

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p>"We will never know all the good that a simple smile can do." - Mother Teresa</p>	<p>1 9:30 Shopping R & T 10:15 Dance Cardio (Fitness Room) 11:00 Balance & Strength (Fitness Room) 12:00 Chair Yoga (Fitness Room) 1:00 Mexican Train (Solarium) 3:00 Ping Pong (Card Room) NO ART CLASS 6:30 Texas Hold'em (Card Room) <small>Canada Day</small></p>	<p>2 AM Doctor Appointments 10:00 Rummikub (Card Room) 1:00 Cribbage (Card Room) 1:00 Pinochle (Juice Bar) 3:30 Happy Hour at Twin Lakes G & CC R & T \$ 6:45 Black Jack (Fitness Room)</p>	<p>3 10:15 Dance Cardio (Fitness Room) Independence Day BBQ 11:00 – 1:30 Entertainment with Pressure Ridge (Outdoor Event) R & T 3:00 Ping Pong (Card Room) 3:00 Whammo (Fitness Room) 6:45 Raffle Bingo (Fitness Room)</p>	<p>4 Happy 4th of July!! 7:30PM Fireworks at Anthony's Homeport R & T \$ <small>Independence Day (US)</small></p>	<p>5 9:30 Shopping R & T 9:40 Traveling Library (GHS Juice Bar) 10:15 Dance Cardio (Fitness Room) 11:00 Balance & Strength (Fitness Room) 12:00 Chair Yoga (Fitness Room) 1:00 Bridge (Card Room)</p>	<p>6 1:00 Dime Bingo (Fitness Room) 6:45 Black Jack (Fitness Room)</p>
<p>7 Church Transportation Pick up: 8:45 9:30 10:30 1:30 Scenic Drive R & T</p>	<p>8 9:30 Shopping R & T 10:15 Dance Cardio (Fitness Room) 11:00 Balance & Strength (Fitness Room) 12:00 Chair Yoga (Fitness Room) 1:00 Mexican Train (Solarium) 3:00 Ping Pong (Card Room) NO ART CLASS 6:30 Texas Hold'em (Card Room)</p>	<p>9 AM Doctor Appointments 10:00 Rummikub (Card Room) 1:00 Pinochle (Juice Bar) 2:00 Entertainment with Carol Hendrickson (GHS Juice Bar) 6:45 Black Jack (Fitness Room)</p>	<p>10 8:30 Men's Breakfast R & T \$ 10:15 Dance Cardio (Fitness Room) 11:00 Balance & Strength (Fitness Room) 11:30 Dollar Store at Milton R & T 12:00 Chair Yoga (Fitness Room) 2:00 Popcorn Day (Juice Bar) 4:00 Round Table (Fitness Room) 6:45 Raffle Bingo (Fitness Room) Western Theme Dinner</p>	<p>11 9:00 Walking: Des Moines Trail R & T 10:00 Bible Study (FF Fitness Rm) 1:00 Pinochle (Juice Bar) 1:00 Avon with Mary Berge (Juice Bar) PM Doctor Appointments</p>	<p>12 9:30 Shopping R & T 10:15 Dance Cardio (Fitness Room) 11:00 Balance & Strength (Fitness Room) 12:00 Chair Yoga (Fitness Room) 1:00 Bridge (Card Room) 3:00 Jeopardy (Fitness Room)</p>	<p>13 1:00 Dime Bingo (Fitness Room) 6:45 Black Jack (Fitness Room)</p>
<p>14 Church Transportation Pick up: 8:45 9:30 10:30 1:30 Scenic Drive R & T</p>	<p>15 9:30 Shopping R & T 10:15 Dance Cardio (Fitness Room) 11:00 Balance & Strength (Fitness Room) 12:00 Chair Yoga (Fitness Room) 1:00 Mexican Train (Solarium) 3:00 Ping Pong (Card Room) 2:00 Art Class with Joann Hawkins (GHS Crafts Room) 6:30 Texas Hold'em (Card Room)</p>	<p>16 AM Doctor Appointments 10:00 Rummikub (Card Room) 1:00 Pinochle (Juice Bar) 1:30 Birthday Party with Ron Herring (GHS Juice Bar) 4:00 Sunset Dinner at North Bend Bar & Grill R & T \$ 6:45 Black Jack (Fitness Room)</p>	<p>17 10:15 Dance Cardio (Fitness Room) 11:00 Balance & Strength (Fitness Room) 12:00 Chair Yoga (Fitness Room) 1:30 – 3:30 Hounds on the Grounds (Outdoor Event) 3:00 Ping Pong (Card Room) 3:00 Whammo (Fitness Room) 6:45 Raffle Bingo (Fitness Room)</p>	<p>18 9:00 Walking: Puyallup River R & T 10:00 Bible Study (Meeting Room) 1:00 Pinochle (Juice Bar) 2:00 Wine & Cheese (Juice Bar) PM Doctor Appointments</p>	<p>19 9:00 Senior Foot Care (GHS Crafts Room) 9:30 Shopping R & T 10:15 Dance Cardio (Fitness Room) 11:00 Balance & Strength (Fitness Room) 12:00 Chair Yoga (Fitness Room) 1:00 Bridge (Card Room) 1:00 Caregiver Support Group (GHS Conference Room) 3:00 Jeopardy (Fitness Room)</p>	<p>20 1:00 Dime Bingo (Fitness Room) 6:45 Black Jack (Fitness Room)</p>
<p>21 Church Transportation Pick up: 8:45 9:30 10:30 1:30 Scenic Drive R & T</p>	<p>22 9:30 Shopping R & T 10:15 Dance Cardio (Fitness Room) 11:00 Balance & Strength (Fitness Room) 12:00 Chair Yoga (Fitness Room) 1:00 Mexican Train (Solarium) 3:00 Ping Pong (Card Room) 2:00 Art Class with Joann Hawkins (GHS Crafts Room) 6:30 Texas Hold'em (Card Room)</p>	<p>23 AM Doctor Appointments 10:00 Rummikub (Card Room) 11:00 Federal Way Children's Choir (GHS Juice Bar/Gazebo area) 1:00 Pinochle (Juice Bar) 1:30 Entertainment with Tom Lyons (GHS Juice Bar) 4:00 Activity Meeting (FF Fitness Rm) 6:45 Black Jack (Fitness Room)</p>	<p>24 10:00 Lunch Outing to Red Wind Casino R & T \$ 10:15 Dance Cardio (Fitness Room) 11:00 Balance & Strength (Fitness Room) 11:00 Bible Study with Pastor Will (GHS Crafts Room) 12:00 Chair Yoga (Fitness Room) 3:00 Ping Pong (Card Room) 3:00 Whammo (Fitness Room) 6:45 Raffle Bingo (Fitness Room)</p>	<p>25 9:00 Walking: Bradley Lake R & T 10:00 Bible Study (FF Fitness Rm) 1:00 Pinochle (Juice Bar) 1:30 Sing-A-Long with Akiko Ketron (GHS Juice Bar) 4:30PM – 6:30PM Summer Concert Picnic R & T with Route 66 Combo (Outdoor Event) PM Doctor Appointments</p>	<p>26 9:30 Shopping R & T 10:15 Dance Cardio (Fitness Room) 11:00 Balance & Strength (Fitness Room) 12:00 Chair Yoga (Fitness Room) 1:00 Bridge (Card Room) 3:00 Jeopardy (Fitness Room)</p>	<p>27 1:00 Dime Bingo (Fitness Room) 6:45 Black Jack (Fitness Room)</p>
<p>28 Church Transportation Pick up: 8:45 9:30 10:30 1:30 Scenic Drive R & T</p>	<p>29 9:30 Shopping R & T 10:15 Dance Cardio (Fitness Room) 11:00 Balance & Strength (Fitness Room) 12:00 Chair Yoga (Fitness Room) 1:00 Mexican Train (Solarium) 3:00 Ping Pong (Card Room) 2:00 Art Class with Joann Hawkins (GHS Crafts Room) 6:30 Texas Hold'em (Card Room)</p>	<p>30 AM Doctor Appointments 10:00 Rummikub (Card Room) 1:00 Pinochle (Juice Bar) 1:30 Entertainment with Max Renshaw (GHS Juice Bar) 2:00 "Let's Talk Soup" with Michael (Meeting Room) 6:45 Black Jack (Fitness Room)</p>	<p>31 10:15 Dance Cardio (Fitness Room) 10:45 Balance & Strength (Fitness Room) 11:30 Ladies Lunch at Crockett's (Puyallup) R & T \$ 2:00 Book Club (Gardens Fireside Room) 3:00 Ping Pong (Card Room) 3:00 Whammo (Fitness Room) 6:45 Raffle Bingo (Fitness Room)</p>	<p>July 2019 FAIRFIELD & COTTAGES</p>		

July Highlights

Wednesday, July 3 – 11:00AM – Holiday BBQ/Entertainment by Pressure Ridge (R&T)

Thursday, July 4 – 7:30PM – Fireworks at Anthony's Homeport (R&T \$)

Tuesday, July 16 – 4:00PM – Sunset Dinner at North Bend Bar & Grill (R&T)

**Wednesday, July 17 – 1:30PM – Hounds on the Grounds (Outdoor Event)
Parrot Lady will be in GHS Juice Bar**

Wednesday, June 24 – 10:00AM – Lunch Outing to Red Wind Casino (R&T \$)

**Thursday, July 25 – 4:30PM – Summer Concert Picnic with Route 66 Combo
(Outdoor Event) (R)**

(Please sign up ahead of time – a box dinner will be provided)

Tuesday, July 9 – 2:00PM – Entertainment with Carol Hendrickson (GHS Juice Bar)

Tuesday, July 16 – 1:30PM – Birthday Party with Ron Herring (GHS Juice Bar)

Thursday, July 18 – 2:00PM Wine and Cheese (FF Juice Bar)

Friday, July 19 – 1:00PM – Caregiver Support Group (Hearthside Meeting Room – all are welcome!)

Tuesday, July 23 – 1:30 Entertainment with Tom Lyons (GHS Juice Bar)

Tuesday, July 30 – 1:30 Entertainment with Max Renshaw (GHS Juice Bar)

Tuesday, July 30 – 2:00PM – "Let's Talk Soup" with Michael (FF Meeting Room)

Wednesday, July 31 – 2:00PM – Book Club – Gardens Fireside Room

Monday, Wednesday, Friday – Fitness with Debbie Leavitt
9:15AM: Aqua, 10:15AM: Dance Cardio, 11AM Balance & Strength, 12PM: Chair Yoga

Fairfield and Cottages

July 2019 Activity Calendar

Bus Trips and Shopping

Please make reservations with the Front Desk 253-838-3700

Church pick-up Sunday: 8:45 am, 9:30 am and 10:30 am

Local Doctor Appointments: Tuesday ~ 9:00 am - 1:00 pm

Thursday ~ 1:00 pm - 4:00 pm

Local Morning Shopping: Monday ~ 9:30 am (320th, Safeway, Walmart)

Friday ~ 9:30 am (Fred Meyer, WinCo, Post Office and Banks)

Extras

Ping Pong Monday & Wednesday ~ 3:00 Card Room

Black Jack Tuesday & Saturday ~ 6:45 Fitness Room

Texas Hold'em Monday ~ 6:30 Card Room

RummiKub Tuesday ~ 10:00 Card Room

King Co. Traveling Library 1st Friday of each month ~ 9:40 GHS Juice Bar

Beauty Shop ~ 253-838-5987

Tuesday, Thursday & Friday Hearthside/Gardens Building

Please sign up in advance for the events that have transportation provided (R&T). Sign-up at the front desk!

Please note: R = Reservations needed

T = Transportation Provided

\$ = There is a Cost

Art Class with JoAnn Hawkins – Monday - 2:00PM – 3:00PM – GHS Crafts Room

(Supplies Provided – If you have a specific paint you want, please bring your own.)