



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Yogurt with GF Granola Topping	GF English Muffin with Scrambled Eggs Baked Fruit	Banana Overnight Oats	GF Bagel with Cream Cheese	GF Blueberry Pancakes with Honey
Lunch	GF Cauliflower Mac and Cheese Green Peas Fresh Fruit	Orange Glazed Chicken with Jasmine Rice Bok Choy Ginger Broccoli Fresh Fruit	GF Lasagna Cups Roasted Broccoli Fresh Fruit	Beef Soft Shell Tacos with Shredded Cheese Red Pepper Salsa Fresh Fruit	GF French Toast with Fruit Compote Homestyle Potatoes Baked Apples Fresh Fruit
Snack	Rice Cakes with Apple Butter	Sweet Potato Tots	Corn Chips with Hummus	Corn Bread	GF Citrus Muffin

