

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# May 2018

<p><b>AM Doctor Appointments</b> <b>1</b></p> <p>9:30 Art History (FF Meeting Room)  9:45 Bible Study (Activity Room 2)  1:00 Hope Hour with Valerie (Gardens Fireside Parlor)  1:00 Resident Council Meeting (Activity Room 2)  3:00 Whammo (Activity Room 2)  <b>3:30 Happy Hour at The Ram *T\$</b></p> <p>May Day</p>	<p><b>8:30 Men's Breakfast *T\$</b> <b>2</b></p> <p>11:00 Bible Study with Pastor Will (Activity Room 2)  1:00 Chair Yoga (Activity Room 2)  1:45 Round Table (Juice Bar)  3:00 Bingo (Activity Room 2)</p>	<p><b>9:00 Walking: Milton Trail *T</b> <b>3</b></p> <p><b>PM Doctor Appointments</b></p> <p>1:00 Chair Dancing (Activity Room 2)  2:00 Happy Hour (Juice Bar)  3:00 Whammo (Activity Room 2)</p>	<p><b>9:30 Shopping *T</b> <b>4</b></p> <p>9:40 Traveling Library (Hearthside Lobby)  1:00 Fitness (Activity Room 2)  1:00 Bridge (Activity Lounge)  1:30 Jeopardy (Activity Room 2)</p>	<p>3:00 Bingo (Activity Room 2) <b>5</b></p> <p>Cinco de Mayo</p>
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<p><b>Church Transportation</b> <b>6</b></p> <p>Pick up:  8:45  9:30  10:30  <b>1:30 Scenic Bus Ride *T</b></p>	<p><b>9:30 Shopping *T</b> <b>7</b></p> <p>1:00 Chair Yoga (Activity Room 2)  2:00 Dice Roll (Juice Bar)  3:00 Bingo (Activity Room 2)</p>	<p><b>AM Doctor Appointments</b> <b>8</b></p> <p>9:30 Art History (FF Meeting Room)  9:45 Bible Study (Activity Room 2)  1:30 Music with Ron Herring (Juice Bar)  3:00 Whammo (Activity Room 2)</p>	<p><b>10:00 Emerald Queen Casino/Lunch *T\$</b> <b>9</b></p> <p>1:00 Chair Yoga (Activity Room 2)  2:00 Word Games (Activity Room 2)  3:00 Bingo (Activity Room 2)</p>	<p><b>9:00 Walking: Bradley Park *T</b> <b>10</b></p> <p><b>PM Doctor Appointments</b></p> <p>1:00 Chair Dancing (Activity Room 2)  1:00 Book Club (FF Meeting Rm)  2:00 Crumby Time (Juice Bar)  3:00 Whammo (Activity Room 2)</p>	<p><b>9:30 Shopping *T</b> <b>11</b></p> <p>1:00 Fitness (Activity Room 2)  1:00 Bridge (Activity Lounge)  1:30 Reminisce (Activity Room 2)</p>	<p>1:30 Mother's Day Tea (FF Dining room) <b>12</b></p> <p>3:00 Bingo (Activity Room 2)</p>
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<p><b>Church Transportation</b> <b>13</b></p> <p>Pick up: <b>HAPPY MOTHER'S DAY!</b></p> <p>8:45  9:30  10:30  <b>1:30 Scenic Bus Ride *T</b></p> <p>Mother's Day</p>	<p><b>9:30 Shopping *T</b> <b>14</b></p> <p>10:30 Pet Visit with Lily (Hearthside Lobby)  1:00 Chair Yoga (Activity Room 2)  2:00 Dice Roll (Juice Bar)  3:00 Bingo (Activity Room 2)</p>	<p><b>AM Doctor Appointments</b> <b>15</b></p> <p>9:30 Art History (FF Meeting Room)  9:45 Bible Study (Activity Room 2)  1:00 Hope Hour with Valerie (Gardens Fireside Parlor)  1:30 Music with Primo Kim (Juice Bar)  3:00 Whammo (Activity Room 2)</p>	<p><b>10:00 Northwest Trek/Lunch *T\$</b> <b>16</b></p> <p>1:00 Stretch (Activity Room 2)  2:00 Word Games (Activity Room 2)  3:00 Bingo (Activity Room 2)</p> <p>First Day of Ramadan</p>	<p><b>9:00 Walking: Des Moines *T</b> <b>17</b></p> <p><b>PM Doctor Appointments</b></p> <p>1:00 Chair Dancing (Activity Rm 2)  3:00 Whammo (Activity Room 2)  6:00 Strawberry Festival (FF Dining Room)</p>	<p>9:00 Senior Foot Care (Nail Salon) <b>18</b></p> <p><b>9:30 Shopping *T</b></p> <p>1:00 Fitness (Activity Room 2)  1:00 Bridge (Activity Lounge)  1:30 Jeopardy (Activity Room 2)</p>	<p>3:00 Bingo (Activity Room 2) <b>19</b></p> <p>Armed Forces Day</p>
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<p><b>Church Transportation</b> <b>20</b></p> <p>Pick up:  8:45  9:30  10:30  <b>1:30 Scenic Bus Ride *T</b></p> <p>First Day of Shavuot</p>	<p><b>9:30 Shopping *T</b> <b>21</b></p> <p>1:00 Chair Yoga (Activity Room 2)  2:00 Birthday Celebration and Music with Dan Roberts (Juice Bar)  3:00 Bingo (Activity Room 2)</p>	<p><b>AM Doctor Appointments</b> <b>22</b></p> <p>9:30 Art History (FF Meeting Room)  9:45 Bible Study (Activity Room 2)  1:00 Chair Dancing (Activity Room 2)  3:00 Whammo (Activity Room 2)  <b>4:00 Sunset Dinner: Peking Wok *T\$</b></p>	<p><b>10:00 Bellevue Botanical Gardens/Lunch *T\$</b> <b>23</b></p> <p>11:00 Bible Study with Pastor Will (Activity Room 2)  12:30 Music with Mark Cash (Juice Bar)  2:00 Word Games (Activity Room 2)  3:00 Bingo (Activity Room 2)</p>	<p><b>9:00 Walking: Ruston Way *T</b> <b>24</b></p> <p><b>PM Doctor Appointments</b></p> <p>1:00 Chair Dancing (Activity Room 2)  3:00 Whammo (Activity Room 2)</p>	<p><b>11:00-1:00 Memorial Day Celebration with Chris Anderson (Hearthside Gazebo)</b> <b>25</b></p> <p>1:00 Caregivers Support Group (Fairfield Meeting Room)  1:00 Bridge (Activity Lounge)  1:30 Reminisce (Activity Lounge)</p>	<p>3:00 Bingo (Activity Room 2) <b>26</b></p>
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<p><b>Church Transportation</b> <b>27</b></p> <p>Pick up:  8:45  9:30  10:30  <b>1:30 Scenic Bus Ride *T</b></p>	<p>  <b>MEMORIAL DAY</b></p> <p>2:00 Dice Roll (Juice Bar)  3:00 Bingo (Activity Room 2)</p> <p>Memorial Day</p>	<p><b>AM Doctor Appointments</b> <b>29</b></p> <p>9:45 Bible Study (Activity Room 2)  10:30 Pet Visit with Lilly (Hearthside Lobby)  1:00 Hope Hour with Valerie (Gardens Fireside Parlor)  1:00 Chair Dancing (Activity Room 2)  2:00 Let's Talk Soup with Chef Michael (FF Meeting Room)  3:00 Whammo (Activity Room 2)</p>	<p><b>9:00 Ladies Breakfast at Poodle Dog *T\$</b> <b>30</b></p> <p>1:00 Chair Yoga (Activity Room 2)  2:00 Word Games (Activity Room 2)  3:00 Bingo (Activity Room 2)</p>	<p><b>9:00 Walking: BPA Trail *T</b> <b>31</b></p> <p><b>PM Doctor Appointments</b></p> <p>1:00 Chair Dancing (Activity Room 2)  3:00 Whammo (Activity Room 2)</p>	<p><b>Gardens and Hearthside</b></p>
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Tuesday	May 1st		May Day
		9:30 AM	Art History (FF Meeting Room)
		1:00 PM	Resident Council Meeting (Activity Room 2)
		3:30 PM	Happy Hour at The Ram *T\$
Wednesday	May 2nd	8:30 AM	Men's Breakfast *T\$
		1:45 PM	Round Table (Juice Bar)
		2:15 PM	Crumbly Time (Juice Bar)
Thursday	May 3rd	9:00 AM	Walking ~ Milton Trail *T
		2:00 PM	Happy Hour (Juice Bar)
Friday	May 4th	9:40 AM	Traveling Library (Hearthside Lobby)
Saturday	May 5th		Cinco de Mayo
Tuesday	May 8th	1:30 PM	Music with Ron Herring (GHS Juice Bar)
Wednesday	May 9th	10:00 AM	Emerald Queen Casino/Lunch *T\$
Thursday	May 10th	9:00 AM	Walking ~ Bradley Park *T
Saturday	May 12th		Mother's Day Tea
Sunday	May 13th		~~ Happy Mother's Day! ~~
Tuesday	May 15th	1:30 PM	Music with Primo Kim (Juice Bar)
Wednesday	May 16th		First Day of Ramadan
		10:00 AM	Northwest Trek/Lunch *T\$
Thursday	May 17th	9:00 AM	Walking ~ Des Moines *T
			Strawberry Festival
Friday	May 18th	9:00 AM	Senior Foot Care (Nail Salon)
Saturday	May 19th		Armed Forces Day
Sunday	May 20th		First Day of Shavuot
Monday	May 21st	2:00 PM	Birthday Celebration and Music with Dan Roberts (GHS Juice Bar)
Tuesday	May 22nd	4:00 PM	Sunset Dinner: Peking Wok *T\$
Wednesday	May 23rd	10:00 AM	Bellevue Botanical Gardens/Lunch *T\$
		12:30 PM	Music with Mark Cash (Juice Bar)
Thursday	May 24th	9:00 AM	Walking ~ Ruston Way *T
Friday	May 25th	11:00 AM	Memorial Day Celebration with Chris Anderson
		1:00 PM	Caregivers Support Group (Fairfield Meeting Room)
Monday	May 28th		Memorial Day
Tuesday	May 29th	2:00 PM	Let's Talk Soup with Chef Michael (Fairfield Meeting Room)
Wednesday	May 30th	9:00 AM	Ladies Breakfast at Poodle Dog *T\$
Thursday	May 31st	9:00 AM	Walking ~ BPA Trail *T

# Gardens and Hearthside May Activity Calendar

## Bus Trips and Shopping

Please make reservations with the Front Desk 253-838-3700

Sunday Scenic Bus Rides: 1:30 pm

Church pick-up Sunday: 8:45 am, 9:30 am and 10:30 am

Local Doctor Appointments: Tuesday: 9:00 am - 1:00 pm

Thursday: 1:00 pm - 4:00 pm

Local Morning Shopping: Monday: 9:30 am (320<sup>th</sup>, Safeway, Walmart)

Friday: 9:30 am (Fred Meyer, WinCo, Post Office and Banks)

## Extras

10:15 am Zumba Gold/Line Dancing: Mon/Wed/Friday: *Fairfield Fitness Room*

12:00 pm Chair Yoga: Mon/Wed/Friday: *Fairfield Fitness Room*

Chair Yoga-Monday & Wednesday at 1:00 pm Activity Room 2

Fitness - Friday at 1:00 pm Activity Room 2

King Co. Traveling Library 1<sup>st</sup> Friday of each month 9:40 am Hearthside Lobby

## Beauty Shop ~ 253-838-5987

Tuesday, Thursday & Friday Hearthside/Gardens Building

Bingo~ Mondays, Wednesdays and Saturdays at 3:00 pm in Activity Room 2

Birthday Party~ Monday, May 21<sup>st</sup> at 2:00 pm in the Juice Bar

Whammo~ Tuesdays and Thursdays at 3 pm in Activity Room 2

Roundtable~ Wednesday, May 2nd at 1:45 pm in Juice Bar

Chair Dancing- Thursdays at 1:00 pm in the Activity Room 2

Jeopardy & Reminisce~ Fridays at 1:30 pm in Activity Room 2

Word Games~ Wednesdays at 2:00 pm in Activity Room 2

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