How to Reserve Using the RAC App Website

You must have been invited to have a RAC app account set up before you can sign in.

Here is a link to the website: <u>https://rochesterathleticclub.virtuagym.com/</u>

1. Sign in



2 Start Leaderboard Challenges Groups Members Contact Support **RAC Club Notifications** The RAC will use this page to notify members of club closings and o purposes. • < 8 Sarah S Staff Member 2 months ago ő FREE WORKOUTS AT HOME FROM LES MILLS AND THE RAC https://watch.lesmillsondemand.com/at-home-workouts BrentF Staff Member 2 months ago ATTENTION MEMBERS: The letter below was sent to all members with an email address in our system. If you did r it, please check your spam. Here is what the letter said: RAC Members,

2. Select "3 bars" icon top left





4. Select "Schedule" on left



5. Select the area you want



7. Select "Book now" to join



6. Select the time you want



8. Check mark shows reserved

	Rochester Athletic Club		and and and and		
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۵		tness Virtual (F	itness on Demand) C	lasses Basketb	all Hoop
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		Live Group Fitness Week 23			
ø	Schedule	Tuesday Jun 02	Wednesday Jun 03	Thursday Jun 04	Friday
		RIP! OUTDOOR! 08:30 am - 09:30 a Sarah Cima	HIIT OUTDOORS 08:30 am - 09:30 a Francine Welper	RIP! OUTDOOR! 08:30 am - 09:30 a Jess RollieFULL	PiYo C 08:30 a Sarah Ci
8			Dance Blast via		
۲			Desiree Kalloway	\frown	
Ŧ		TABATA OUTDO 04:30 pm - 05:30 p Mary Nordick	RIP! Plus OUTP 04:30 pm - 05:31 p Maria Schmidt	RIP! OUTDOOR! 04:30 pm - 05:30 p Connie Kurth	RIP! P 04:30 p Kelli Buti

9. To Cancel: Click back in

