

AERIAL Yoga Series



No Aerial Yoga Experience Required

A Three Week Spring Series

**Monday
Morning
May 6, 13 & 20
10:50– 11:50 A.M.**

OR

***Wednesday
Evening
May 1, 15 & 22
6:45 – 7:45 P.M.
*No class May 8**

**with Certified Instructor, Catherine McBride
Mind Body Studio**

*Each series option is limited to just six participants
for one on one attention.*

Member Fee = \$45.00 Non-Member Fee = \$81.00

**Stop by or call (507) 287-9300 the
Activities Desk to register.**

