

# **Memorial Day**

# **Monday, May 27**

## **Group Fitness**

## **AM Classes**

**8:30 – 9:30** **Aqua Extreme**

**Outdoor Pool**

*(If inclement weather, Indoor Family Pool)*

**9:00 – 10:00** **Vinyasa 1 Yoga**

**Mind Body Studio**

**9:00 – 10:00** **RIP!**

**Lower Studio**

**10:10 – 11:10** **HIIT: Intervals**

**Lower Studio**