

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Gardens and Hearthsides

			<p>1</p> <p>8:30 Men's Breakfast *T \$ 9:00 Traveling Library (HS Lobby) 11:15 Chicken Soup Stories (Activity Lounge) 1:00 Chair Yoga (Activity Lounge) 1:30 Word Games (Activity Lounge) 1:30 Pete Mazza (FF Fitness Rm) 3:00 Bingo (Activity Lounge)</p>	<p>2</p> <p>9:00 Walking at The Commons*T 10:45 Morning Stretch (Activity Lounge) PM Doctor Appointments 1:30 Valentine Races (Activity Lounge) 3:00 Whammo (Activity Lounge)</p>	<p>3</p> <p>9:30 Shopping *T 1:00 Fitness Class (Activity Lounge) 2:00 Jeopardy (Activity Lounge)</p>	<p>4</p> <p>12:30 Front Porch Stories (Activity Lounge) 3:00 Bingo (Activity Lounge)</p>
<p>5</p> <p>Church Transportaion Pick up: 8:45 9:05 1:30 Scenic Bus Ride *T</p>	<p>6</p> <p>9:30 Shopping *T 1:00 Fitness Class (Activity Lounge) 1:30 Reminisce with Charisse (Activity Lounge) 3:00 Bingo (Activity Lounge)</p>	<p>7</p> <p>AM Doctor Appointments 9:45 Bible Study (Activity Lounge) 10:45 Morning Stretch (Activity Lounge) 12:30 Hearing Aid Cleaning (Gardens Lounge) 1:30 Memory Games (Activity Lounge) 3:00 Whammo (Activity Lounge) 3:30 Happy Hour at Gino's Bistro*T\$</p>	<p>8</p> <p>9:00 Ladies Breakfast at IHOP*T\$ 11:15 Chicken Soup Stories (Activity Lounge) 1:00 Chair Yoga (Activity Lounge) 1:45 Roundtable (Activity Lounge) 3:00 Bingo (Activity Lounge)</p>	<p>9</p> <p>9:00 Walking at Tacoma Mall *T 10:45 Morning Stretch (Activity Lounge) PM Doctor Appointments 2:00 Wine and Cheese (Gardens 2 Dining Room) 3:00 Whammo (Activity Lounge)</p>	<p>10</p> <p>9:30 Shopping *T 1:00 Fitness Class (Activity Lounge) 2:00 Jeopardy (Activity Lounge)</p>	<p>11</p> <p>12:30 Front Porch Stories (Activity Lounge) 3:00 Bingo (Activity Lounge)</p>
<p>12</p> <p>Church Transportaion Pick up: 8:45 9:05 1:30 Scenic Bus Ride *T</p>	<p>13</p> <p>9:30 Shopping *T 10:30 Pet Visit with Lilly (HS Parlor) 1:00 Fitness Class (Activity Lounge) 1:30 Music with Primo Kim (Fairfield Meeting Room)*T Winter Camp</p>	<p>14</p> <p>AM Doctor Appointments 9:45 Bible Study (Activity Lounge) 10:45 Morning Stretch (Activity Lounge) 1:30 Presentation of the USS Indianapolis (Fairfield Fitness Room)*T Winter Camp</p>	<p>15</p> <p>9:30 Winter Camp Trip LeMay Car Museum *T\$ 11:15 Chicken Soup Stories (Activity Lounge) 1:00 Chair Yoga (Activity Lounge) 1:30 Word Games (Activity Lounge) 3:00 Bingo (Activity Lounge)</p>	<p>16</p> <p>9:00 Walking at Super Mall *T 10:45 Morning Stretch (Activity Lounge) PM Doctor Appointments 1:30 Cooking presentation with Carolyn (Fairfield Meeting Room)*T Winter Camp</p>	<p>17</p> <p>9:00 Senior Foot Care (Nail Salon) 9:30 Shopping *T 1:30 No Talent Show (Fairfield Fitness Room)*T Winter Camp</p>	<p>18</p> <p>12:30 Front Porch Stories (Activity Lounge) 3:00 Bingo (Activity Lounge)</p>
<p>19</p> <p>Church Transportaion Pick up: 8:45 9:05 1:30 Scenic Bus Ride *T</p>	<p>20</p> <p>9:30 Shopping *T 1:00 Fitness Class (Activity Lounge) 1:30 Reminisce with Charisse (Activity Lounge) 3:00 Bingo (Activity Lounge)</p>	<p>21</p> <p>AM Doctor Appointments 9:45 Bible Study (Activity Lounge) 10:45 Morning Stretch (Activity Lounge) 1:30 Music with Ron Herring (Fairfield Fitness Room) *T 3:00 Whammo (Activity Lounge) 4:00 Sunset Dinner at Black Bear Diner*T\$</p>	<p>22</p> <p>11:15 Chicken Soup Stories (Activity Lounge) 1:00 Chair Yoga (Activity Lounge) 1:30 Word Games (Activity Lounge) 3:00 Bingo (Activity Lounge)</p>	<p>23</p> <p>9:00 Walking at South Center*T 10:45 Morning Stretch (Activity Lounge) PM Doctor Appointments 1:30 Valentine Races (Activity Lounge) 3:00 Whammo (Activity Lounge)</p>	<p>24</p> <p>9:30 Shopping *T 1:00 Fitness Class (Activity Lounge) 1:00 Caregivers Support Group (Fairfield Meeting Room) 2:00 Jeopardy (Activity Lounge)</p>	<p>25</p> <p>12:30 Front Porch Stories (Activity Lounge) 3:00 Bingo (Activity Lounge)</p>
<p>26</p> <p>Church Transportaion Pick up: 8:45 9:05 1:30 Scenic Bus Ride *T</p>	<p>27</p> <p>9:30 Shopping *T 10:30 Pet Visit with Lilly (Parlor) 1:00 Fitness Class (Activity Lounge) 2:00 Birthday Celebration with Dan Roberts FF Fit Room *T 3:00 Bingo (Activity Lounge)</p>	<p>28</p> <p>AM Doctor Appointments 9:45 Bible Study (Activity Lounge) 10:45 Morning Stretch (Activity Lounge) 1:30 Memory Games (Activity Lounge) 2:00 "Let's Talk Soup" with Michael (FF Mtg Rm) 3:00 Whammo (Activity Lounge)</p>	<p>February 2017 Calendar subject to change due to construction</p>			

Gardens and Hearthside *February Activity Calendar*

Wednesday	February 1st	8:30 AM	Men's Breakfast with Chris RSVP
		9:00 AM	Traveling Library ~ Hearthside Lobby
		1:30 PM	Pete Mazza: Current Events ~ Fairfield Fitness Room
Thursday	February 2nd	9:00 AM	Walking ~ the Commons Mall *T RSVP
Tuesday	February 7th	12:30 PM	Hearing Aid Cleaning RSVP
		3:30 PM	Happy Hour at Gino's Bistro \$ RSVP
Wednesday	February 8th	9:00 AM	Ladies breakfast at IHOP*T \$ RSVP
		1:45 PM	Round Table ~ Activity Lounge
Thursday	February 9th	9:00 AM	Walking ~ the Tacoma Mall *T RSVP
Monday	February 13th		Winter Camp
		1:30 PM	Music with Primo Kim ~ Fairfield Meeting Room *T
Tuesday	February 14th		Winter Camp
		1:30 PM	Presentation: USS Indianapolis ~ Fairfield Meeting Room *T
Wednesday	February 15th	9:30 AM	Winter Camp Trip: LeMay Car Museum *T \$ RSVP
Thursday	February 16th	9:00 AM	Walking ~ Southcenter Mall *T RSVP
			Winter Camp
		1:30 PM	Cooking Demo with Carolyn ~ Fairfield Meeting Room *T
Friday	February 17th		Winter Camp
		9:00 AM	Senior Foot Care ~ Nail Salon RSVP
		1:30 PM	No Talent Show ~ Fairfield Fitness Room *T
Tuesday	February 21st	1:30 PM	Music with Ron Herring ~ Fairfield Fitness Room *T
		4:00 PM	Sunset Diner at Black Bear Diner. *T\$ RSVP
Thursday	February 23rd	9:00 AM	Walking ~ the South Center *T RSVP
Friday	February 24th	1:00 PM	Caregivers Support Group ~ Fairfield Meeting Room
Monday	February 27th	2:00 PM	Birthday Celebration with Dan Roberts ~ Fairfield Fit. Rm *T
Tuesday	February 28th	9:30 AM	Art History ~ Fairfield Meeting Room \$
		2:00 PM	"Let's Talk Soup" with Chef Michael ~ Fairfield Mtg. Room *T

Bus Trips and Shopping

Please make reservations with the Front Desk 253-838-3700

Church pick-ups	Sunday	8:45 and 9:05
Local Doctor Appointments	Tuesday	9:00 am - 1:00 pm
	Thursday	1:00 pm - 4:00 pm
Local Morning Shopping	Monday	9:30 am (Fred Meyer, WinCo, Post Office, Banking)
	Friday	9:30 am (320th area, Safeway, Walmart)

Senior Foot Care Friday~ February 17th in the Nail Salon...call front desk for reservations
Hearing Aid Cleaning ~ February 7th in the Gardens Lounge...call front desk for reservations

EXTRAS

10:15 am Zumba Gold/Line Dancing: Mon/Wed/Fri *Fairfield Fitness Room*
 12:00 pm Chair Yoga: Monday and Friday; Chair Chi: Wednesday *Fairfield Fitness Room*
Fitness-Monday, Wednesday & Friday at 1:00 pm Activity Lounge

King Co. Traveling Library 1st Wed. of each month 9:00 at Hearthside Lobby

Beauty Shop 253-838-5987

Tuesday, Thursday and Friday Hearthside Building

Bingo~ Mondays, Wednesdays and Saturdays at 3:00 pm in the **Activity Lounge**

Birthday Party~ Monday, February 27th at 2:00 pm in the **Fairfield Fitness Room *T**

Front Porch Stories~ Saturdays at 12:30 pm in the **Activity Lounge**

Whammo~ Tuesdays and Thursdays at 3 pm in the **Activity Lounge**

Roundtable~ Wednesday~ February 8th at 1:45 pm in the **Activity Lounge**

Morning Stretch~ Tuesdays and Thursdays at 10:45 am in the **Activity Lounge**

Jeopardy~ Fridays at 1:30 pm in the **Activity Lounge**

Chicken Soup for the Soul and Conversation~ Wednesdays at 11:15 am in the **Activity Lounge.**

Memory Games~ Tuesdays at 1:30 pm in the **Activity Lounge.**