



Group Fitness

Tracy Hussong – Group Fitness Employee Since 1993!

In 1993, Traci Hussong was hired to teach group fitness classes at the RAC. Twenty-five years later, she is the only original employee still here today.

Tracy is still sharing her love of movement and particularly, dance with RAC members. Over the course of her instructing career, she has taught many formats including aqua fitness, step and Rockin' Robics. Her current repertoire includes Cardio Jam, a dance fitness class providing participants with many options for movement and Zumba Gold.

On Friday, October 26 in her Zumba Gold 8:30 A.M. class, the Dance Fitness Team will be celebrating Traci's commitment to the RAC and members. Please consider joining us as we celebrate by dancing and groovin'.

