RAC JUNE STUDIO CYCLING!

Supporting Children's Cancer Research Fund GreatCycleChallenge.com

Join any/all RAC studio cycling class and post the miles you pedaled. The RAC team goal is to accumulate 500+ miles in 30 days.

Childrens Cancer
Research Fund

RIDING TO FIGHT KIDS' CANCER!

TWO SATURDAY,
JUNE 1 KICK OFF
CLASSES @ 7:45
& 9:00 A.M.
serving RAC DELI

treats and beverages!

Written daily class RAC Total Miles Updated Weekly--- BE INCLUDED IN THE TALLY! FIRST DRAWING for prizes on Friday, June 14 @ 9:30 A.M. Orange Revolution Class.

	-		A THE COLUMN		The State of the Land	
JUNE 2019		WED	THURS	FRI	SAT	SUN
		1. Download the GCC app	2. Join a group ride	<u></u>	START 1	2
MON	TUES	CCC	111	3. Spread the word	mi	mi
Tag a pic #GCCUSA	4	5	6	7	8	9
mi	mi	mi	mi	mi	mi	mi
10	11	KICK CANCER'S BUTT DAY	13	14	Halfway there! 15	16
mi	mi	mi	mi	mi	mi	mi
17	18	19	20	21	22	23
mi	<mark>mi</mark>	mi	mi	mi	mi	mi
24	Im in the homestretch	26	27	28	29	30
mi	mi	mi	mi	mi	mi	mi

We highly encourage setting personal goals and directly supporting the Children's Cancer Research Fund. If interested in more Info, go to GreatCycleChallenge.com. Another option is to join TEAM MONKEY BARS lead by RAC Studio Cycle Instructor, Mario Minelli at GreatCycleChallenge.com.