

Beginner AERIAL



Yoga Series

A THREE WEEK EXPERIENCE

**Monday
Morning**

OR

**Tuesday
Evening**

**December 3, 10 & 17
10:50 – 11:50 A.M.**

**December 4, 11, & 18
6:30 – 7:30 P.M.**

Mind Body Studio

*Each option is limited to just six participants for one on one attention.
Member Fee = \$45.00 Non-Member Fee = \$81.00*

**Stop by or call (507) 287-9300 the
Activities Desk to register.**