



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Soy Yogurt with Granola Topping	Blueberry Pancakes w/ Honey Baked Fruit	English Muffin with Scrambled Tofu	Whole Wheat Bagels with Tofutti	Banana Overnight Oats
Lunch	Vegan Cauliflower Mac and Cheese Green Peas Fresh Fruit	Teriyaki Chicken with Jasmine Rice Sugar Snap Peas Fresh Fruit	Vegan Lasagna Cups Roasted Broccoli Fresh Fruit	Beef Soft Shell Tacos with Shredded Soy Cheese Tomato Salsa Fresh Fruit	Sourdough French Toast w/Fruit Compote Homestyle Potatoes Baked Apples Fresh Fruit
Snack	Rice Cakes with Apple Butter	Sweet Potato Tots	Citrus Muffin	Corn Bread	Pita Chips with Hummus

