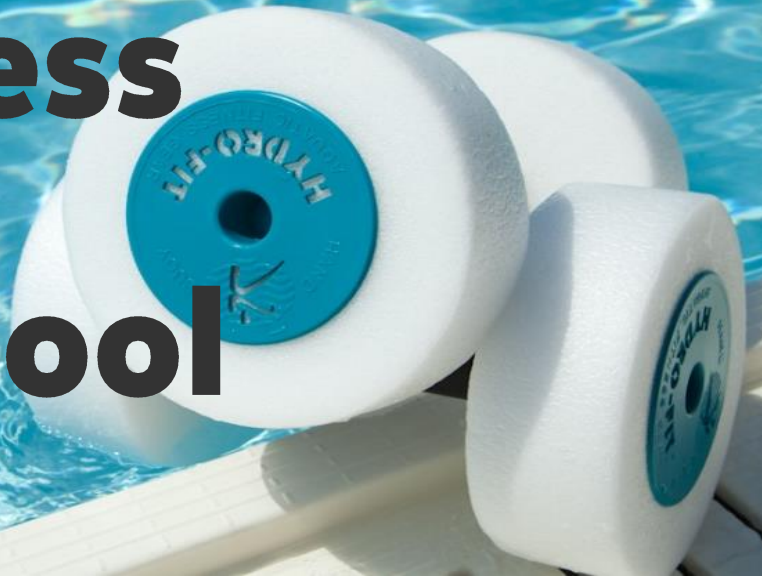


Aqua Fitness in the Outdoor Pool



Weather permitting, the classes listed below will be taught in the Outdoor Pool. Holiday schedules may vary. Location is decided by the instructor approximately 15 minutes before class starts and is posted at the Front Desk.

Through Monday, September 2

Friday	Aqua Extreme	8:30-9:30 am
Saturday	Aqua Extreme	8:30-9:30 am
Sunday	Aqua Interval	8:30-9:45 am

Monday, June 24 – Wednesday, August 28

Monday	Aqua Interval	5:30-6:30 pm
Wednesday	Aqua Blast	5:30-6:30 pm

All weekday Aqua Stretch & Tone and other scheduled Aqua Fitness classes will be taught in the Family Pool.