



Intro to **Aerial Yoga** **Drop-In Classes**

4 drop-in options; pick one

Monday
10:45 - 11:50 A.M.
Sept. 9 or 23

Tuesday
7:00 - 8:00 P.M.
Sept. 17 or 24

Mind Body Studio

Member Fee = \$15.00

Non-Member Fee = \$27.00

Stop by or call the
Activities Desk
(507) 287-9300 to
register and reserve
your hammock.

Each class
limited to just six
participants.
No previous yoga
or aerial yoga
experience
required.

