

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Church Transportation Pick up: 8:45 9:30 10:30 1:30 Scenic Bus Ride *T Canada Day	2 9:30 Shopping *T 1:00 Chair Yoga (Activity Room 2) 1:30 Reminisce (Activity Room 2) 3:00 Bingo (Activity Room 2)	3 11:30-1:00 pm 4th of July BBQ Entertainment by Jim and Beth Wulff (Outside GHS) 1:15 Resident Council Meeting (Activity Room 2) 3:00 Whammo (Activity Room 2)	4  7:30 Fireworks at Anthony's *T\$ Independence Day	5 9:00 Walking: Orting Trail *T 11:00 Scattergories (Juice Bar) PM Doctor Appointments 1:00 Chair Dancing (Activity Room 2) 2:00 Wine and Cheese (Juice Bar) 3:00 Whammo (Activity Room 2)	6 9:30 Shopping *T 9:40 Traveling Library (Hearthside Lobby) 11:00 Memory Lane (Activity Rm 2) 1:00 Fitness (Activity Room 2) 1:00 Bridge (Activity Lounge) 1:30 Jeopardy (Activity Room 2)	7 1:30 "Lucky 7 Day" (Juice Bar) 3:00 Bingo (Activity Room 2)
8 Church Transportation Pick up: 8:45 9:30 10:30 1:30 Scenic Bus Ride *T	9 9:30 Shopping *T 1:00 Chair Yoga (Activity Room 2) 1:30 Reminisce (Activity Room 2) 3:00 Bingo (Activity Room 2)	10 AM Doctor Appointments 9:45 Bible Study (Activity Room 2) 11:00 Pictionary (Juice Bar) 1:30 Music with Ron Herring (Juice Bar) 3:00 Whammo (Activity Room 2)	11 8:30 Men's Breakfast *T\$ 1:00 Chair Yoga (Activity Room 2) 1:45 Roundtable (Juice Bar) 3:00 Bingo (Activity Room 2) 6:30 Pokeno (Activity Room 2)	12 9:00 Walking: Wapato Lake Park *T 11:00 Scattergories (Juice Bar) PM Doctor Appointments 1:00 Book Club (FF Meeting Rm) 2:00 Ice Cream Social (Juice Bar) 3:00 Whammo (Activity Room 2)	13 9:30 Shopping *T 11:00 Painting (Activity Room 2) 1:00 Fitness (Activity Room 2) 1:00 Bridge (Activity Lounge) 1:30 Jeopardy (Activity Room 2)	14 1:30 "Sharks!!" (Juice Bar) 3:00 Bingo (Activity Room 2)
15 Church Transportation Pick up: 8:45 9:30 10:30 1:30 Scenic Bus Ride *T	16 9:30 Shopping *T 1:00 Chair Yoga (Activity Room 2) 1:30 Reminisce (Activity Room 2) 3:00 Bingo (Activity Room 2)	17 AM Doctor Appointments 9:45 Bible Study (Activity Room 2) 11:00 Pictionary (Juice Bar) 1:00 Chair Dancing (Activity Rm 2) 3:00 Whammo (Activity Room 2)	18 12:30 Ladies Dessert at Craft 19*T\$ 1:00 Stretch (Juice Bar) 1:30 Word Games (Juice Bar) 3:00 Bingo (Activity Room 2) 6:30 Pokeno (Activity Room 2)	19 9:00 Walking: Roegner Park *T 11:00 Scattergories (Juice Bar) PM Doctor Appointments 1:00 KCLS ebooks/downloads (FF Meeting Room) 1:30 Accordion Music with Gary Hassuam (Juice Bar) 3:00 Whammo (Activity Room 2)	20 9:00 Senior Foot Care (Nail Salon) 9:30 Shopping *T 11:00 Memory Lane (Activity Rm 2) 1:00 Fitness (Activity Room 2) 1:00 Bridge (Activity Lounge) 1:30 Jeopardy (Activity Room 2)	21 1:30 "Million Dollar Golfing" (Juice Bar) 3:00 Bingo (Activity Room 2)
22 Church Transportation Pick up: 8:45 9:30 10:30 1:30 Federal Way Scenic Bus Ride *T	23 9:30 Shopping *T 1:00 Chair Yoga (Activity Room 2) 2:00 Birthday celebration with Dan Roberts (Juice Bar) 3:00 Bingo (Activity Room 2)	24 AM Doctor Appointments 9:45 Bible Study (Activity Room 2) 11:00 Pictionary (Juice Bar) 1:00 Chair Dancing (Activity Rm 2) 3:00 Whammo (Activity Room 2)	25 9:00 Crystal Mtn/Gondola *T\$ 11:00 Bible Study with Pastor Will (Activity Room 2) 1:00 Stretch (Juice Bar) 1:30 Word Games (Juice Bar) 3:00 Bingo (Activity Room 2) 6:30 Pokeno (Activity Room 2)	26 11:00 Scattergories (Juice Bar) PM Doctor Appointments 1:00 Chair Dancing (Activity Room 2) 3:00 Whammo (Activity Room 2)	27 9:30 Shopping *T 11:00 Get Crafty (Activity Room 2) 1:00 Caregivers Support Group (Meeting Room) 1:00 Fitness (Activity Room 2) 1:00 Bridge (Activity Lounge) 1:30 Jeopardy (Activity Room 2)	28 Wilkinson Tea Party 1:00-4:00 pm (Wilkinson Cottage) 1:30 "Cowboy Hoedown" (Juice Bar) 3:00 Bingo (Activity Room 2)
29 Church Transportation Pick up: 8:45 9:30 10:30 1:30 Scenic Bus Ride *T	30 9:30 Shopping *T 1:00 Chair Yoga (Activity Room 2) 1:30 Reminisce (Activity Room 2) 3:00 Bingo (Activity Room 2)	31 AM Doctor Appointments 9:45 Bible Study (Activity Room 2) 11:00 Pictionary (Juice Bar) 1:30 Music with Carol Hendrickson (Juice Bar) 2:00 Let's Talk Soup with Chef Michael (FF Meeting Room) 3:00 Whammo (Activity Room 2) 4:00 Sunset dinner at Ranchitos *T\$	<div>  </div>			



Sunday, July 1st, Canada Day

Tuesday, July 3rd, 11:30-1:00 pm, Fourth of July BBQ ~ Outside GHS
1:15 pm, Resident Council Meeting ~ Activity Room 2

Wednesday, July 4th, Independence Day
7:30 pm, Fireworks at Anthony’s *T\$

Thursday, July 5th, 2:00 pm, Wine and Cheese ~ Juice Bar

Friday, July 6th, 9:40 am, Traveling Library ~ Hearthside Library

Saturday, July 7th, 1:30 pm, “Lucky 7 Day” ~ Juice Bar

Tuesday, July 10th, 1:30 pm, Music with Ron Herring ~ Juice Bar

Wednesday, July 11th, 8:30 am, Men’s Breakfast *T\$
1:45pm, Roundtable ~ Juice Bar

Thursday, July 12th, 1:00 pm, Book Club ~ Meeting Room

Saturday, July 14th, 1:30, “Sharks” ~ Juice Bar

Wednesday, July 18th, 12:30 pm, Ladies Dessert at Craft 19 *T\$

Thursday, July 19th, 1:30 pm, Accordion Music with Gary Hassuam ~ Juice Bar

Saturday, July 21st, 1:30 pm, “Million Dollar Golfing” ~ Juice Bar

Monday, July 23rd, 2:00 pm, Birthday Celebration with Dan Roberts ~ Juice Bar

Wednesday, July 25th, 9:00 am, Crystal Mountain/Gondola Trip *T\$

Saturday, July 28th, 1:00 pm, Wilkinson Tea Party ~ Wilkinson Cottage
1:30 pm, “Cowboy Hoedown” ~ Juice Bar

Tuesday, July 31st, 1:30 pm, Music with Carol Hendrickson ~ Juice Bar
2:00 pm, Let’s Talk Soup with Chef Michael ~ Meeting Room
4:00 pm, Sunset Dinner at Ranchito *T\$

Gardens and Hearthside

July Activity Calendar

Bus Trips and Shopping
Please make reservations with the Front Desk 253-838-3700
Sunday Scenic Bus Rides: 1:30 pm
Church pick-up Sunday: 8:45 am, 9:30 am and 10:30 am
Local Doctor Appointments: Tuesday: 9:00 am - 1:00 pm
Thursday: 1:00 pm - 4:00 pm
Local Morning Shopping: Monday: 9:30 am (320th, Safeway, Walmart)
Friday: 9:30 am (Fred Meyer, WinCo, Post Office and Banks)

Extras

10:15 am Zumba Gold/Line Dancing: Mon/Wed/Friday: *Fairfield Fitness Room*
12:00 pm Chair Yoga: Mon/Wed/Friday: *Fairfield Fitness Room*
Chair Yoga-Monday & Wednesday at 1:00 pm *Activity Room 2*
Fitness - Friday at 1:00 pm *Activity Room 2*

King Co. Traveling Library 1st Friday of each month **9:40 am** Hearthside Lobby

Beauty Shop ~ 253-838-5987
Tuesday, Thursday & Friday Hearthside/Gardens Building

Bingo~ Mondays, Wednesdays and Saturdays at 3:00 pm in **Activity Room 2**

Birthday Party~ Monday, July 23rd, at 2:00 pm in the **Juice Bar**

Whammo~ Tuesdays and Thursdays at 3 pm in **Activity Room 2**

Roundtable~ Wednesday, July 11th, at 1:45 pm in **Juice Bar**

Chair Dancing~ Tuesdays/Thursdays at 1:00 pm in the **Activity Room 2**

Jeopardy ~ Fridays at 1:30 pm in **Activity Room 2**

Word Games~ Wednesdays at 2:00 pm in **Juice Bar**