



EXTENDED CARE SCHEDULE

MONDAY

7:00 am Wake-up

7:30 – 7:50 am Meditation & Community Meeting

8:00 – 8:30 am Breakfast

8:30 – 9:00 am Chores

9:00 am Van departs to town

9:30 – 11:30 am School, community service, etc.

11:30 – 1:30 pm Break (gym, AA meeting, library)

1:30 – 3:30 pm School, community service, etc.

3:30 pm Van pickup to GWR

4:15 – 5:30 pm Process Group

5:30 – 5:45 pm Dinner set-up

5:45 – 6:45 pm Dinner & clean-up

7:00 – 8:00 pm On-site AA meeting or gym

8:00 – 10:00 pm Free time (games, etc.)

10:00 pm In rooms

10:30 pm Lights out



EXTENDED CARE SCHEDULE

TUESDAY

7:00 am Wake-up

7:30 – 7:50 am Meditation & Community Meeting

8:00 – 8:30 am Breakfast

8:30 – 9:00 am Chores

9:00 am Van departs to town

9:30 – 11:30 am School, community service, etc.

11:30 – 1:30 pm Break (gym, AA meeting, library)

1:30 – 3:30 pm School, community service, etc.

3:30 pm Van pickup to GWR

4:15 – 5:30 pm Process Group

5:30 – 5:45 pm Dinner set-up

5:45 – 6:45 pm Dinner & clean-up

7:00 – 8:00 pm Big Book study

8:00 – 9:00 pm Free time (games, etc.)

9:00 – 9:45 pm 10th Step Group

10:00 pm In rooms

10:30 pm Lights out



EXTENDED CARE SCHEDULE

WEDNESDAY

7:00 am Wake-up

7:30 – 7:50 am Meditation & Community Meeting

8:00 – 8:30 am Breakfast

8:30 – 9:00 am Chores

9:00 am Van departs to town

9:30 – 11:30 am School, community service, etc.

11:30 – 1:30 pm Break (gym, AA meeting, library)

1:30 – 3:30 pm School, community service, etc.

3:30 pm Van pickup to GWR

4:15 – 5:30 pm Process Group

5:30 – 5:45 pm Dinner set-up

5:45 – 6:45 pm Dinner & clean-up

7:30 – 9:00 pm NA meeting or gym

8:00 – 9:00 pm Free time (games, etc.)

9:00 – 9:45 pm 10th Step Group

10:00 pm In rooms

10:30 pm Lights out



EXTENDED CARE SCHEDULE

THURSDAY

7:00 am Wake-up

7:30 – 7:50 am Meditation & Community Meeting

8:00 – 8:30 am Breakfast

8:30 – 9:00 am Chores

9:00 am Van departs to town

9:30 – 11:30 am School, community service, etc.

11:30 – 1:30 pm Break (gym, AA meeting, library)

1:30 – 3:30 pm School, community service, etc.

3:30 pm Van pickup to GWR

4:15 – 5:30 pm Process Group

5:30 – 5:45 pm Dinner set-up

5:45 – 6:45 pm Dinner & clean-up

7:00 – 8:00 pm Recovery Speaker

8:00 – 9:00 pm Free time (games, etc.)

9:00 – 9:45 pm 10th Step Group

10:00 pm In rooms

10:30 pm Lights out

EXTENDED CARE SCHEDULE



FRIDAY

7:00 am Wake-up

7:30 – 7:50 am Meditation & Community Meeting

8:00 – 8:30 am Breakfast

8:30 – 9:00 am Chores

9:00 am Van departs to town

9:30 – 11:30 am School, community service, etc.

11:30 – 1:30 pm Break (gym, AA meeting, library)

1:30 – 3:30 pm School, community service, etc.

3:30 pm Van pickup to GWR

4:15 – 5:15 pm Community Reflection Group

5:15 – 5:30 pm Dinner set-up

5:30 – 6:00 pm Dinner & clean-up

6:00 – 8:00 pm Movie

9:00 – 10:00 pm AA Young People's Meeting

11:00 pm In rooms

11:30 pm Lights out



EXTENDED CARE SCHEDULE

SATURDAY OR SUNDAY

8:30 am Wake-up

9:00 – 9:20 am Meditation & Community Meeting

9:00 – 10:00 am AA meeting (optional / Sun.)

9:30 – 10:00 am Breakfast

10:00 – 10:30 am Chores

11:30 – 5:00 pm Free time in town

5:30 – 6:30 pm Dinner & clean-up

7:30 – 8:30 pm AA speaker meeting (optional / Sat.)

7:00 – 8:00 pm AA meeting (optional / Sun.)

9:00 – 9:45 pm Gratitude Group (Sun.)

11:30/10:00 pm In rooms (Sat./Sun.)

12:00/10:30 pm Lights out (Sat./Sun.)