

Have you met your new Physical Therapist?

We're pleased to introduce you to Alexandra Fesenmyer, your Physical Therapist at the Health & Wellness Centers in Lancaster & Lebanon, PA.



Alexandra Fesenmyer, Physical Therapist

Alexandra earned her Doctorate of Physical Therapy degree from Misericordia University in 2013. Originally from Bradford, PA, she and her husband relocated to the Lancaster, PA region two years ago and recently welcomed their first child.

She has worked in the outpatient setting for her entire career and is highly skilled in treating patients of various orthopedic conditions including: neck and back pain, post-surgical shoulder, hip, knee and ankle, and post- joint replacement. She has a dedicated interest in manual therapy and techniques and incorporates these into her daily practice.

Alexandra is very passionate about helping people reach their goals and to recognize their capabilities.

Exclusively for IU13 employees and their covered dependents*, the Health & Wellness Center solves a common problem - finding medical care that's high quality and personalized yet still affordable; and fitting all that into your family's busy schedule.

Physical Therapy will address symptoms that are preventing you from participating in the activities that you enjoy, as well as everyday tasks.

Find out why *"working with us is good therapy"*.

Schedule your appointment today!

Call Alexandra at **717-719-0112** for Physical Therapy

The Health & Wellness Centers and Physical Therapy services are available for IU13 employees and their dependents (ages 2 and up) who are currently participating in an IU13 medical plan, as well as eligible, part-time IU13 staff.

Tx:Teamsm

*Working with us is good therapy.*sm