



DESARROLLO MOTIVACIONAL

42A

TEMA: Creativity

Clases: Full course

Subtema: Creativity introduction

Fecha: February – July 2018

OBJECTIVE:

To learn, study and analyze creativity.

INSTRUCTION:

Complete school notes.



Creativity

Ability or power to create.

Even those of us not in explicitly creative fields must come up with new ideas and insights in order to move ahead. How can we shake up our thinking patterns?

Creativity has been pegged to conducive environments, perfect collaborators, personality traits, serendipity, and even spiritual muses. While research psychologists are interested in increasing innovative thinking, clinical psychologists sometimes encourage patients to use artistic expressions as a way to confront difficult feelings.

Top five reasons to cultivate your creativity

Cultivating your creativity is more than spending time with a hobby or performing and displaying your work. Cultivating your creativity takes time, awareness and deliberate action. Creativity like any other skill, needs to be nurtured and affirmed, as well as directed, in order to expand throughout your life. Creativity crosses all barriers, cultures, even when styles differ and philosophies change. Creativity never changes. It's time to put away those past negative influences, including no more starving artist scenarios. Let's explore what creativity really is

1. Creativity is born in movement, be it physical, intellectual, emotional or spiritual or any combination thereof. When you perceive change going on in your life, some part of the creative process is on the move.
2. Training yourself to create art regularly contributes significantly to making an idea work by exploring, expanding, building, performing or sharing it.
3. The creative process takes time. However, it can be structured and directed. You can finish your creative projects on or before your deadline.
4. Creativity stretches your comfort zone. Practicing a creative skill, takes, time, concentrated effort and consistent work. I know that I feel angry as I progress through the first phase of the creativity process. I struggle to admit that I need to practice, that I don't know everything, that I don't need help and that despite these thoughts, I can still make

progress using my skills. I am not comfortable when I fail to meet my expectations. When I complete one creative project, I know I've done a good job. My next challenge is to patiently repeat the first phase of mechanical learning for as long as it takes, to complete my next job. My reward is to become more comfortable using my creative skills over and over again.

5. Creativity is fun. I love looking at numerous possibilities. It's wonderful to be able to freely interpret and produce a creative product.



Exercise 1

Make twenty-five circles, then each student is going to transform each circle into something else. Students will use color pencils to illustrate.



Learning

To learn means to gain knowledge or understanding of or skill in

E.g. People learn throughout their lives

So, by learning we change in conduct or behavior due to experience not to maturation process. The things we learn are very useful in the future in similar situations. We can be creative to handle different situations.

When we are learning is important to:

- Disconnect ourselves from past knowledge.
- Not to close our minds to the new.
- To use our resources in new ways.



Exercise 2

Write down a list, as long as it can be, with the many uses a clip can have apart from the obvious one. Then choose your favorite five and illustrate with pictures.



Abilities and Aptitudes

Concept of Ability.

Concept of aptitude.

The difference between Aptitude and Abilities is that Aptitude could be the potential, which has as yet not been tapped and trained to a skill level. Whereas ability as the word describes is, it is present here and now in the individual. In young children especially, aptitude denotes the child's potential to do a certain activity. For example, if the child is able to create pictures, forms in his mind and bring them out in art form, then his spatial aptitude is high. He may not already be an artist of Picasso or MF Hussain caliber, but the potential or aptitude is there. Spatial Aptitude denotes a person's ability to visualize things in space. Similarly, a child may be able to easily pull apart mechanical things and put them together on his own. Then obviously his Mechanical Aptitude is good.

Highly creative individuals may

1. Display a great deal of curiosity about many things; are constantly asking questions about anything and everything; may have broad interests in many unrelated areas. May devise collections based on unusual things and interests.
2. Generate a large number of ideas or solutions to problems and questions; often offer unusual ("way out"), unique, clever responses.
3. Are often uninhibited in expressions of opinion; are sometimes radical and spirited in disagreement; are unusually tenacious or persistent — fixating on an idea or project.
4. Are willing to take risks, are often people who are described as a "high risk taker, or adventurous, or speculative."

5. Exhibit a good deal of intellectual playfulness; may frequently be caught fantasizing, daydreaming or imagining. Often wonder out loud and might be heard saying, “I wonder what would happen if. . .”; or “What if we change . . .” Can manipulate ideas by easily changing, elaborating, adapting, improving, or modifying the original idea or the ideas of others.” Are often concerned with improving the conceptual frameworks of institutions, objects, and systems.
6. Have keen senses of humor and see comicality in situations that may not appear to be humorous to others. Sometimes what they find funny, comic, or amusing may appear bizarre, inappropriate, or irreverent to others.
7. Are unusually aware of his or her impulses and are often more open to the irrational within him or herself. May freely display opposite gender characteristics — may be androgynous (freer expression of feminine interests in boys, or as males they are considered ultra sensitive, or greater than usual amount of independence, assertiveness, or aggressiveness for females).
8. Exhibit heightened emotional sensitivity. May be very sensitive to beauty, and visibly moved by aesthetic experiences.
9. Are frequently perceived as nonconforming; can often accept the disorder of chaotic environments or situations; are frequently not interested in details, are described as individualistic; or do not fear being classified as “different.”
10. Criticize constructively and are unwilling to accept authoritarian pronouncements without overly critical self-examination.

General Characteristics of Creative Individuals

1. Genuinely values intellectual and cognitive matters.
2. Values own independence and autonomy.
3. Is verbally fluent; can express ideas well.
4. Enjoys aesthetic impressions; is aesthetically reactive.
5. Is productive; gets things done.
6. Is concerned with philosophical problems, for example, religion, values, the meaning of life.
7. Has high aspiration level for self.
8. Has wide range of interests.
9. Thinks and associates ideas in unusual ways; has unconventional thought processes; can make unusual connections to unrelated ideas or things.
10. Is an interesting, arresting person.
11. Appears straightforward, forthright and candid in dealings with others.
12. Behaves in an ethically consistent manner; has consistent personal standards.