

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Church Pick up: 1 8:45 9:05 1:30 Scenic Bus Ride *T <small>New Year's Day</small>	9:30 Shopping *T 2 1:00 Fitness Class (Activity Lounge) 1:30 Reminisce with Charisse (Activity Lounge) 3:00 Bingo (Activity Lounge)	AM Doctor Appointments 3 11:15 Morning Stretch (Activity Lounge) 1:30 Memory Games (Activity Lounge) 3:00 Whammo (Activity Lounge) 3:30 Happy Hour at Oddfella's in Auburn *T\$	8:30 Men's Breakfast *T \$ 4 9:00 Traveling Library (HS Lobby) 11:15 Chicken Soup Stories (Activity Lounge) 1:00 Fitness Class (Activity Lounge) 1:30 Pete Mazza (FF Fitness Rm) 3:00 Bingo (Activity Lounge)	9:00 Walking at the Commons*T 5 PM Doctor Appointments 11:15 Morning Stretch (Activity Lounge) 1:30 Snowman Races (Activity Lounge) 3:00 Whammo (Activity Lounge)	9:30 Shopping 6 1:00 Fitness Class (Activity Lounge) 2:00 Jeopardy (Activity Lounge)	12:30 Front Porch Stories (Activity Lounge) 3:00 Bingo (Activity Lounge)
Church Pick up: 8 8:45 9:05 1:30 Scenic Bus Ride *T	9:30 Shopping *T 9 1:00 Fitness Class (Activity Lounge) 1:30 Reminisce with Charisse (Activity Lounge) 3:00 Bingo (Activity Lounge)	AM Doctor Appointments 10 11:15 Morning Stretch (Activity Lounge) 1:30 Memory Games (Activity Lounge) 3:00 Whammo (Activity Lounge)	10:00 Muckleshoot Casino/Lunch *T\$ 11 11:15 Chicken Soup Stories (Activity Lounge) 1:45 Roundtable (Activity Lounge) 3:00 Bingo (Activity Lounge)	9:00 Walking at Tacoma Mall *T 12 PM Doctor Appointments 11:15 Morning Stretch (Activity Lounge) 2:00 Wine and Cheese (Gardens 2 Dining Rm) 3:00 Whammo (Activity Lounge)	9:30 Shopping 13 1:00 Fitness Class (Activity Lounge) 2:00 Jeopardy (Activity Lounge)	12:30 Front Porch Stories (Activity Lounge) 3:00 Bingo (Activity Lounge)
Church Pick up: 15 8:45 9:05 1:30 Scenic Bus Ride *T	9:30 Shopping *T 16 1:00 Fitness Class (Activity Lounge) 1:30 Reminisce with Charisse (Activity Lounge) 3:00 Bingo (Activity Lounge) <small>Martin Luther King Day</small>	AM Doctor Appointments 17 9:45 Bible Study (Activity Lounge) 11:15 Morning Stretch (Activity Lounge) 1:30 Memory Games (Activity Lounge) 3:00 Whammo (Activity Lounge)	9:15 The Secret Garden with the Ladies *T\$ 18 11:15 Chicken Soup Stories (Activity Lounge) 1:00 Fitness Class (Activity Lounge) 3:00 Bingo (Activity Lounge)	9:00 Walking at South Center Mall *T 19 PM Doctor Appointments 11:15 Morning Stretch (Activity Lounge) 1:30 Snowman Races (Activity Lounge) 3:00 Whammo (Activity Lounge)	9:30 Shopping 20 1:00 Fitness Class (Activity Lounge) 2:00 Jeopardy (Activity Lounge)	12:30 Front Porch Stories (Activity Lounge) 3:00 Bingo (Activity Lounge)
Church Pick up: 22 8:45 9:05 1:30 Scenic Bus Ride *T	9:30 Shopping *T 23 1:00 Fitness Class (Activity Lounge) 1:30 Reminisce with Charisse (Activity Lounge) 2:00 Birthday party with Dan Roberts (FF Fit Rm) 3:00 Bingo (Activity Lounge)	AM Doctor Appointments 24 9:45 Bible Study (Activity Lounge) 3:00 Whammo (Activity Lounge) 4:00 Sunset Dinner at Longhorn BBQ *T	9:30 Sight Connection Tour/Lunch *T\$ 25 11:15 Chicken Soup Stories (Activity Lounge) 1:00 Fitness Class (Activity Lounge) 3:00 Bingo (Activity Lounge)	9:00 Walking at Super Mall *T 26 PM Doctor Appointments 11:15 Morning Stretch (Activity Lounge) 3:00 Whammo (Activity Lounge) <small>Australia Day</small>	9:30 Shopping 27 1:00 Fitness Class (Activity Lounge) 1:00 Caregivers Support Group (FF Mtg Rm) 2:00 Jeopardy (Activity Lounge)	12:30 Front Porch Stories (Activity Lounge) 3:00 Bingo (Activity Lounge) <small>Chinese New Year</small>
Church Pick up: 29 8:45 9:05 1:00 Federal Way Symphony *T\$ 2:00 Scenic Bus Ride *T	9:30 Shopping *T 30 1:00 Fitness Class (Activity Lounge) 1:30 Reminisce with Charisse (Activity Lounge) 3:00 Bingo (Activity Lounge)	AM Doctor Appointments 31 9:45 Bible Study (Activity Lounge) 11:15 Morning Stretch (Activity Lounge) 1:30 Memory Games (Activity Lounge) 2:00 Let's Talk Soup 2:00 Shopping at Milton Dollar Tree *T\$ (FF Meeting Rm) 3:00 Whammo (Activity Lounge)	<h1>January 2017</h1> <h2>Gardens and Hearthsides</h2>			

Tuesday, January 3rd, 3:30 pm- Happy Hour at Oddfella's in Auburn. **Reservations needed.**

Wednesday, January 4th, 8:30 am- Men's Breakfast with Chris. **Reservations needed.**

9:00 am-Traveling Library in the Hearthside Lobby.

1:30 pm- Current events with Pete Mazza in the Fairfield fitness room.

Thursday, January 5th, 9:00 am- Walking in the Commons. **Reservations needed.**

Tuesday, January 10th, 9:30 am- Art History in the Fairfield Meeting Room. There is a fee to attend this class.

1:30 pm- Music with Ron Herring in the Fairfield Fitness Room.

Wednesday, January 11th, 10:00 am- Muckleshoot casino, plus lunch if you want to eat there.

Reservations needed.

1:45 pm- Roundtable in the Activity Lounge.

Thursday, January 12th, 9:00 am- Walking at the Tacoma Mall. **Reservations needed.**

12:30 pm- Book club in the Fairfield Meeting Room.

2:00 pm- Wine and Cheese in Gardens 2 Dining Room.

Tuesday, January 17th, 9:30 am- Art history in the Fairfield Meeting Room.

Wednesday, January 18th, 9:15 am- The Secret Garden with the ladies. Only 10 women may sign-up as

this is not a high-tea which costs significantly more. First come, first serve.

Reservations needed.

Thursday, January 19th, 9:00 am- Walking at the South Center Mall. **Reservations needed.**

Monday, January 23rd, 2:00 pm- Celebrate January birthdays with Dan Roberts in the Fairfield Fitness Room.

Tuesday, January 24th, 9:30 am- Art History in the Fairfield Meeting Room. There is a fee to attend this class.

4:00 pm- Sunset dinner at the Longhorn BBQ. **Reservations needed.**

Wednesday, January 25th, 9:30 am- Sight connections store tour in Seattle. Lunch after the tour.

Reservations needed.

Thursday, January 26th, 9:00 am- Walking at the Super Mall. **Reservations needed.**

Friday, January 27th, 1:00 pm- Caregivers Support Group in the Fairfield Meeting Room.

Sunday, January 29th, 1:00 pm- Federal Way Symphony at St. Luke's Lutheran Church. Cost is \$25.00 at

the door. **Reservations needed.**

Tuesday, January 31st, 9:30 am-Art History in the Fairfield Meeting Room. There is a fee to attend this class.

2:00 pm- "Let's Talk Soup" with Chef Michael in the Fairfield Meeting Room.

2:00 pm- Shopping at the Milton Dollar Tree. **Reservations needed.**

Hearthside and Gardens *January Activity Calendar*

Bus Trips and Shopping

Please make reservations with the Front Desk 253-838-3700

Church pick-ups	Sunday	8:45 and 9:05
Local Doctor Appointments	Tuesday	9:00 am - 1:00 pm
	Thursday	1:00 pm - 4:00 pm
Local Morning Shopping	Monday	9:30 am (Fred Meyer, WinCo, Post Office, Banking)
	Friday	9:30 am (320th area, Safeway, Walmart)

Senior Foot Care Friday~ January 20th Nail Salon...call front desk for reservations

Extras

Water Toning- Postponed until further notice

10:15 am Zumba Gold/Line Dancing: Mon/Wed/Fri *Fairfield Fitness Room*

12:00 pm Chair Yoga: Monday and Friday; Chair Chi: Wednesday *Fairfield Fitness Room*

Fitness-Monday, Wednesday & Friday at 1:00 pm Activity 2 Room

King Co. Traveling Library 1st Wed. of each month 9:00 at Hearthside Lobby

Beauty Shop 253-838-5987

Tuesday, Thursday and Friday Hearthside Building

Bingo~ Monday-3 pm; Wednesday- 3pm (**Activity Lounge**), Saturday 3:00 pm
(**Activity Lounge**)

Birthday Party~ Monday, January 23 at 2:00 pm in the **Juice Bar**

Front Porch Stories~ Saturday January 7th, 14th, 21st, and 28th at 12:30 pm in **Activity Lounge**

Whammo~ Tuesday and Thursday at 3 pm in the **Activity Lounge**

Roundtable Wednesday~ January 11th at 1:45 pm in the **Activity Lounge**

Morning Stretch~ Tuesday/Thursday at 11:15 am in the **Activity Lounge**

Jeopardy~ Friday, January 6th, 13th, 20th, and 27th at 1:30 pm in the **Activity Lounge**

Chicken Soup stories with Viki- Wednesday, January 4th, 11th, 18th and 25th at 11:15 am in the **Activity Lounge.**

Memory Games with Viki- Tuesday, January 3rd, 10th, 17th, and 31st at 1:30 pm in the **Activity Lounge.**