> <b>AM Doctor Appointments</b> 10:00 Rummikub (Card Room) 10:30 Posture Power (Fitness Room) 10:45 Just BREATHE (Fitness Room) 1:00 Pinochle (Juice Bar) <b>1:30 2<sup>nd</sup> Annual Beach Bingo Party (Fitness Room)</b> 6:45 Blackjack (Fitness Room)	<p style="text-align: center;">"Springtime is the land awakening.            The March winds are the Morning Yawn."  <b>March 2020</b>  <b>FAIRFIELD &amp; COTTAGES</b></p>			

## March Highlights

**Tuesday, March 3 – 4:00 Happy Hour at Jersey's Bar & Grill R & T \$**

**Thursday, March 5 – 2:00 Campus Wine & Cheese (GHS Juice Bar)**

**Wednesday, March 11 – 10:00 Outing to Muckleshoot Casino in Auburn R & T \$**

**Tuesday, March 17 – 1:00 Entertainment with Max Renshaw Band (FF Fitness Room) R & T  
(Happy St. Patrick's Day)**

**Tuesday, March 24 – 4:00 Sunset Dinner at Harbor Lights in Tacoma R & T \$**

**Wednesday, March 25 – 1:30 Spring into Spring (FF Dining Room) R & T**

**Tuesday, March 31 – 1:30 2<sup>nd</sup> Annual Beach Bingo Party (FF Fitness Room) R & T**

Tuesday, March 3 – 1:30 Entertainment with Gary Hausam (GHS Juice Bar)

Friday, March 6 – 1:00 Sing-A-Long with Akiko Ketron (GHS Juice Bar)

Tuesday, March 10 – 1:30 Entertainment with Rusty Robins (GHS Juice Bar)

Friday, March 20 – 1:00 Caregiver Support Group (Gardens Fireside Room – all are welcome!)

Tuesday, March 24 – 1:30 Birthday Party with Tom Lyons (GHS Juice Bar)

Tuesday, March 24 – 2:30 Let's Talk Soup with Michael (Gardens Dining Room)

Thursday, March 26 – 2:00 Book Club (GHS Activity Room 2)

**Monday, Wednesday, Friday – Fitness with Debbie Leavitt**  
10:15AM Dance Cardio, 11AM Balance & Strength, 12PM Chair Yoga

## Fairfield and Cottages

### March 2020 Activity Calendar

#### Bus Trips and Shopping

Please make reservations with the Front Desk 253-838-3700

Church pick-up Sunday: No church pickup at this time

Local Doctor Appointments: Tuesday ~ 9:00 am - 1:00 pm

Thursday ~ 1:00 pm - 4:00 pm

Local Morning Shopping:

Friday ~ 9:30 am (Fred Meyer, WinCo, Post Office and Banks)

#### **Extras**

**Ping Pong** Monday & Wednesday ~ 3:00 Card Room

**Blackjack** Tuesday & Saturday ~ 6:45 Fitness Room

**Texas Hold'em** Monday ~ 6:30 Card Room

**RummiKub** Tuesday ~ 10:00 Card Room

King Co. Traveling Library 1<sup>st</sup> Friday of each month ~ 9:40 GHS Juice Bar

#### **Beauty Shop ~ 253-838-5987**

Tuesday, Thursday & Friday Hearthside/Gardens Building

Please sign up in advance for the events that have transportation provided (R&T). Sign-up at the front desk!

Please note: R = Reservations needed

T = Transportation Provided

\$ = There is a Cost