

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Church Pick up: 1 8:45 9:05 1:30 Scenic Bus Ride *T  <small>New Year's Day</small>	9:30 Shopping *T 2 10:15 Zumba Gold (Fit Rm) 11:00 Fitness (Fitness Rm) 12:00 Yoga (Fitness Rm) 3:00 Whammo (Fitness Rm) 6:45 Raffle Bingo (Fit Rm)	AM Doctor Appointments 3 1:00 Pinochle (Juice Bar) 2:00 Mexican Train (Solarium) 3:30 Happy Hour at Oddfella's in Auburn *T\$	8:30 Men's Breakfast *T\$ 4 9:00 Traveling Library (HS Lobby) 10:15 Zumba Gold (Fitness Rm) 11:00 Fitness (Fitness Rm) 12:00 Chair Chi (Fitness Rm) 1:30 Pete Mazza (Fitness Rm) 1:30 Cribbage (Card Rm)	9:00 Walking at the Commons *T 5 1:00 Pinochle (Juice Bar) PM Doctor Appointments	9:30 Shopping *T 6 10:15 Zumba Gold (Fit. Rm) 11:00 Fitness (Fitness Rm) 12:00 Yoga (Fitness Rm) 1:30 Bridge (Card Rm)	1:45 Bingo Bonanza (Fit Rm) 7 6:45 Movie Matinee (Theatre Rm)
Church Pick up: 8 8:45 9:05 1:30 Scenic Bus Ride *T	9:30 Shopping *T 9 10:15 Zumba Gold (Fit Rm) 11:00 Fitness (Fitness Rm) 12:00 Yoga (Fitness Rm) 3:00 Whammo (Fitness Rm) 6:45 Raffle Bingo (Fit Rm)	AM Doctor Appointments 10 9:30 Art History (Meeting Rm)\$ 1:00 Pinochle (Juice Bar) 2:00 Mexican Train (Solarium) 1:30 Music with Ron Herring (Fitness Room)	10:00 Muckleshoot Casino/Lunch *T\$ 11 10:15 Zumba Gold (Fitness Rm) 11:00 Fitness (Fitness Rm) 12:00 Chair Chi (Fitness Rm) 1:30 Cribbage (Card Rm) 4:00 Roundtable (Fitness Rm)	9:00 Walking at the Tacoma Mall *T 12 10:00 Bible Study (Meeting Rm) 12:30 Book Club (Mtg Rm) 1:00 Pinochle (Juice Bar) PM Doctor Appointments	9:30 Shopping *T 13 10:15 Zumba Gold (Fit. Rm) 11:00 Fitness (Fitness Rm) 12:00 Yoga (Fitness Rm) 1:30 Bridge (Card Rm) 3:30 Jeopardy (Fit Rm)	1:45 Bingo Bonanza (Fit Rm) 14 6:45 Movie Matinee (Theatre Rm)
Church Pick up: 15 8:45 9:05 1:30 Scenic Bus Ride *T	9:30 Shopping *T 16 10:15 Zumba Gold (Fit Rm) 11:00 Fitness (Fitness Rm) 12:00 Yoga (Fitness Rm) 3:00 Whammo (Fitness Rm) 6:45 Raffle Bingo (Fit Rm)	AM Doctor Appointments 17 9:30 Art History (Meeting Rm)\$ 1:00 Pinochle (Juice Bar) 2:00 Mexican Train (Solarium)	9:15 The Secret Garden w/ the ladies *T\$ 18 10:15 Zumba Gold (Fitness Rm) 11:00 Fitness (Fitness Rm) 12:00 Chair Chi (Fitness Rm) 1:30 Cribbage (Card Rm)	9:00 Walking at the South Center Mall *T 19 10:00 Bible Study (Mtg Rm) 1:00 Pinochle (Juice Bar) 2:00 Wine and Cheese (Dining Rm) PM Doctor Appointments	9:30 Shopping *T 20 10:15 Zumba Gold (Fit. Rm) 11:00 Fitness (Fitness Rm) 12:00 Yoga (Fitness Rm) 1:30 Bridge (Card Rm) 3:30 Jeopardy (Fit Rm)	1:45 Bingo Bonanza (Fit Rm) 21 6:45 Movie Matinee (Theatre Rm)
Church Pick up: 22 8:45 9:05 1:30 Scenic Bus Ride *T	9:30 Shopping *T 23 10:15 Zumba Gold (Fit Rm) 11:00 Fitness (Fitness Rm) 12:00 Yoga (Fitness Rm) 2:00 Birthday celebration with Dan Roberts (Fit Rm) 3:00 Whammo (Fitness Rm) 6:45 Raffle Bingo (Fit Rm)	AM Doctor Appointments 24 9:30 Art History (Meeting Rm)\$ 1:00 Pinochle (Juice Bar) 2:00 Mexican Train (Solarium) 4:00 Sunset Dinner at the Longhorn BBQ *T\$	9:30 Sight Connection Tour/Lunch *T\$ 25 10:15 Zumba Gold (Fit Rm) 11:00 Fitness (Fitness Rm) 12:00 Chair Chi (Fitness Rm) 1:30 Cribbage (Card Rm) 2:00 Activity Meeting w/ Fay (Fitness Rm)	9:00 Walking at the Super Mall *T 26 10:00 Bible Study (Mtg Rm) 1:00 Pinochle (Juice Bar) PM Doctor Appointments	9:30 Shopping *T 27 10:15 Zumba Gold (Fit. Rm) 11:00 Fitness (Fitness Rm) 12:00 Yoga (Fitness Rm) 1:00 Caregivers Support Group (Mtg Rm) 1:30 Bridge (Card Rm) 3:30 Jeopardy (Fitness Rm)	1:45 Bingo Bonanza (Fit Rm) 28 6:45 Movie Matinee (Theatre Rm)
Church Pick up: 29 8:45 9:05 1:00 Federal Way Symphony *T \$ 2:00 Scenic Bus Ride *T	9:30 Shopping *T 30 10:15 Zumba Gold (Fit Rm) 11:00 Fitness (Fit Rm) 12:00 Yoga (Fitness Rm) 3:00 Whammo (Fitness Rm) 6:45 Raffle Bingo (Fit Rm)	AM Doctor Appointments 31 9:30 Art History (Meeting Rm)\$ 1:00 Pinochle (Juice Bar) 2:00 Mexican Train (Solarium) 2:00 Let's Talk Soup (Mtg Rm) 2:00 Shopping at Milton Dollar Tree *T\$	 January 2017 Fairfield and Cottages 			

Tuesday, January 3rd, 3:30 pm- Happy Hour at Oddfella's in Auburn. **Reservations needed.**

Wednesday, January 4th, 8:30 am- Men's Breakfast with Chris. **Reservations needed.**
9:00 am-Traveling Library in the Hearthside Lobby.
1:30 pm- Current events with Pete Mazza in the fitness room.

Thursday, January 5th, 9:00 am- Walking at the Commons Mall. **Reservations needed.**

Tuesday, January 10th, 9:30 am- Art History in the Meeting Room.
1:30 pm- Music with Ron Herring in the Fitness Room.

Wednesday, January 11th, 10:00 am- Muckleshoot casino, plus lunch if you want to eat there.
Reservations needed.
4:00 pm-Roundtable in the Fitness Room.

Thursday, January 12th, 9:00 am- Walking at the Tacoma Mall. **Reservations needed.**
12:30 pm- Book Club in the Meeting Room.

Tuesday, January 17th, 9:30 am- Art History in the Meeting Room.

Wednesday, January 18th, 9:15 am- The Secret Garden with the ladies. Only 10 women may sign-up as this is not a high-tea which costs significantly more. First come; first serve.
Reservations needed.

Thursday, January 19th, 9:00 am- Walking at the South Center Mall. **Reservations needed.**

Monday, January 23rd, 2:00 pm- Celebrate January birthdays with Dan Roberts in the Fitness Room.

Tuesday, January 24th, 9:30 am- Art History in the Meeting Room.
4:00 pm- Sunset dinner at the Longhorn BBQ. **Reservations needed.**

Wednesday, January 25th, 9:30 am- Sight connections store tour in Seattle. Lunch after the tour.
Reservations needed.
2:30 pm- Activity meeting with Fay in the Fitness Room.

Thursday, January 26th, 9:00 am- Walking at the Super Mall. **Reservations needed.**

Friday, January 27th, 1:00 pm- Caregivers Support Group in the Meeting Room.

Sunday, January 29th, 1:00 pm- Federal Way Symphony at St. Luke's Lutheran Church. Cost is \$25.00 at the door. **Reservations needed.**

Tuesday, January 31st, 9:30 am-Art History in the Meeting Room.
2:00 pm- "Let's Talk Soup" with Chef Michael in the Meeting Room.
2:00 pm- Shopping at the Milton Dollar Tree. **Reservations needed.**

Fairfield & Cottages

January Activity Calendar

Bus Trips and Shopping

Please make reservations with the Front Desk 253-838-3700

Church pick-up	Sunday: 8:45 am, 9:05 am
Local Doctor Appointments:	Tuesday: 9:00 am - 1:00 pm
	Thursday: 1:00 pm - 4:00 pm
Local morning shopping:	Monday: 9:30 am (Fred Meyer, WinCo, Post Office, Banking)
	Friday: 9:30 am (320 th , Safeway, Walmart)

Senior Foot Care Friday January 20th Meeting Room. Call front desk for reservations

Extras

Water Toning Postponed until further notice
Zumba Gold Monday–Wednesday–Friday 10:15 Fitness Room
Fitness Monday–Wednesday–Friday 11:00 Fitness Room
Yoga Monday and Friday 12:00 Fitness Room
Chair Chi Wednesday 12:00 Fitness Room
King Co. Traveling Library 1st Wed. of each month **9:00** Hearthside Lobby

Beauty Shop ~ 253-838-5987

Tuesday, Thursday & Friday Hearthside/Gardens Building

Bingo – Monday at 6:45 pm & Saturday at 1:45 pm in the Fitness Room

Birthday Party – Monday, January 23rd at 2:00 pm. Celebrating birthdays in the Fitness Room.

Bridge – Friday at 1:30 pm in the Card Room.

Cribbage – Wednesday at 1:30 pm in the Card Room.

Jeopardy – Friday at 3:30 pm in the Fitness Room.

Mexican Train – Tuesday at 2:00 pm in the Solarium.

Pinochle –Tuesday & Thursday at 1:00 pm in the Juice Bar

Whammo – Monday at 3:00 pm in the Fitness Room