

# ***Fourth of July*** ***Thursday Holiday*** **Group Fitness** **AM Classes**

**8:30 – 9:30** **Aqua Interval**

**Outdoor Pool**

*(If inclement weather, Indoor Family Pool)*

**9:00 – 9:55** **FIT**

**Lower Studio**

**9:00 – 10:00** **Vinyasa 1 Yoga**

**Mind Body Studio**

**10:05 – 11:05** **RIP!**

**Lower Studio**

