

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# October 2019 Fairfield & Cottages

<p><b>AM Doctor Appointments</b> <b>1</b></p> <p>10:00 Rummikub (Card Room) 1:00 Pinochle (Juice Bar) <b>4:00 Happy Hour at The Milton Lodge R &amp; T \$</b> 6:45 Black Jack (Fitness Room)</p>	<p><b>8:30 Men's Breakfast R &amp; T \$</b> <b>2</b></p> <p>10:15 Dance Cardio (Fitness Room) 11:00 Balance &amp; Strength (Fitness Room) 11:15 Bible Study with Pastor Will (GHS Activity Room 2) <b>11:30 Dollar Store at Milton R &amp; T</b> 12:00 Chair Yoga (Fitness Room) 3:00 Whammo (Fitness Room) 6:45 Raffle Bingo (Fitness Room)</p>	<p><b>9:00 Walking: Bradley Lake R &amp; T</b> <b>3</b></p> <p>10:00 Bible Study (Meeting Room) 1:00 Pinochle (Juice Bar) 1:00 Avon with Mary Barge (Juice Bar) 1:30 Music &amp; Motion (GHS Activity Room 2)</p> <p><b>PM Doctor Appointments</b></p>	<p><b>9:30 Shopping R &amp; T</b> <b>4</b></p> <p><b>9:40 Traveling Library (GHS Juice Bar)</b> 10:15 Dance Cardio (Fitness Room) 11:00 Balance &amp; Strength (Fitness Room) 12:00 Chair Yoga (Fitness Room) 1:00 Bridge (Card Room) 3:00 Jeopardy (Fitness Room)</p>	<p>1:00 Dime Bingo (Fitness Room) 6:45 Black Jack (Fitness Room)</p>		
<p><b>Church Transportation</b> <b>6</b></p> <p>Pick up: 8:45 9:30 10:30 <b>1:30 Scenic Drive R &amp; T</b></p>	<p><b>9:30 Shopping R &amp; T</b> <b>7</b></p> <p>10:15 Dance Cardio (Fitness Room) 11:00 Balance &amp; Strength (Fitness Room) 12:00 Chair Yoga (Fitness Room) 1:00 Mexican Train (Solarium) <b>2:00 Art Club Meeting (GHS Activity Room 2)</b> 3:00 Ping Pong (Card Room) 6:30 Texas Hold'em (Card Room)</p>	<p><b>AM Doctor Appointments</b> <b>8</b></p> <p>10:00 Rummikub (Card Room) 1:00 Pinochle (Juice Bar) <b>2:00 Entertainment with Debbie Dimitre (FF Fitness Room)</b> 6:45 Black Jack (Fitness Room)</p>	<p><b>9:00 Lunch Outing to Nisqually/Cabela's R &amp; T \$</b> <b>9</b></p> <p>10:15 Dance Cardio (Fitness Room) 11:00 Balance &amp; Strength (Fitness Room) 12:00 Chair Yoga (Fitness Room) <b>4:00 Round Table (Fitness Room)</b> <b>5:00 Candidate Meeting at R &amp; T Twin Lakes Country Club</b> 6:45 Raffle Bingo (Fitness Room)</p> <p style="text-align: center;">Yom Kippur</p>	<p><b>9:00 Walking: Wapato Point R &amp; T</b> <b>10</b></p> <p>10:00 Bible Study (Meeting Room) 1:00 Pinochle (Juice Bar) 1:30 Music &amp; Motion (GHS Activity Room 2)</p> <p><b>PM Doctor Appointments</b></p>	<p><b>9:30 Shopping R &amp; T</b> <b>11</b></p> <p>10:15 Dance Cardio (Fitness Room) 11:00 Balance &amp; Strength (Fitness Room) 12:00 Chair Yoga (Fitness Room) 1:00 Bridge (Card Room)</p>	<p>1:00 Dime Bingo (Fitness Room) 6:45 Black Jack (Fitness Room)</p>
<p><b>Church Transportation</b> <b>13</b></p> <p>Pick up: 8:45 9:30 10:30 <b>1:30 Scenic Drive R &amp; T</b></p>	<p><b>9:30 Shopping R &amp; T</b> <b>14</b></p> <p>10:15 Dance Cardio (Fitness Room) 11:00 Balance &amp; Strength (Fitness Room) 12:00 Chair Yoga (Fitness Room) 1:00 Mexican Train (Solarium) <b>1:30 Entertainment with Gary Hausam (GHS Juice Bar)</b> 3:00 Ping Pong (Card Room) 6:30 Texas Hold'em (Card Room)</p> <p style="text-align: center;">Columbus Day (US) Thanksgiving Day (Canada) Sukkot</p>	<p><b>AM Doctor Appointments</b> <b>15</b></p> <p>10:00 Rummikub (Card Room) 10:30 Posture Power (FF Fitness Rm) 1:00 Pinochle (Juice Bar) <b>1:30 Birthday Party with Tony McCarthy (GHS Juice Bar)</b> <b>4:00 Sunset Dinner at Johnny's Dock in Tacoma R &amp; T \$</b> 6:45 Black Jack (Fitness Room)</p>	<p>10:15 Dance Cardio (Fitness Room) 11:00 Balance &amp; Strength (Fitness Room) <b>12:15 Spooner Farms Pumpkin Patch R&amp;T \$</b> 3:00 Ping Pong (Card Room) 3:00 Whammo (Meeting Room) 6:45 Raffle Bingo (Fitness Room)</p> <p style="text-align: center;"><b>German Theme Dinner</b></p>	<p><b>9:00 Walking: Redondo R &amp; T</b> <b>17</b></p> <p>10:00 Bible Study (Meeting Room) <b>11:15 Comfort Keepers - Back to the Future (GHS Activity Room 2) T</b> 1:00 Pinochle (Juice Bar) 1:30 Music &amp; Motion (GHS Activity Room 2) <b>6:30 Monte Carlo Casino Night (FF Fitness Room)</b></p> <p><b>PM Doctor Appointments</b></p>	<p><b>9:00 Senior Foot Care (GHS Craft Rm)</b> <b>18</b></p> <p><b>9:30 Shopping R &amp; T</b> 10:15 Dance Cardio (Fitness Room) 11:00 Balance &amp; Strength (Fitness Room) 12:00 Chair Yoga (Fitness Room) 1:00 Bridge (Card Room) <b>1:00 Caregiver Support Group (Gardens Fireside Room)</b> 3:00 Jeopardy (Fitness Room)</p>	<p>1:00 Dime Bingo (Fitness Room) 6:45 Black Jack (Fitness Room)</p>
<p><b>Church Transportation</b> <b>20</b></p> <p>Pick up: 8:45 9:30 10:30 <b>1:00 CenterStage R &amp; T \$ (The Hounds of the Baskerville's)</b> <b>2:00 Scenic Drive R &amp; T</b></p>	<p><b>9:30 Shopping R &amp; T</b> <b>21</b></p> <p>10:15 Dance Cardio (Fitness Room) 11:00 Balance &amp; Strength (Fitness Room) 12:00 Chair Yoga (Fitness Room) 1:00 Mexican Train (Solarium) <b>2:00 Art Club (GHS Activity Room 2)</b> 3:00 Ping Pong (Card Room) 6:30 Texas Hold'em (Card Room)</p>	<p><b>AM Doctor Appointments</b> <b>22</b></p> <p>10:00 Rummikub (Card Room) 10:30 Posture Power (FF Fitness Rm) 1:00 Pinochle (Juice Bar) <b>1:30 Entertainment with Carol Hendrickson (GHS Juice Bar)</b> 6:45 Black Jack (Fitness Room)</p> <p style="text-align: center;">Simchat Torah</p>	<p>10:15 Dance Cardio (Fitness Room) 11:15 Bible Study with Pastor Will (GHS Activity Room 2) <b>11:30 Ladies Lunch at Applebee's Federal Way R &amp; T \$</b> 3:00 Ping Pong (Card Room) 3:00 Whammo (Fitness Room) 6:45 Raffle Bingo (Fitness Room)</p>	<p><b>9:00 Walking: Des Moines R &amp; T</b> <b>24</b></p> <p>10:00 Bible Study (Meeting Room) 1:00 Pinochle (Juice Bar) 1:30 Music &amp; Motion (GHS Activity Room 2)</p> <p><b>2:00 Wine &amp; Cheese (Juice Bar)</b></p> <p><b>PM Doctor Appointments</b></p>	<p><b>9:30 Shopping R &amp; T</b> <b>25</b></p> <p>10:15 Dance Cardio (Fitness Room) 11:00 Balance &amp; Strength (Fitness Room) 12:00 Chair Yoga (Fitness Room) <b>12:45 Sing-A-Long with Akiko Ketron (GHS Juice Bar)</b> 1:00 Bridge (Card Room) 3:00 Jeopardy (Fitness Room)</p>	<p>1:00 Dime Bingo (Fitness Room) 6:45 Black Jack (Fitness Room)</p>
<p><b>Church Transportation</b> <b>27</b></p> <p>Pick up: 8:45 9:30 10:30 <b>1:30 Scenic Drive R &amp; T</b></p>	<p><b>9:30 Shopping R &amp; T</b> <b>28</b></p> <p>10:15 Dance Cardio (Fitness Room) 11:00 Balance &amp; Strength (Fitness Room) 12:00 Chair Yoga (Fitness Room) 1:00 Mexican Train (Solarium) 3:00 Ping Pong (Card Room) 6:30 Texas Hold'em (Card Room)</p>	<p><b>AM Doctor Appointments</b> <b>29</b></p> <p>10:00 Rummikub (Card Room) 10:30 Posture Power (FF Fitness Rm) 1:00 Pinochle (Juice Bar) <b>1:00 Entertainment with Dave Reynolds (FF Fitness Room)</b> <b>2:00 "Let's Talk Soup" with Michael (FF Meeting Room)</b> <b>4:00 Activity Meeting (Fitness Room)</b> 6:45 Black Jack (Fitness Room)</p>	<p>10:15 Dance Cardio (Fitness Room) 11:00 Balance &amp; Strength (Fitness Room) 12:00 Chair Yoga (Fitness Room) <b>1:30 Book Club (GHS Activity Room 2)</b> 3:00 Ping Pong (Card Room) 3:00 Whammo (Fitness Room) 6:45 Raffle Bingo (Fitness Room)</p>	<p><b>9:00 Walking: Ruston Way R &amp; T</b> <b>31</b></p> <p>10:00 Bible Study (Meeting Room) 1:00 Pinochle (Juice Bar)</p> <p><b>6:30 Entertainment with Jazzberry Band (FF Fitness Room) HAPPY HALLOWEEN!</b></p> <p><b>PM Doctor Appointments</b></p> <p style="text-align: center;">Halloween</p>	<p><b>"Life does not have to be Perfect to be Wonderful!"</b></p>	

# October Highlights

Tuesday, October 1 – 4:00PM Happy Hour at The Milton Lodge (R&T \$)

Wednesday, October 9 – 9:00 Lunch Outing to Nisqually/Cabela's (R&T \$)

Wednesday, October 9 – 5:00 Candidate Meeting at Twin Lakes Country Club (R&T)

Tuesday, October 15 – 4:00PM Sunset Dinner at Johnny's Dock (R&T \$)

Wednesday, October 16 – 12:15 Spooner Farms Pumpkin Patch (R & T \$)

Thursday, October 17 – 11:15 Comfort Keepers "Back to the Future" (GHS Activity Room 2) T

Thursday, October 17 – 6:30PM Monte Carlo Casino Night FF Fitness Room (R&T)

Thursday, October 31 – 6:30 Jazzberry Band (FF Fitness Room)  
HAPPY HALLOWEEN!

Monday, October 7 – 2:00PM Art Club Meeting (GHS Activity Room 2)

Tuesday, October 8 – 2:00 Entertainment with Debbie Dimitre (FF Fitness Room)

Monday, October 14 – 1:30 Entertainment with Gary Hausam (GHS Juice Bar)

Tuesday, October 15 – 1:30PM Birthday Party with Tony McArthy (GHS Juice Bar)

**Friday, October 18 – 1:00PM Caregiver Support Group  
(Gardens Fireside Room – all are welcome!)**

Tuesday, October 22 – 1:30 Entertainment with Carol Hendrickson (GHS Juice Bar)

Thursday, October 24 – 2:00 Wine & Cheese (FF Juice Bar)

Tuesday, October 29 – 1:00 Entertainment with Dave Reynolds (FF Fitness Room)

Tuesday, October 29 – 2:00 Let's Talk Soup with Michael (FF Meeting Room)

Wednesday, October 30 – 1:30PM Book Club (GHS Activity Room 2)

# Fairfield and Cottages October 2019 Activity Calendar

## Bus Trips and Shopping

**Please make reservations with the Front Desk 253-838-3700**

**Church pick-up Sunday: 8:45 am, 9:30 am and 10:30 am**

**Local Doctor Appointments: Tuesday ~ 9:00 am - 1:00 pm**

**Thursday ~ 1:00 pm - 4:00 pm**

**Local Morning Shopping: Monday ~ 9:30 am** (320<sup>th</sup>, Safeway, Walmart)

**Friday ~ 9:30 am** (Fred Meyer, WinCo, Post Office and Banks)

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## **Extras**

**Ping Pong Monday & Wednesday ~ 3:00** Card Room

**Black Jack Tuesday & Saturday ~ 6:45** Fitness Room

**Texas Hold'em Monday ~ 6:30** Card Room

**RummiKub Tuesday ~ 10:00** Card Room

**King Co. Traveling Library 1<sup>st</sup> Friday of each month ~ 9:40** GHS Juice Bar

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## **Beauty Shop ~ 253-838-5987**

Tuesday, Thursday & Friday Hearthside/Gardens Building

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Please sign up in advance for the events that have transportation provided (R&T). Sign-up at the front desk!

Please note: R = Reservations needed

T = Transportation Provided

\$ = There is a Cost

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