



Fitness

Mojito Fruit Salad

Courtesy of iowagirleats.com

Ingredients:

- 4 cups watermelon, chopped
- 1 lb. strawberries, chopped
- 6 oz. raspberries
- 6 oz. blueberries
- 1/4 cup packed mint, chopped
- 1/4 cup fresh lime juice (about 3 limes)
- 3 tbsp. powdered sugar



Directions:

Add watermelon, strawberries, raspberries, blueberries and mint in a large bowl. Stir together lime juice and powdered sugar in a small bowl and then pour over fruit and berries. Gently toss with a spatula then let sit in the refrigerator for at least 15 minutes before serving to allow the natural juices in the fruit to start coming out.