

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

		 <p>New Year's Day</p>			
<b>Church Transportation</b> Pick up: 8:45 9:45 10:30 <b>1:30 Scenic Drive *T</b>	<b>9:30 Shopping *T</b> 10:30 Sittersize (Activity Room 2) 1:30 Reminisce (1 <sup>st</sup> Floor Library) <b>2:00 Fitness with Keith (Activity Room 2)</b> 3:00 Bingo (Activity Room 2)	<b>AM Doctor Appointments</b> <b>9:00 Art History (FF Mtg. Room) \$</b> 11:00 Brain Games (Juice Bar) 11:00 Sittersize (Activity Room 2) <b>12:15 Hearing Aid Cleaning (TBA)</b> <b>1:00 Resident Board Council Meeting (Activity Room 2)</b> 3:00 Whammo (Activity Room 2)	<b>8:30 Men's Breakfast *T\$</b> 10:30 Sittersize (Activity Room 2) 11:00 Bible Study with Pastor Will (Activity Room 2) <b>11:30 Dollar Store at Milton *T</b> <b>1:15 Current Events with Pete Maza (Fairfield Meeting Room)</b> 1:30 Balloon Volleyball (Juice Bar) 3:00 Bingo (Activity Room 2) <b>6:00 Piano with Cameron (Juice Bar)</b>	<b>9:00 Walking: Southcenter Mall *T</b> 10:30 Sittersize (Activity Room 2) 11:00 What's the Word? (Juice Bar) 1:00 Chair Dancing (Activity Room 2) 3:00 Whammo (Activity Room 2) <b>PM Doctor Appointments</b>	<b>9:30 Shopping *T</b> <b>9:40 Traveling Library (Hearthside Lobby)</b> 10:30 Sittersize (Activity Room 2) 11:15 Show-and-Tell (Juice Bar) 1:30 Jeopardy (Activity Room 2)
<b>Church Transportation</b> Pick up: 8:45 9:45 10:30 <b>1:30 Scenic Drive *T</b> <b>3:30 The 12<sup>th</sup> Washington State Korean-American Day Celebration at Federal Way PAC (Free Admission) *T</b>	<b>9:30 Shopping *T</b> 10:30 Sittersize (Activity Room 2) 10:30 Visit with Lily – Therapy Dog 1:30 Reminisce (1 <sup>st</sup> Floor Library) <b>2:00 Birthday Celebration with Tony McCarthy (Juice Bar)</b> 3:00 Bingo (Activity Room 2)	<b>AM Doctor Appointments</b> <b>9:00 Art History (FF Mtg. Room) \$</b> 9:45 Bible Study (Activity Room 2) 11:00 Sittersize (Activity Room 2) 1:00 Chair Dancing (Activity Rm 2) 3:00 Whammo (Activity Room 2) <b>3:30 Happy Hour at Jimmy Mac's Roadhouse in Federal Way *T\$</b> <b>6:45 Celebration of Elvis Presley: Music by "Elvis Presley" (Fairfield Fitness Room) *T</b>	<b>10:00 Lunch Outing to Emerald Queen Casino *T\$</b> 10:30 Sittersize (Activity Room 2) <b>1:45 Roundtable (Juice Bar)</b> 3:00 Bingo (Activity Room 2) <b>6:00 Piano with Cameron (Juice Bar)</b>	<b>9:00 Walking: Tacoma Mall *T</b> 10:30 Sittersize (Activity Room 2) 11:00 What's the Word? (Juice Bar) <b>1:00 Sing-a-Long with Akiko Ketron (Juice Bar)</b> 3:00 Whammo (Activity Room 2) <b>PM Doctor Appointments</b>	<b>9:00 Footcare (Salon) \$</b> <b>9:30 Shopping *T</b> 10:30 Sittersize (Activity Room 2) 11:15 Show-and-Tell (Juice Bar) 1:30 Jeopardy (Activity Room 2)
<b>Church Transportation</b> Pick up: 8:45 9:45 10:30 <b>1:30 Scenic Drive *T</b>	<b>9:30 Shopping *T</b> 10:30 Sittersize (Activity Room 2) <b>2:00 Fitness with Keith (Activity Room 2)</b> 3:00 Bingo (Activity Room 2)	<b>AM Doctor Appointments</b> <b>9:00 Art History (FF Mtg. Room) \$</b> 9:45 Bible Study (Activity Room 2) 11:00 Sittersize (Activity Room 2) 11:00 Brain Games (Juice Bar) <b>1:30 Activity Meeting (Act. Rm. 2)</b> 3:00 Whammo (Activity Room 2) <b>4:00 Sunset Dinner at Anthony's HomePort in Des Moines *T\$</b>	10:30 Sittersize (Activity Room 2) 11:00 Bible Study with Pastor Will (Activity Room 2) 1:30 Balloon Volleyball (Juice Bar) 3:00 Bingo (Activity Room 2) 6:30 Pokeno (Activity Room 2)	<b>9:00 Walking: Commons Mall *T</b> 10:30 Sittersize (Activity Room 2) 11:00 What's the Word? (Juice Bar) 1:00 Chair Dancing (Activity Room 2) <b>1:00 Book Club (FF Meeting Room)</b> 3:00 Whammo (Activity Room 2) <b>PM Doctor Appointments</b>	<b>9:30 Shopping *T</b> 10:30 Sittersize (Activity Room 2) 11:15 Show-and-Tell (Juice Bar) <b>1:00 Caregiver Support Group (FF Meeting Room)</b> 1:30 Jeopardy (Activity Room 2)
<b>Church Transportation</b> Pick up: 8:45 9:45 10:30 <b>1:30 Scenic Drive *T</b>	<b>9:30 Shopping *T</b> 10:30 Sittersize (Activity Room 2) 10:30 Visit with Lily – Therapy Dog <b>1:00 Entertainment with Ron Herring (Juice Bar)</b> <b>2:00 Fitness with Keith (Activity Room 2)</b> 3:00 Bingo (Activity Room 2)	<b>AM Doctor Appointments</b> <b>9:00 Art History (FF Mtg. Room) \$</b> 9:45 Bible Study (Activity Room 2) 11:00 Sittersize (Activity Room 2) 1:00 Chair Dancing (Activity Rm 2) <b>1:30 Shopping at Value Village *T\$</b> <b>2:00 "Let's Talk Soup" with Michael (FF Meeting Room)</b> 3:00 Whammo (Activity Room 2)	<b>11:30 Ladies Lunch to Black Diamond Bakery *T\$</b> 1:30 Balloon Volleyball (Juice Bar) 3:00 Bingo (Activity Room 2) <b>6:00 Piano with Cameron (Juice Bar)</b>	<b>9:00 Walking: South Hill Mall *T</b> 10:30 Sittersize (Activity Room 2) 11:00 What's the Word? (Juice Bar) <b>12:00 New Resident Lunch (Private Dining Room) *T</b> 1:00 Chair Dancing (Activity Room 2) 3:00 Whammo (Activity Room 2) <b>PM Doctor Appointments</b>	<b>Resident Birthdays:</b> Alice Cartozian 1/04 Helen Firnhaber 1/12 James Ryan 1/12 Agnes Norris 1/21

# January Highlights

Wednesday, January 2: 8:30AM → Men's Breakfast → \*T\$  
11:30AM → Dollar Store at Milton → \*T\$  
1:15PM → Current Events with Pete Maza → Fairfield Meeting Room  
6:00PM → Piano with Cameron → Juice Bar

Monday, January 7: 2:00PM → Fitness with Keith → Activity Room

Tuesday, January 8: 9:00AM → Art History → Fairfield Meeting Room → \$  
12:15PM → Hearing Aid Cleaning → TBA  
1:00PM → Resident Board Council Meeting → Activity Meeting 2

Thursday, January 10: 1:00PM → Sing-a-Long with Akiko Ketron → Juice Bar  
2:00PM → Wine and Cheese → Juice Bar

Monday, January 14: 2:00PM → Birthday Party with Tony McCarthy → Juice Bar

Tuesday, January 15: 9:00AM → Art History → Fairfield Meeting Room → \$  
3:30PM → Happy Hour at Jimmy Mac's Roadhouse in Federal Way → \*T\$  
6:45PM → Celebration of Elvis Presley: Music by "Elvis Presley" → FF Fitness Room \*T

Wednesday, January 16: 10:00AM → Lunch Outing to Emerald Queen Casino → \*T\$  
1:45PM → Roundtable → Juice Bar  
6:00PM → Piano with Cameron → Juice Bar

Thursday, January 17: 1:00PM → Sing-a-Long with Akiko Ketron → Juice Bar

Monday, January 21: 2:00PM → Fitness with Keith → Activity Room

Tuesday, January 22: 9:00AM → Art History → Fairfield Meeting Room → \$  
1:00PM → Music with Dan Spahng → Juice Bar  
2:00PM → Activity Meeting → Activity Room 2  
4:00PM → Sunset Dinner at Anthony's HomePort in Des Moines → \*T\$

Thursday, January 24: 9:00AM → Footcare → Salon  
9:00AM → Walking: Commons Mall \*T  
1:00PM → Book Club → Fairfield Meeting Room

Monday, January 28: 1:00PM → Entertainment with Ron Herring → Juice Bar  
2:00PM → Fitness with Keith → Activity Room 2

Tuesday, January 29: 9:00AM → Art History → Fairfield Meeting Room → \$  
1:30PM → Shopping at Value Village \*T\$  
2:00PM → "Let's Talk Soup" with Michael → Fairfield Meeting Room

Wednesday, January 30: 11:30AM → Ladies Lunch Outing to Black Diamond Bakery → \*T\$

Thursday, January 31: 12:00PM → New Resident Lunch → Private Dining Room → \*T

# Gardens and Hearthside

## January 2019 Activity Calendar

### Bus Trips and Shopping

**Please make reservations with the Front Desk 253-838-3700**

**Church pick-up Sunday: 8:45 am, 9:45 am and 10:30 am**

**Local Doctor Appointments: Tuesday ~ 9:00 am - 1:00 pm**

**Thursday ~ 1:00 pm - 4:00 pm**

**Local Morning Shopping: Monday ~ 9:30 am** (320<sup>th</sup>, Safeway, Walmart)

**Friday ~ 9:30 am** (Fred Meyer, WinCo, Post Office and Banks)

### **Extras**

**Sittersize Monday – Wednesday – Thursday- Friday ~ 10:30AM**

**Tuesday ~11:00AM ~ Activity Room 2**

**Fitness with Keith Monday 1/7, 1/21, and 1/28 at 2:00PM ~ Activity Room 2**

**Pokeno 1/9, 1/23, and 1/30 at 6:30PM in Activity Room 2**

**King Co. Traveling Library 1<sup>st</sup> Friday of each month ~ 9:40AM**  
~ Hearthside Lobby

**Show-and-Tell Fridays at 11:15AM** (Bring an item from your room, and reminiscence with Erna.)

### **Beauty Shop ~ 253-838-5987**

**Tuesday, Thursday & Friday Hearthside/Gardens Building**

