

# **HIIT: Boot Camp**

**Monday 5:55 P.M.**

or

**Tuesday 9:30 A.M.**



**Field Trips  
Outdoors  
or Gym #3**



**July 8 & 9**

**A drop-in class/series with no additional cost as it is a group fitness experience and part of your membership.**

Be Fit. Be Family. Be Well.

